

KOL JESHURUN קול ישרון
The Voice of BJ This Week

B'nai Jeshurun
בני ישרון



May 13-20, 2016 • 5-12 Iyar, 5776

WELCOME TO BJ! We build our kehillah kedoshah—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

PLEASE JOIN US:

- **Prayer & Spirituality**
- **Limud / Learning**
- **Youth & Family**
- **Community Events**
- **Tzedek & Hesed / Justice & Acts of Loving-Kindness**
- **Israel Programming**

RABBIS: J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN: Ari Priven

SENIOR RABBINIC FELLOW: Rabbi Sarit Horwitz

BJ RABBINIC FELLOWS: Alex Braver • Arielle Rosenberg

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OUR COMMUNITY

HA-MAKOM YENAHEM / CONDOLENCES

The community of B'nai Jeshurun extends our sincere condolences to Jennifer Sylvor and Steve Greenberg, their children, Amelia and Abigail Sylvor Greenberg, and their entire family, on the death of Jennifer's stepfather, Richard Marks.

MAZAL TOV / CONGRATULATIONS

To the following members and their families:

- Abigail Bromberger, her parents, Lauren Goldstein and Allen Bromberger, and her sister, Eliza Bromberger, on Abigail becoming a Bat Mitzvah.
- Avital Berkman Mintz, her parents, Meredith Berkman and Daniel Mintz, her brother, Caleb, and her sisters, Noa and Yael, on Avital becoming a Bat Mitzvah.
- Dahlia Yoeli and Paul Weinger on their engagement, and to Dahlia's parents, Michael Yoeli and Susan Etra, and siblings, Matthew and Belle Yoeli.

TODAH RABBAH / THANK YOU

This week's Community Kiddush is sponsored by Ivy and David Schreiber and family in honor of Ivy's ten years of service, and in gratitude to the BJ community.

B'RUKHIM HABA'IM / WELCOME

- Rabbi Sam Weinstein and Confirmation Class, Temple Shomer Emunim, Sylvania, Ohio.
- Ellie Goldman and participants, synagogue 8th grade trip to NYC, Temple Shalom, Newton, Massachusetts.
- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ a warm, transformative, and open place.

THE BJ CELEBRATE COMMUNITY AUCTION • Wednesday, May 18 • Everybody has a gift to share.



REPAIR THE WORLD TODAY WITH BJ

● BJ: A Caring Community

We can all help make BJ a caring community. Here's a simple way for us to take care of each other: Whenever you're at BJ, look around and notice who you see. If someone is missing who is usually there, please reach out to them. If your fellow BJ member needs support, or if you need support, let us know. Contact the rabbis at rabbis@bj.org or call us at x264.

"Piety is a mode of living. It is the orientation of human inwardness toward the holy. It is a predominant interest in the ultimate value of all acts and feelings and thoughts. With his heart open to and attracted by some spiritual gravitation, the pious man moves, as it were, toward the center of a universal stillness, and his conscience is so placed as to listen to the voice of God."

—Rabbi Abraham Joshua Heschel

"An Analysis of Piety" in *Moral Grandeur and Spiritual Audacity*

PARTICIPATE IN OUR YEARLONG COMMUNITY HESCHEL STUDY

Join a study group: Contact Billie at bdistefano@bj.org or x264.

Watch the latest webinar: Visit www.bj.org/mayheschelwebinar.

For more info, visit www.bj.org/heschel.

We hope you love your *Kol Jeshurun* and will take it home. If you choose not to do so, we kindly ask that you leave it on your chair.

Please note: For detailed class descriptions and to register for classes, please visit www.bj.org/learning/classes. All classes are free of charge except where noted.

THIS WEEK AT BJ

FRIDAY, MAY 13

- **Special Yom Ha'atzmaut Exhibit— Journeys: The Land of Milk and Honey** Through May 20 – 89th St. Reception and Middle Rooms
Michal Nachmany's work explores the process of layering and recreating memory and history using mixed media, printmaking, collage, and installation. This exhibit explores the process of imagination, memory, and community building during the years leading to the founding of Israel.
- **Mindfulness Kabbalat Shabbat Service** 7:00 PM – 88th St. Reception Room
Led by Rabbi Marcelo Bronstein, Rabbi Rachel Cowan, and Karina Zilberman, this service involves meditation, reflection, deep listening and personal engagement with the parashah. Contact Beth at btarson@bj.org with any questions.
- **Kabbalat Shabbat Service** 7:00 PM – 88th St. Sanctuary

■ OMER COUNT: Tonight begins DAY 21 (Malkhut Shebetiferet)

SATURDAY, MAY 14

- **Soulful Start: Hakhanah laTefillah— Preparing for Prayer** 8:45 AM – 86th St. Chapel
Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.
- ● **Gimmel Shabbat** 9:30 AM – 86th St. 2nd Floor
- **Shabbat Morning Services** 9:30 AM – 86th St. Sanctuary
Bat Mitzvah **Abigail Bromberger**
- ● **Junior Congregation—Kids & Families** 10:30 AM – 86th St. Social Hall
- ● **Children's Services** 10:45 AM – 86th St. Chapel, Parlor, and 2nd Floor
- **Community Kiddush** Following Services – 86th St. Social Hall
- **Minḥa Service** 7:45 PM – 88th St. Sanctuary
Bat Mitzvah **Avital Berkman Mintz**
- **End-of-Year Dessert Reception** 8:30 PM – 89th St.
All BJ teens and families are invited as we celebrate the accomplishments of our year together, honor those who are graduating from our teen program, and welcome next year's 8th grade teens.

