

KOL JESHURUN קול ישרון
The Voice of BJ This Week

B'nai Jeshurun
בני ישרון



August 12-19, 2016 • 8 -15 Av, 5776

WELCOME TO BJ! We build our kehillah kedoshah—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

PLEASE JOIN US:

- Prayer & Spirituality
- Limud / Learning
- Youth & Family
- Community Events
- Tzedek & Hesed / Justice & Acts of Loving-Kindness
- Israel Programming

RABBIS: J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN: Ari Priven

SENIOR RABBINIC FELLOW: Rabbi Sarit Horwitz

BJ RABBINIC FELLOW: Arielle Rosenberg

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OUR COMMUNITY

HA-MAKOM YENAHM / CONDOLENCES

The community of B'nai Jeshurun extends our sincere condolences to the following members and their families:

- Gordon Edelstein and Amanda Salles, and Gordon's children, Marlene and Noah Edelstein, on the death of Gordon's father, Roland Edelstein.
- Ira Schwarz and Bonnie Oglensky, and their children, Eli and Sarah Schwarz and Elad Morad; and Raymond and Glenda Schwarz, and their children, Laura and Julia Schwarz; on the death of Ira and Raymond's mother, Susi Schwarz.
- Gene and Ilene Nadel on the death of Gene's brother, David Nadel.
- Jody Prusan on the death of her mother, Lilian Prusan.

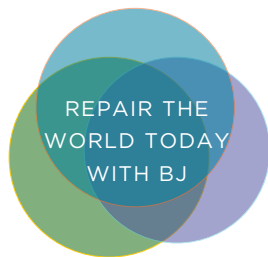
B'RUKHIM HABA'IM / WELCOME

- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ a warm, transformative, and open place.

RENEW YOUR MEMBERSHIP FOR 2016-2017

www.bj.org/renew

Questions? Call Membership at 212-787-7600 x302



WHAT YOU CAN BRING:

● Community Composting Initiative at BJ

Join us in our first community compost drop off program. Collect your food scraps at home and bring them to 89th Street whenever the building is open. For more information visit www.bj.org/compost.

WHAT YOU CAN DO:

● BJ: A Caring Community

We can all help make BJ a caring community. Here's a simple way for us to take care of each other: Whenever you're at BJ, look around and notice who you see. If someone is missing who is usually there, please reach out to them. If your fellow BJ member needs support, or if you need support, let us know. Contact the rabbis at rabbis@bj.org or call us at 212-787-7600 x264.

SAVE THE DATES! Contact Billie at bdstefano@bj.org for more information:

MINDFULNESS RETREAT IN COSTA RICA, January 15-22, 2017

Registration open now at www.bj.org/CR17

PRAYER RETREAT, March 19-22, 2017

WOMEN'S RETREAT, May 19-21, 2017

REACH FOR SHABBAT RETREAT, October 28-30, 2016

THIS WEEK AT BJ

FRIDAY, AUGUST 12

- **Kabbalat Shabbat Service** 7:00 PM – 88th St. Sanctuary

SATURDAY, AUGUST 13 | EREV TISHA BE'AV

- **Shabbat Morning Services** 9:30 AM – 88th St. Sanctuary

- ● **Children's Services** 10:45 AM – 88th St. Frankel Hall

- ● **Light Kiddush** Following Services – 88th St. Sanctuary

- **Tisha Be'Av Evening Service** 8:45 PM – 88th St. Sanctuary

SUNDAY, AUGUST 14 | TISHA BE'AV

- **Tisha Be'Av Morning Service** 9:30 AM – 88th St. Sanctuary

- ● **Study** 11:00 AM and 5:00 PM – 88th St. Sanctuary

- **Tisha Be'Av Minḥa Service** 6:00 PM – 88th St. Sanctuary

MONDAY, AUGUST 15

- **Morning Minyan** 7:30 AM – 89th St. Chapel

TUESDAY, AUGUST 16

- **Morning Minyan** 7:30 AM – 89th St. Chapel

WEDNESDAY, AUGUST 17

- **Morning Minyan** 7:30 AM – 89th St. Chapel

- **Only In New York: Stories of Jewish Identity, Creativity and Community, From the Upper West Side to the South Bronx** 7:00 PM – 89th St.

This evening of music, graphic art, and great conversation will feature Marika Hughes, composer, lyricist, singer, and cellist; and Julian Voloj, photographer and writer, discussing Jewish identity, creativity, and community. Moderated by BJ member Sandee Brawarsky. Free and open to all; contact events@jewishweek.org.

