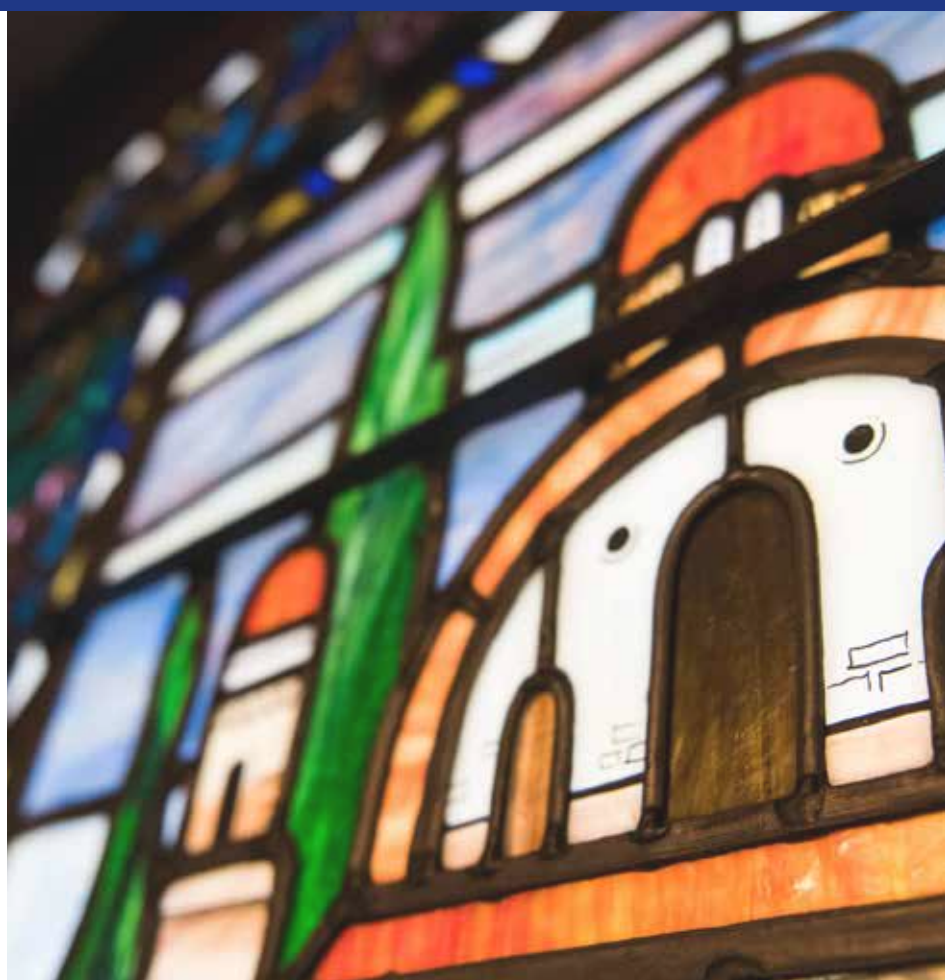


KOL JESHURUN קול ישרון
The Voice of BJ This Week

B'nai Jeshurun
בני ישרון



August 5-12, 2016 • 1-8 Av, 5776

WELCOME TO BJ! We build our kehillah kedoshah—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

PLEASE JOIN US:

- **Prayer & Spirituality**
- **Limud / Learning**
- **Youth & Family**
- **Community Events**
- **Tzedek & Hesed / Justice & Acts of Loving-Kindness**
- **Israel Programming**

RABBIS: J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN: Ari Priven

SENIOR RABBINIC FELLOW: Rabbi Sarit Horwitz

BJ RABBINIC FELLOW: Arielle Rosenberg

SANCTUARY: 257 West 88th Street • **OFFICE:** 270 West 89th Street, New York, NY 10024-1705
TEL: 212-787-7600 • **FAX:** 212-496-7600 • **www.bj.org** • **facebook.com/bjnyc** • **Twitter:** @bjnyc

OUR COMMUNITY

HA-MAKOM YENAHM / CONDOLENCES

The community of B'nai Jeshurun extends our sincere condolences to Bonnie Harwayne, her children, Jared, Etan and Ilana Harwayne-Gidansky and Saul Hymes, her grandchildren, Miriam and Samuel Harwayne-Hymes, and their entire family on the death of Bonnie's father, Frank Harwayne.