■ OMER COUNT: Tonight begins DAY 22 (Hesed Shebenetzah)

SUNDAY, MAY 15

- **Mindfulness Meditation and the Counting of the Omer** 8:30 AM – 89th St. Chapel
Join a journey of personal transformation during the counting of the Omer, the seven-week period between the holidays of Pesah and Shavuot. More info at www.bj.org/meditation.
- **Morning Minyan** 9:30 AM – 89th St. Chapel
- ● **UWS Celebrates Israel: Children's Show, Dira Lehaskir—Apartment to Let** 11:00 AM, English; 3:00 PM, Hebrew – 88th St. Sanctuary
BJ hosts MusicTalks for an interactive performance of Leah Goldberg's famous children's book. Enjoy this timeless classic narrated by actress Shira Averbuch, including stop-motion animation, and accompanied by an eleven-piece orchestra. \$5 entrance fee, registration required at www.bj.org/music.
- **Youth Group: Fun in the Sun!** 1:00 PM – 89th St.
All youth are invited for an afternoon of fun and games. Do you have what it takes to be our water balloon toss champion? Who will cross the finish line first during our three-legged race? Register at www.bj.org for \$10.
- **Gallery Talk—"Journey: The Land of Milk and Honey"** 12:30 PM – 89th St. Reception Room
Michal Nachmany will talk about dreams, realizations, and her new exhibition "Journey: The Land of Milk and Honey." Nachmany's work explores the process of layering and recreating Israeli collective memory and history using mixed media, printmaking, collage, and installation.

- **Israeli Folk Dancing for Yom Ha'atzmaut** 2:00 PM – 89th St. Gym
Celebrate Yom Ha'atzmaut with the best of Israeli folk dances. We'll help you learn the steps, but a little experience in Israeli folk dancing is helpful. The program ends with a mix of circle, line and partner dances, most by request.

- ● **Day of Service Learning: Learn How To Be a Community Organizer and Advocate for Justice— You're Never Too Young for Tikun Olam** 5:15 PM – 89th St.
Join the BJ teens and BJ's Economic Justice Hevra to learn the basics of community organizing, legislative lobbying and general advocacy work. We will be learning through examples from the actual social justice work that BJ has done.

■ OMER COUNT: Tonight begins DAY 23 (Gevurah Shebenetzah)

MONDAY, MAY 16

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **PJ Library Story Corner** 9:30 AM – 89th St. (18 months-4 years)
- **Open Play** 10:00 AM – 89th St. (2-4 years)
- ● **Parents' Corner** 4:00 PM – 89th St. 2nd Floor Conference Room

■ OMER COUNT: Tonight begins DAY 24 (Tiferet Shebenetzah)

TUESDAY, MAY 17

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Keshet & KesheTOT** 4:00 PM – 89th St.

■ OMER COUNT: Tonight begins DAY 25 (Netzah Shebenetzah)

WEDNESDAY, MAY 18

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- ● **BJ Celebrate Community Auction** 6:30 PM – 88th St. Sanctuary
Almost 400 auction items have been donated by the generous BJ community. Register at www.bj.org/auction to bid on items, purchase an ad in the electronic journal, and buy a ticket to attend the event!

■ OMER COUNT: Tonight begins DAY 26 (Hod Shebenetzah)

THURSDAY, MAY 19

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Judith Bernstein Lunch Program** 12:00 Noon – 88th St. Frankel Hall
- **Bim Bam Institute** 5:00 PM – 89th St. Middle Room
- **Identity and Family Building in the 21st Century—Multicultural and Multiracial Families** 6:30 PM – 89th St. Reception Room
We invite multicultural families, seeking to blend or balance Jewish birth heritage in their everyday lives, to join us in supportive conversation facilitated by the BJ social workers. Contact Billie at x264 to R.S.V.P. Free and open to the public.

■ OMER COUNT: Tonight begins DAY 27 (Yesod Shebenetzah)

FRIDAY, MAY 20

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Bim Bam Spring Session** 9:15, 10:15, and 11:15 AM – 89th St. Chapel

■ OMER COUNT: Tonight begins DAY 28 (Malkhut Shebenetzah)

WHAT'S NEXT

● **Step Up To The Plate With BJ Softball**

Thursdays, May 12 through early July, 7:00PM, Central Park: Play softball in co-ed, non-competitive, friendly games. Open to the entire BJ community. Contact Craig Rosenberg at crosenberg6@optonline.net for more information.

● **Bo-i Kallah—A Monthly Kabbalat Shabbat Service**

Friday, May 20, 7:00PM, 89th Street Reception Room: Join Rabbi Roly Matalon and Dan Nadel for an alternative Kabbalat Shabbat. With soulful melodies, verses of Shir haShirim (Song of Songs), liturgical poems and Psalms we will transition gently and with full kavannah—leaving the work-week consciousness, welcoming Shabbat.