THURSDAY, AUGUST 18

- **Morning Minyan** 7:30 AM – 89th St. Chapel

- **Judith Bernstein Lunch Program** 12:00 Noon – 88th St. Frankel Hall

FRIDAY, AUGUST 19

- **Morning Minyan** 7:30 AM – 89th St. Chapel

- **Bim Bam** 9:15 and 10:15 AM – 89th St. Chapel

WHAT'S NEXT

● **The Orchard: A Pre-Shabbat Gathering for 20s and 30s**

Friday, August 19, 5:30-7:00PM, 89th Street Roof (6th Floor): Get Shabbat started early at the Orchard. We'll meet on BJ's roof before Kabbalat Shabbat for niggunim (wordless songs), good conversation, and time with friends old and new. Free for members and non-members. Contact Rabbinic Fellow Arielle Rosenberg at arosenberg@bj.org with questions.

● **Mosaic: Israeli and Local Art Come Together—Art and Judaica Sale at BJ**

Thursday, August 25, 5:00-9:00PM, 88th Street Sanctuary: Purchase your art and Judaica needs before the High Holy Days while supporting Israeli and BJ artists. This show hosts 24 artists presenting works in various media: jewelry, pottery, wall art (oil, watercolor, prints, collage), fabric, and weaving (including tallitot and kippot). Free of charge.

● **DCRally4Refugees**

Sunday, August 28, 9:00AM-2:00PM (rain or shine), The Washington National Monument, Washington, DC: In the midst of the greatest refugee crisis since WWII, volunteers and advocates from across the country will gather to raise awareness, encourage advocacy and U.S. action, and stand in solidarity with refugees and displaced people worldwide. Let us know if you are interested in going at www.bj.org/refugee.

TISHA BE'AV / FAST OF THE NINTH OF AV

On Tisha Be'Av (9th day of Av), we commemorate the destruction of both the First and Second Temples and numerous other Jewish tragedies, and we mark brokenness and spiritual exile with a day of mourning and fasting.

Our mourning this year is compounded by all the recent loss, violence, and heart-break in our country and our world. Join us for a day of reflection, a commemoration of sorrow, and a start of the journey from despair to joy.

SCHEDULE OF SERVICES:

Saturday, August 13

Erev Tisha Be'Av

Join us for Ma'ariv and the reading of Eikhah. Please bring a flashlight, as the service will take place in dimmed lights.

Fast begins at 7:56 PM

Ma'ariv Service, 88th Street Sanctuary 8:45 PM

Sunday, August 14

Tisha Be'Av

Morning Service, 88th Street Sanctuary 9:30 AM

Study, 88th Street Sanctuary 11:00 AM and 5:00 PM

Minḥa Service, 88th Street Sanctuary 6:00 PM

Fast ends at 8:38 PM

Shifkhi kamayim libekh nokhah penei Hashem. שִׁפְכִי כַּמַיִם לִבְךָ נֹכַח פְּנֵי אֲדֹנָי.

Pour out your heart like water before Adonai. (Eikha 2:19)

WHAT'S LATER

● **Bim Bam**

Fridays, September 9-December 16, 9:15-10:00AM and 10:15-11:00AM, 89th Street Chapel: Children ages 3 and under explore Shabbat through Hebrew and English songs, stories, and traditions such as lighting candles, saying Kiddush, and giving tzedakah. Registration is now open at www.bj.org.

● **Bim Bam: Hebrew Immersion**

Fridays, September 9-December 16, 11:15AM-12:00PM, 89th Street Chapel: Experience Shabbat in Hebrew! Children ages 3 and under explore Shabbat through stories, songs, and rituals in a class run entirely in Hebrew. Registration is now open at www.bj.org.

● **Register for B'nai Jeshurun Hebrew School**

September 2016-May 2017, 4:00-6:00PM, 89th Street Community House: Registration for the 2016-2017 school year is open. For more information, please go to www.bj.org/hebrewschool.

SUMMER TZEDEK OPPORTUNITY:

BIKKUR HOLIM



We believe that for Judaism to survive, it must adhere to tradition while staying up-to-date. At B'nai Jeshurun, Bikkur Holim is an example of our Jewish strength: It is a traditional mitzvah, yet also reimagined so as to be the most effective, the most relevant, the most compassionate.

The tradition of bikkur holim, caring for the ill, has been a core element of Jewish communities throughout the ages and all over the world. BJ's Bikkur Holim

leaders have carefully tailored the elements of this time-honored mitzvah to best fit our current community's changing needs.

Caring for a community member who is ill means more than only home visits. There are numerous ways to help a vulnerable BJ member who desires bikkur holim services: telephone check-ins, errand running, assistance setting up appointments, going with them to the doctor, hospital visits, or shopping online all can be extremely useful in times of illness.

Our Bikkur Holim, all of whom are specially trained volunteers in this work, have realized through research that some sensitive issues around illness in community need closer attention—for instance, confidentiality. They have, together with Rabbi Felicia Sol and Rabbi Shuli Passow, drafted a special brit, a covenant, that volunteers and recipients enter into together, pledging privacy in accordance with the recipient's desires.