MAZAL TOV / CONGRATULATIONS

To the following members and their families:

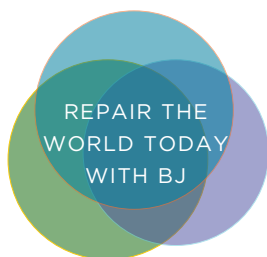
- Lucy Knoepfmacher, her parents, Amy Veltman and Daniel Knoepfmacher, and her sister, Eliza Knoepfmacher, on Lucy becoming a Bat Mitzvah.
- Scott Weiner and Beth Siegel on the birth of their grandson, Ashton Mallo.

TODAH RABBAH / THANK YOU

This week's Community Kiddush is sponsored by Amy Veltman and Daniel Knoepfmacher in honor of their daughter, Lucy, becoming a Bat Mitzvah.

B'RUKHIM HABA'IM / WELCOME

- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ a warm, transformative, and open place.



WHAT YOU CAN BRING:

● Summer Shelter Food Donors and Volunteers Needed

Mondays and Tuesdays, 88th Street Frankel Hall

Sundays, Wednesdays and Thursdays, 86th Street Social Hall

Help us fill our meal gaps this summer! Prepare a light meal for 10-12 people at the synagogue, the church, or at home. We also need additional sleepover volunteers. To sign up or learn more, email lwohl@bj.org or call x272.

WHAT YOU CAN DO:

● BJ: A Caring Community

We can all help make BJ a caring community. Here's a simple way for us to take care of each other: Whenever you're at BJ, look around and notice who you see. If someone is missing who is usually there, please reach out to them. If your fellow BJ member needs support, or if you need support, let us know. Contact the rabbis at rabbis@bj.org or call us at 212-787-7600 x264.

SAVE THE DATES! Contact Billie at bdistefano@bj.org for more information:

MINDFULNESS RETREAT IN COSTA RICA, January 15-22, 2017

Registration open now at www.bj.org/CR17

PRAYER RETREAT, March 19-22, 2017

WOMEN'S RETREAT, May 19-21, 2017

REACH FOR SHABBAT RETREAT, October 28-30, 2016

THIS WEEK AT BJ

FRIDAY, AUGUST 5 | ROSH HODESH AV

- **Kabbalat Shabbat Service** 7:00 PM – 88th St. Sanctuary

SATURDAY, AUGUST 6

- **Shabbat Morning Services** 9:30 AM – 88th St. Sanctuary

Bat Mitzvah Lucy Knoepfmacher

- ● **Children's Services** 10:45 AM – 88th St. Frankel Hall

- ● **Community Kiddush** Following Services – 88th St. Sanctuary

SUNDAY, AUGUST 7

- **Morning Minyan** 9:30 AM – 89th St. Chapel

MONDAY, AUGUST 8

- **Morning Minyan** 7:30 AM – 89th St. Chapel

TUESDAY, AUGUST 9

- **Morning Minyan** 7:30 AM – 89th St. Chapel

WEDNESDAY, AUGUST 10

- **Morning Minyan** 7:30 AM – 89th St. Chapel

THURSDAY, AUGUST 11

- **Morning Minyan** 7:30 AM – 89th St. Chapel

- **Judith Bernstein Lunch Program** 12:00 Noon – 88th St. Frankel Hall

FRIDAY, AUGUST 12

- **Morning Minyan** 7:30 AM – 89th St. Chapel

- **Bim Bam** 9:15 and 10:15 AM – 89th St. Chapel

ANA BEKHOAH

Ana bekhoah gedulat yeminkha tatir tzerura
Kabel rinat amekha sagevenu taharenu nora

אָנאַ בֵּכּוּחַ גְּדוּלַת יְמִינְךָ תַּתִּיר צָרוֹרָה.
קַבֵּל רִנַּת עַמְּךָ, שְׁגַבְנוּ טַהַרְנוּ נוֹרָא.

Please, with the power of Your great right hand, free the bound.
Accept the song of Your people, empower us, make us pure, Awesome One!

WHAT'S NEXT

● Only In New York: Stories of Jewish Identity, Creativity and Community, from the Upper West Side to the South Bronx

Wednesday, August 17, 7:00PM, 89th Street Community House: This evening of music, graphic art, and great conversation will feature Marika Hughes, composer, lyricist, singer, and cellist, and Julian Voloj, photographer and writer, discussing Jewish identity, creativity, and community. Moderated by BJ member Sandee Brawarsky. Free and open to all; contact events@jewishweek.org.

