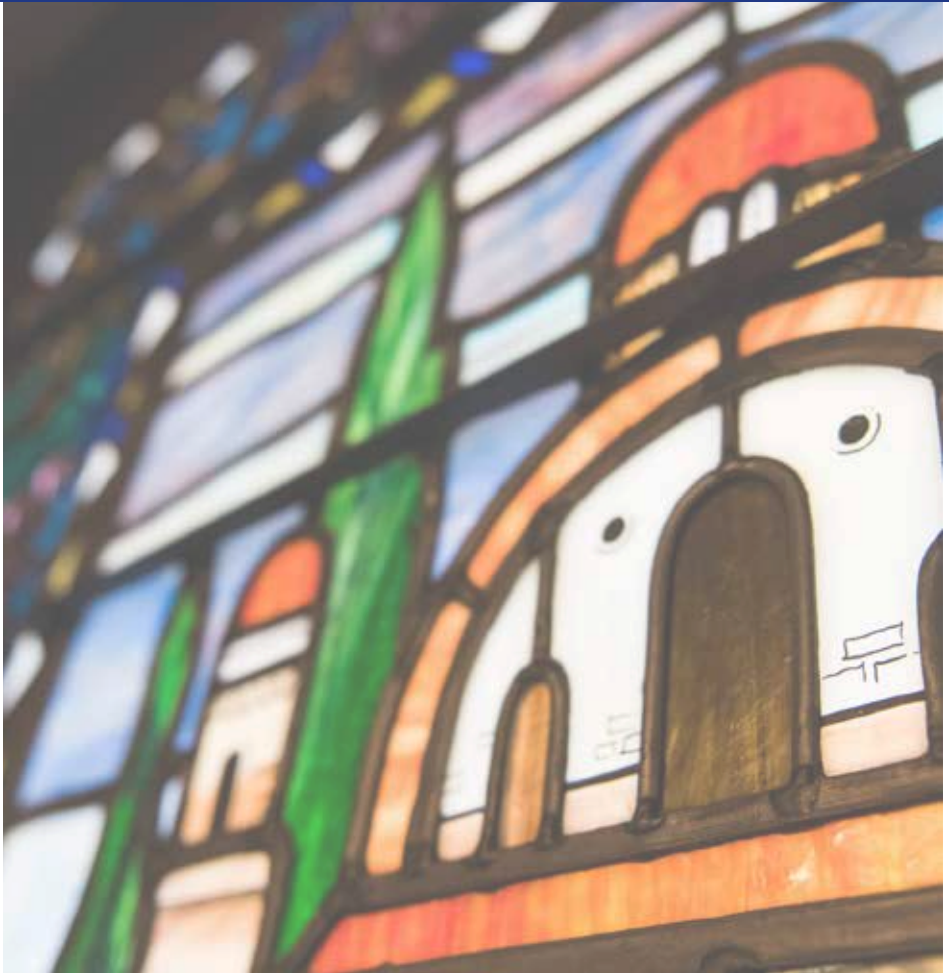


KOL JESHURUN קול ישרון  
The Voice of BJ This Week

B'nai Jeshurun  
בני ישרון



July 21-28, 2017 • 27 Tammuz-5 Av, 5777

**WELCOME TO BJ!** We build our kehillah kedoshah—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

**PLEASE JOIN US:**

- **Prayer & Spirituality**
- **Limud / Learning**
- **Family Life & Learning**
- **Community Events**
- **Tzedek & Hesed / Justice & Acts of Loving-Kindness**
- **Israel Programming**

**RABBIS:** J. Rolando Matalon • Felicia L. Sol • Marcelo R. Bronstein

**HAZZAN:** Ari Priven

**BJ RABBINIC FELLOW:** Sarah Krinsky

**SANCTUARY:** 257 West 88th Street • **OFFICE:** 270 West 89th Street, New York, NY 10024-1705  
**TEL:** 212-787-7600 • **FAX:** 212-496-7600 • **www.bj.org** • **facebook.com/bjnyc** • **Twitter:** @bjnyc

# OUR COMMUNITY

## HA-MAKOM YENAHEM / CONDOLENCES

The community of B'nai Jeshurun extends our sincere condolences to Debby and Michael Lissaur, their children, Jesse and Valerie Lissaur, and their entire family on the death of Debby's father, Lloyd Rauch.

## MAZAL TOV / CONGRATULATIONS

To the following members and their families:

- Edna Golandsky on the birth of her granddaughter, Naomi Adina Friedlander.

## B'RUKHIM HABA'IM / WELCOME

- Henry Goldschmidt and K-12 teachers in a summer institute on NYC religious diversity, Interfaith Center of New York, New York, New York.
- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ the warm, transformative, open place that it is.