Our Bikkur Holim group has broadened the scope of the volunteer services to include the loved ones and caregivers of those who are ill, offering ways to schedule and effect planned breaks and support by means of resource and information exchange.

Another element of BJ's reimagining of Bikkur Holim can be seen in the program's infrastructure and technology engagement. The process for taking requests and finding good volunteer matches has been revamped and updated, the myriad tools available on the BJ website are set to be expanded, and the leadership team (Hesed co-chairs Toby Baldinger and Fern Flamberg; Mandy Braun, chair; members Penny Dannenberg, Jane Fuchsberg, Connie Gruber, Sylvie Heyman) is always on the lookout for new volunteers.

Rabbi Aha bar Hanina states in the Gemara: "Anyone who visits the sick takes away one-sixtieth of his or her pain." This basic element of living in Jewish community is something we do for others and that others in turn do for us. Please consider participating in this beautiful way of keeping Judaism alive and meaningful at B'nai Jeshurun.

To volunteer or for more information, please contact Mandy Braun at mb2307@hotmail.com.



A TASTE OF TORAH: DEVARIM

ה' אֵלֵהֵינוּ דָּבַר אֲלֵינוּ בְּחָרֵב לְאמֹר רַב-לְכֶם שָׁבַת בְּהַר הַזֶּה:

Adonai our God said to us in Horev, "You have dwelt long enough at this mountain."

—Numbers 1:6

Most of the book of Devarim functions as one long speech from Moshe to the Israelite people. These first words that Moshe speaks, also conveying words from God, are paraphrasing a command from Exodus. There, just after they received the Torah and built the golden calf, God instructed them to move on. This was a moment of pain, likely a moment where God knew that they just needed to leave, in order to move past this moment of conflict.

These words might express God's impatience—"Being stalled here has led you to bad things, so just go." Rashi offers a meaning that tells a different version: You have dwelt long enough: The interpretive explanation is God saying, "I have given you much greatness and reward for your having dwelt at this mountain: you made the Mishkan, the Menorah, etc; you received the Torah; you appointed a Sanhedrin..."

This version tells a different story of departure. It recognizes the greatness they've acquired while being in that place, before they move on towards Israel. In the other version, they leave because they've overstayed their welcome and turned rebellious. Departures are often the hinges of our stories, when we leave one thing before we've reached another. Certainly, for the Israelites, the next stage in their journey was a multi-decade wandering through the desert.

Departures can be challenging and painful, even if they bring us to new places where we can grow. They are often the hinges of our story. They ask us to begin to write new chapters of our stories. The destruction of the Temple in Jerusalem, marked by Tisha be'Av this Sunday, is one of the most significant times in our history where our story changed. In the face of communal disaster we long for goodness as we depart from one chapter and begin anew, unsure of what it will bring. We hope that turning away is also a moment of turning towards, a pivot towards something new.

In Lekha Dodi, each week we read a line that is strikingly similar to these words from Devarim: rav lakh shevet b'emek habakha—too long have you dwelled in the valley of tears. These words feel relevant for this weekend of Tisha be'Av, and for our current reality. Too long we dwelt at Sinai; we needed to move on. Too long we've been in the valley of tears; we must move on. Our Jewish calendar situates us in the lowest of the lows, the valley of tears where we mourn, cry, and are pained by the calamities of the world. Lekha Dodi reminds us that hope is crucial to our faith and what it means to be in those lows—dwelling in the valley of tears won't last. This Shabbat, Shabbat Hazon, we note the vision of Isaiah when he rebukes and warns us of punishment. Next week, Shabbat Nahamu, we will begin to feel comfort. But in the meantime, we are stuck in the valley of tears. It won't always be this way. — Rabbi Sarit Horwitz

TORAH PORTION

DEVARIM

SHABBAT HAZON

Torah: Annual	Deuteronomy 1:1 - 3:22
Triennial	Deuteronomy 2:31 - 3:22
1:	2:31 - 2:34
2:	2:35 - 2:37
3:	3:1 - 3:3
4:	3:4 - 3:7
5:	3:8 - 3:11
6:	3:12 - 3:14
7:	3:15 - 3:22
Maftir:	3:20 - 3:22

Haftarah Isaiah 1:1 - 1:27

NEXT WEEK: VA'ETHANAN

SHABBAT NAHAMU

Torah: Annual	Deuteronomy 5:1 - 7:11
Triennial	Deuteronomy 5:1 - 7:11
Haftarah	Isaiah 40:1 - 40:26

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Visit www.bj.org/minyan.**

 Printed on Recycled Paper

BJ RECYCLES AND COMPOSTS. Please look for bins throughout our spaces.

BJ's Ner Tamid at the 88th Street Sanctuary is powered by the energy of the sun.