● The Orchard: A Pre-Shabbat Gathering for 20s and 30s

Friday, August 19, 5:30-7:00PM, 89th Street Roof (6th Floor): Get Shabbat started early at the Orchard. We'll meet on BJ's roof before Kabbalat Shabbat for niggunim (wordless songs), good conversation, and time with friends old and new. Free for members and non-members. Contact Rabbinic Fellow Arielle Rosenberg at arosenberg@bj.org with questions.

● Mosaic: Israeli and Local Art Come Together—Art and Judaica Sale at BJ

Thursday, August 25, 5:00-9:00PM, 88th Street Sanctuary: Purchase your art and Judaica needs before the High Holy Days while supporting Israeli and BJ artists. This show hosts 24 artists presenting works in various media: jewelry, pottery, wall art (oil, watercolor, prints, collage), fabric, and weaving (Including tallitot and kippot). Free of charge.

● DCRally4Refugees

Sunday, August 28, 9:00AM-2:00PM (rain or shine), The Washington National Monument, Washington, DC: In the midst of the greatest refugee crisis since WWII, volunteers and advocates from across the country will gather to raise, encourage advocacy and U.S. action, and stand in solidarity with refugees and displaced people worldwide. Let us know if you are interested in going at www.bj.org/refugee.

● Register for B'nai Jeshurun Hebrew School

September 2016-May 2017, 4:00-6:00PM, 89th Street Community House: Registration for the 2016-2017 school year is open. For more information, please go to www.bj.org/hebrewschool.

TISHA BE'AV / FAST OF THE NINTH OF AV

On Tisha Be'Av (9th day of Av), we commemorate the destruction of both the First and Second Temples, and numerous other Jewish tragedies, and we mark brokenness and spiritual exile with a day of mourning and fasting.

Our mourning this year is compounded by all the recent loss, violence and heart-break in our country and our world. Join us for a day of reflection, a commemoration of sorrow, and a start of the journey from despair to joy.

SCHEDULE OF SERVICES:

Saturday, August 13

Erev Tisha Be'Av

Join us for Ma'ariv and the reading of Eikhah. Please bring a flashlight, as the service will take place in dimmed lights.

Fast begins at 7:56 PM

Ma'ariv Service, 88th Street Sanctuary 8:45 PM

Sunday, August 14

Tisha Be'Av

Morning Service, 88th Street Sanctuary 9:30 AM

Study, 88th Street Sanctuary 11:00 AM and 5:00 PM

Minḥa Service, 88th Street Sanctuary 6:00 PM

Fast ends at 8:38 PM

RENEW YOUR MEMBERSHIP FOR 2016-2017

www.bj.org/renew

Questions? Call Membership at 212-787-7600 x302

MEMBERSHIP AT BJ MEANS:

- **Finding** your spiritual home
- **Becoming** part of a vibrant, lively Jewish community
- **Supporting** the meaningful social justice and community-building work of this congregation
- **Receiving** guidance in times of joy and sadness from BJ rabbis and fellow members
- **Joining** an active Hesed (loving kindness) community to provide support in times of need
- **Nourishing** a lifelong relationship with Judaism through young families programs, Hebrew School, and youth/teen activities

In addition, BJ members:

- Receive entrance cards for High Holy Days services
- Get discounted rates for classes, dinners, retreats, and programs
- Participate in special new member events

SUMMER TZEDEK OPPORTUNITY: COMMUNITY COMPOSTING IS HERE



Want to minimize your food waste? Reduce your environmental footprint? Start composting with BJ! NYC launched a pilot composting program in 2014, and since then it has expanded to all five boroughs and continues to grow. We have participated in the program since the summer of 2016, with food scraps for our Lunch Program and our CSA, and are excited to expand and offer the opportunity to the whole community. Our goal is to provide a convenient location to bring household compost,

and we hope those who are nearby and frequent the building will take advantage of the program.

Collecting Compostables

Step 1: Separate your food scraps, like dinner leftovers, excess food from cooking, or rotten foods. This includes meats, bones, and cheese—basically anything that used to be alive (vegetables, meat, dairy products).