### WHAT YOU CAN DO:

#### ● Hate Has No Home Here

Have a spare half hour? Summer's a great time to offer "Hate Has No Home Here" signs. Just one sign can give hope and comfort to an undocumented immigrant, a Muslim parent, or other targeted community member. If you're traveling, consider taking some with you! Contact Nora, [nagaines@bankstreet.edu](mailto:nagaines@bankstreet.edu).

### WHAT YOU CAN BRING:

#### ● Community Composting Initiative at BJ

Join us in our first community compost drop-off program. Collect your food scraps at home and bring them to 89th Street whenever the building is open. For more information, visit [www.bj.org/compost](http://www.bj.org/compost).

**SAVE THE DATES!** Visit [www.bj.org/retreats](http://www.bj.org/retreats) for more information:

**FALL TEEN RETREAT, Oct. 20-22, 2017**

**"ISRAEL CELEBRATES 70" COMMUNITY TRIP TO ISRAEL, Dec. 25, 2017-Jan. 3, 2018**

**TEEN DOMESTIC TRIP TO NEW ORLEANS, Jan. 11-15, 2018**

**MINDFULNESS RETREAT IN COSTA RICA, Jan. 14-21, 2018**

We try to make the BJ environment comfortable and healthy for as many people as possible. Out of consideration for those with allergies or severe sensitivities, we request that you refrain from wearing perfumes and overly-scented products. Thank you in advance!

# THIS WEEK AT BJ

## FRIDAY, JULY 21

● **Kabbalat Shabbat Service** 7:00 PM – 89th St. Gym

## SATURDAY, JULY 22

● **Shabbat Morning Services** 9:30 AM – 89th St. Gym

● ● **Family Breakfast** 10:00 AM – 89th St. 3rd Floor

● ● **Children's Services** 10:45 AM – 89th St. 3rd Floor

● ● **Light Kiddush** Following Services – 89th St. Gym

## SUNDAY, JULY 23

● **Morning Minyan** 9:30 AM – 89th St. Gym

## MONDAY, JULY 24 | ROSH HODESH AV

● **Morning Minyan** 7:30 AM – 89th St. Gym

## TUESDAY, JULY 25

● **Morning Minyan** 7:30 AM – 89th St. Gym

● **Economic Justice Hevra Meeting** 6:30 PM – 89th St. 4th Floor

## WEDNESDAY, JULY 26

● **Morning Minyan** 7:30 AM – 89th St. Gym

## THURSDAY, JULY 27

● **Morning Minyan** 7:30 AM – 89th St. Gym

● **Judith Bernstein Lunch Program** 12:00 Noon – 89th St. Gym

## FRIDAY, JULY 28

● **Morning Minyan** 7:30 AM – 89th St. Gym

● **Bim Bam** 9:15 and 10:15 AM – 89th St. 3rd Floor

● **Bim Bam: Hebrew Immersion** 11:15 AM – 89th St. Gym

## ANI YESHENA

Ani yeshena velibi er kol dodī dofek pithī li  
Ahoti, ra'yati, yonati, tamati  
Sheroshi nimla-tal kevutzotai resisei laila.

אני ישנה ולבי ער קול | דודי דופק פתחילי  
אחותי רעיתי יונתי תמתי  
שראשי נמלאטל קוצותי רסיסי לילה.

I sleep, but my heart is awake; My beloved knocks: "Open to me!"  
My sister, my love, my dove, my pure one;  
For my head is filled with dew; My locks with the drops of the night.

— Song of Songs 5:2

## WHAT'S NEXT

### ● ● **BJ Mindfulness Retreat in Nature**

**January 14-21, 2018**, Costa Rica: Join Rabbi Marcelo Bronstein for a week in the Costa Rica rain forest, exploring Jewish mindfulness practice as a way to connect more deeply with our soul, our truest values, and with God's creation. Contact Billie at [bdistefano@bj.org](mailto:bdistefano@bj.org) or x264 for information.

### ● **Sponsor a Light Summer Kiddush**

**Saturdays through September 2**, following Shabbat morning services, 89th Street: During the summer months, we provide a light kiddush of fruit and cookies following Shabbat morning services. If you're interested in sponsoring a light kiddush, please contact Davia at [drabinoff@bj.org](mailto:drabinoff@bj.org) or x234.