Step 2: Place your scraps into a container. You can keep the container on your countertop, in the refrigerator, or in your freezer to alleviate smells between drop-offs.

Step 3: Work it into your routine! Bring your food scraps to BJ whenever you visit. It's free to BJ members and the local community. The building is generally open from 7:30AM-7:00PM on weekdays and 9:30AM-11:00AM on Sundays.

For more information, including a list of compostable items and tips for storing compost at home, visit www.bj.org/compost. Questions? Contact Larissa at lwohl@bj.org or call 212-787-7600 x272.

A TASTE OF TORAH: MATOT-MAS'EI

וַיְדַבֵּר ה' אֶל-מֹשֶׁה לֵאמֹר: דַּבֵּר אֶל-בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם כִּי אַתֶּם עֹבְרִים אֶת-הַיַּרְדֵּן אֶרְצָה כְּנָעַן: וְהִקְרִיתֶם לָכֶם עָרִים עָרֵי מִקְלָט תְּהִינָה לָכֶם וְנָס שָׂמָה רֹצֵחַ מִכָּה-נֶפֶשׁ בְּשִׂגָּה: וְהָיוּ לָכֶם הָעָרִים לְמִקְלָט מִגֹּאֵל וְלֹא יָמוּת הָרֹצֵחַ עַד-עֲמֹדוֹ לִפְנֵי הָעֵדָה לְמִשְׁפָּט:

And God spoke further to Moshe: Speak to the Israelite people and say to them: When you cross the Jordan into the land of Canaan, you shall provide yourselves with places to serve you as cities of refuge to which a murderer who has killed a person unintentionally may flee. The cities shall serve you as refuge from the avenger, so that the murderer may not die unless they have stood trial before the assembly. —Numbers 35:9-12

These cities of refuge are meant to protect someone who unintentionally killed another from those who might seek revenge. The murderer stays there until their trial, and if they are still found to have killed unintentionally, they stay there until the death of the reigning high priest, no matter how short or long that time period is. On one level, these cities are a punishment for the murderer because despite how unintentional their act, it must be taken seriously and punished. But on another level, killing someone is bad for society because it can create cycles of violence that are near-impossible to stop. The Torah tries to create a society which simultaneously recognizes the need for punishment and protection for this kind of individual.

Mishnah Makkot 2:6 articulates that, given that the high priest's death would mark these individuals being set free, they might pray for the death of the priest and the chance to be released. Therefore, the rabbis declared that the mothers of the priests would provide food and clothing to the residents of the Cities of Refuge so they would feel a connection to them and not pray for their sons to die.

While the mothers of the Kohen Gadol might be concerned primarily with their sons' lives, their involvement with the residents of the cities of refuge offers us something important about communal responsibility in stopping cycles of violence. We can't just make a sanctuary for these criminals to go to, but they must be provided for, clothed, and fed so that their lives improve and they no longer cause more death out of desperation. The Mishnah depicts the food and clothing they are provided as much more than sustenance—these individuals are not forgotten by society and they are cared for.

This practice depicted in the Torah and the Mishnah forces me to be reflective about how our societies either perpetuate or prevent cycles of violence. Whose responsibility is it to ensure that violence is stopped? Who is willing to put in the energy and the resources to make sure it ends? Who is willing to nurture those who have committed crimes to make sure that the future is better? — Rabbi Sarit Horwitz

TORAH PORTION

MATOT-MAS'EI

Torah: Annual	Numbers 30:2 - 36:13
Triennial	Numbers 33:50 - 36:13
1:	33:50 - 34:15
2:	34:16 - 34:29
3:	35:1 - 35:08
4:	35:9 - 35:15
5:	35:16 - 35:29
6:	35:30 - 35:34
7:	36:1 - 36:13
Maftir:	36:10 36:13
Haftarah	Jeremiah 2:4 - 28, 3:4

NEXT WEEK: DEVARIM

SHABBAT HAZON	
Torah: Annual	Deuteronomy 1:1 - 3:22
Triennial	Deuteronomy 2:31 - 3:22
Haftarah	Isaiah 1:1 - 1:27

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Visit www.bj.org/minyan.**

 Printed on Recycled Paper

BJ RECYCLES AND COMPOSTS. Please look for bins throughout our spaces. BJ's Ner Tamid at the 88th Street Sanctuary is powered by the energy of the sun.



Visit us at www.bj.org