### ● **The Israeli Book Club Discusses *A Horse Walks Into a Bar* by David Grossman**

**Thursday, August 10**, 6:30-8:00PM, location given upon R.S.V.P.: The Israeli Book Club is more than just a typical reading group—it is an intimate encounter with Israeli culture, society and politics. Join us for a nuanced conversation that will help you gain a deeper understanding and appreciation of contemporary issues in Israel. Our next book is *A Horse Walks Into a Bar* by David Grossman. Register now at [www.bj.org/bookclub](http://www.bj.org/bookclub).

### ● **The Freedom to Love: LGBT Activism and a Journey from Ukraine to America**

**Tuesday, August 1**, 7:30PM, private residence: Celebrate Tu Be'Av with BJ's 20s and 30s community. Mark the Jewish Valentine's Day by honoring three young men who courageously fought for their right to love, and join us for an intimate evening of story sharing. RSVP at [www.bj.org/love](http://www.bj.org/love).

### ● **Save the Date: Hebrew Ulpan**

**Mondays or Tuesdays, September 18, 2017 through May, 2018**, 7:00-9:00PM, 89th Street: This Hebrew course is designed to enable students to recognize the fundamental structure of Modern Hebrew and its basic forms, as well as to acquire the necessary vocabulary for everyday conversations, reading, and writing. Registration opens next week.

## TISHA BE'AV / FAST OF THE NINTH OF AV

On Tisha Be'Av (9th day of Av), we commemorate the destruction of both the First and Second Temples, and numerous other Jewish tragedies, and we mark brokenness and spiritual exile with a day of mourning and fasting.

Our mourning this year is compounded by all the recent loss, violence and heart-break in our country and our world. Join us for a day of reflection, a commemoration of sorrow, and a start of the journey from despair to joy.

### SCHEDULE OF SERVICES:

#### **Monday, July 31**

#### **Erev Tisha Be'Av**

Join us for Ma'ariv and the reading of Eikhah. Please bring a flashlight, as the service will take place in dimmed lights.

Fast begins at 8:12 PM

*Ma'ariv Service*, 89th Street Gym ..... 8:30 PM

#### **Tuesday, August 1**

#### **Tisha Be'Av**

*Morning Service*, 89th Street Gym ..... 7:30 AM

Study, 89th Street Gym ..... 9:00 AM and 6:00 PM

*Minha Service*, 89th Street Gym ..... 6:45 PM

Fast ends at 8:49 PM

אִין כְּאַלֶּהִינוּ, אִין כְּאַדוֹנֵנוּ,  
אִין כְּמֶלְכֵנוּ, אִין כְּמוֹשִׁיעֵנוּ.

*Non como nuestro Dio, non como nuestro Señor,  
non como nuestro Rey, non como nuestro Salvador.*

מִי כְּאַלֶּהִינוּ, מִי כְּאַדוֹנֵנוּ,  
מִי כְּמֶלְכֵנוּ, מִי כְּמוֹשִׁיעֵנוּ.

*Quien como nuestro Dio, quien como nuestro Señor,  
quien como nuestro Rey, quien como nuestro Salvador.*

נוֹדָה לְאַלֶּהִינוּ, נוֹדָה לְאַדוֹנֵנוּ,  
נוֹדָה לְמֶלְכֵנוּ, נוֹדָה לְמוֹשִׁיעֵנוּ.

*Loaremos a nuestro Dio, loaremos a nuestro Señor,  
loaremos a nuestro Rey, loaremos a nuestro Salvador.*

בְּרוּךְ אֱלֹהֵינוּ, בְּרוּךְ אֲדוֹנֵנוּ,  
בְּרוּךְ מֶלְכֵנוּ, בְּרוּךְ מוֹשִׁיעֵנוּ.

*Bendicho nuestro Dio, bendicho nuestro Señor,  
bendicho nuestro Rey, bendicho nuestro Salvador.*

אַתָּה הוּא אֱלֹהֵינוּ, אַתָּה הוּא אֲדוֹנֵנוּ,  
אַתָּה הוּא מֶלְכֵנוּ, אַתָּה הוּא מוֹשִׁיעֵנוּ.

*Tu sos nuestro Dio, tu sos nuestro Señor,  
tu sos nuestro Rey, tu sos nuestro Salvador.*

אַתָּה הוּא שְׁהַקְטִירוּ אֲבוֹתֵינוּ  
לְפָנֶיךָ אֶת-קְטָרַת הַסַּמִּים.

## BECOME A MEMBER / RENEW YOUR MEMBERSHIP

We're going paperless! This year, membership renewal is faster, easier, and greener than ever.

**Current BJ members:** You should have received a personalized email with a link to renew your membership online. If you can't find your email or would prefer to renew by phone or in person, please contact us at [membership@bj.org](mailto:membership@bj.org) or 212-787-7600 x302.

**Joining BJ for the first time?** Welcome! **Rejoining after some time away?** Welcome back! Email [membership@bj.org](mailto:membership@bj.org) or call 212-787-7600 x302 to find out everything you need to know about (re)becoming part of the BJ community.

### A Note About Dues

To create a kehillah kedoshah—a holy community—we each must assume the responsibility of meeting the financial requirements of our synagogue. Dues are calculated on a sliding scale based on household income. For details, visit [www.bj.org/dues](http://www.bj.org/dues).

Find out more at [www.bj.org/membership](http://www.bj.org/membership).

# A TASTE OF TORAH: MATTOT-MAS'EI

This week's commentary first ran in the *Kol Jeshurun* on August 5, 2016.

וַיְדַבֵּר ה' אֶל-מֹשֶׁה לֵאמֹר: דַּבֵּר אֶל-בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם כִּי אַתֶּם עֹבְרִים אֶת-  
הַיַּרְדֵּן אֶרְצָה כְּנָעַן: וְהִקְרִיתֶם לָכֶם עָרִים עָרֵי מִקְלָט תִּהְיֶינָה לָכֶם וְגַם שָׂמָה רִצְחַ  
מִכָּה-נָפֶשׁ בַּשָּׂנְאָה: וְהָיוּ לָכֶם הָעָרִים לְמִקְלָט מִגֹּאֵל וְלֹא יָמוּת הָרֹצֵחַ עַד-עֲמֹדוֹ לִפְנֵי  
הַעֲדָה לְמִשְׁפָּט

And God spoke further to Moshe: Speak to the Israelite people and say to them: When you cross the Jordan into the land of Canaan, you shall provide yourselves with places to serve you as cities of refuge to which a murderer who has killed a person unintentionally may flee. The cities shall serve you as refuge from the avenger, so that the murderer may not die unless they have stood trial before the assembly. —Numbers 35:9-12

These cities of refuge are meant to protect someone who unintentionally killed another from those who might seek revenge. The murderer stays there until their trial, and if they are still found to have killed unintentionally, they stay there until the death of the reigning high priest, no matter how short or long that time period is. On one level, these cities are a punishment for the murderer because despite how unintentional their act, it must be taken seriously and punished. But on another level, killing someone is bad for society because it can create cycles of violence that are near-impossible to stop. The Torah tries to create a society which simultaneously recognizes the need for punishment and protection for this kind of individual.

Mishnah Makkot 2:6 articulates that, given that the high priest's death would mark these individuals being set free, they might pray for the death of the priest and the chance to be released. Therefore, the rabbis declared that the mothers of the priests would provide food and clothing to the residents of the cities of refuge so they would feel a connection to them and not pray for their sons to die.

While the mothers of the Kohen Gadol might be concerned primarily with their sons' lives, their involvement with the residents of the cities of refuge offers us something important about communal responsibility in stopping cycles of violence. We can't just make a sanctuary for these criminals to go to, but they must be provided for, clothed, and fed so that their lives improve and they no longer cause more death out of desperation. The Mishnah depicts the food and clothing they are provided as much more than sustenance—these individuals are not forgotten by society and they are cared for.

This practice depicted in the Torah and the Mishnah forces me to be reflective about how our societies either perpetuate or prevent cycles of violence. Whose responsibility is it to ensure that violence is stopped? Who is willing to put in the energy and the resources to make sure it ends? Who is willing to nurture those who have committed crimes to make sure that the future is better? — Rabbi Sarit Horwitz

## TORAH PORTION

### MATTOT-MAS'EI

<b>Torah: Annual</b>	Numbers 30:2 - 36:13
<b>Triennial</b>	Numbers 30:2 - 31:54
1:	30:2 - 30:9
2:	30:10 - 30:13
3:	30:14 - 30:17
4:	31:1 - 31:12
5:	31:13 - 31:24
6:	31:25 - 31:41
7:	31:42 - 31:54
<b>Maftir:</b>	31:51 - 31:54
<b>Haftarah</b>	Jeremiah 2:4 - 2:28, 3:4

### NEXT WEEK: DEVARIM

<b>Torah: Annual</b>	Deuteronomy 1:1 - 3:22
<b>Triennial</b>	Deuteronomy 1:1 - 2:1
<b>Haftarah</b>	Isaiah 1:1 - 1:27

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Visit [www.bj.org/minyan](http://www.bj.org/minyan).**

♻️ Printed on Recycled Paper

**BJ RECYCLES AND COMPOSTS.** Please look for bins throughout our spaces.

BJ's Ner Tamid at the 88th Street Sanctuary is powered by the energy of the sun.