● **Soulful Start: Shira Yoga—An Integrated Practice for Body and Soul with Rabbi Shuli Passow**

Saturday, May 21, 9:20-10:20 AM, 88th Street Frankel Hall (lower level of 88th Street Sanctuary): Bring voice, breath and body together in this pilot 5-session series that combines Asana Yoga and Piyut (Hebrew liturgical poetry). Each month we will explore a new piyut through a gentle yoga practice and chanting. Visit www.bj.org/yoga for more details.

● **Justice for Farmworkers March and Shabbat Morning Speaker: Get Involved!**

Saturday, May 21, during Shabbat morning services and Shabbat afternoon, 88th Street and 89th Street: Support the Economic Justice Hevra's campaign: hear stories from the field on Shabbat morning, welcome farmworkers and supporters marching to Albany on Shabbat afternoon, and lobby in Albany on June 1. Learn more and sign up to welcome marchers at www.bj.org/march.

● **Picnic in Riverside Park**

Saturday, May 21, following Shabbat morning services, Riverside Park: Celebrate springtime with a picnic lunch in the park. Families are invited to bring their own lunch, blankets, and games. While we provide dessert. Families will walk to park together.

● ● **20s and 30s Shabbat Afternoon: Sing, Study, Schmooze**

Saturday, May 21, 7:30PM, location provided upon R.S.V.P.: Join Tze'irim for a Shabbat afternoon of study (based on the Heschel essay of the month, "An Analysis of Piety" in *Moral Grandeur and Spiritual Audacity*, song, food, and Havdallah together. R.S.V.P. to shorwitz@bj.org for location.

● **Tribe Ride: Bike with BJ**

Sunday, May 22, 8:45AM-2:30PM, 89th Street: Enjoy a day of casual riding around the northern tip of Manhattan, stopping at High Bridge Park. Participants are kindly requested to bring their own water, snacks and helmets. Open to all. Register at www.bj.org/hazon. Contact bjrevolutionaries@gmail.com for more information.

● **Wise Aging: Living with Joy, Resilience and Spirit—The Renee Kaufman Memorial Lecture**

Sunday, May 22, 4:30PM, 89th Street Reception Room: Rabbi Rachel Cowan and Linda Thal will share insights from their book, *Wise Aging: Living with Joy, Resilience and Spirit*, that can help us face the challenges of aging. Visit www.bj.org/aging for more information and to register.

● **Tze'irim 20s and 30s: Celebrate Gay Pride Month with a Special Screening of *Oriented***

Tuesday, May 24, 7:00-9:00PM, 89th Street: Join Tze'irim and Keshet in celebrating Gay Pride Month with the screening of the acclaimed Israeli documentary *Oriented*, followed by a Q&A with one of the movie's heroes. Light refreshments will be served. Free admission. Register at www.bj.org.

● **The Global Refugee Crisis: How We Can Respond**

Tuesday, May 31, 7:00-8:30PM (doors open at 6:30PM), 88th Street Sanctuary: Learn about the global refugee crisis and how we can respond from Eleanor Acer (Senior Director, Refugee Protection, Human Rights First), Congressman Jerry Nadler, and Mark Hetfield (President and CEO, HIAS). More information and registration at www.bj.org/refugee.

continued on panel 5

A TASTE OF TORAH: KEDOSHIM

לא-תשנא את-אחיה, בלִבְבְךָ; הוֹכַח תּוֹכִיחַ אֶת-עֲמִיתֶךָ, וְלֹא-תִשָּׂא עָלֶיךָ חַטָּא. לֹא-תִקַּם וְלֹא-תִטֹּר אֶת-בְּנֵי עַמֶּךָ, וְאָהַבְתָּ לְרֵעֶךָ כָּמוֹךָ: אֲנִי, ה'.

Don't hate your fellow in your heart, surely rebuke your neighbor, and incur no guilt because of them. Don't take vengeance or bear a grudge against another of your people; Love your fellow as yourself: I am Adonai. —Leviticus 19:17-18

There are several mechanisms we use to dismiss feedback: *That was the situation or your assessment is flawed or I was that way but I have changed already.* Giving and receiving criticism is challenging. We know how it feels to be diminished or to receive criticism that feels overly harsh. Even if a critique of us is based in reality, it's hard to internalize that truth if the delivery is off. These verses offer the powerful Torah of criticism, and there's something beautiful about these two verses living together. Sometimes loving other people and showing that we love them is through rebuking them when necessary. Yet, when we rebuke others, we must do it in a way that allows them to feel loved. This proverbial "golden rule" doesn't just mean that we should love everyone, it means that we should love everyone enough to help them be their best self. The book of Mishlei (9:8) reminds us, "Do not rebuke a scoffer lest they hate you; rebuke a wise person, and they will love you." This instruction is written towards the rebuker, and it also gives us some insight into receiving criticism with class. How can we hear words of rebuke as the wise person, in a way that allows us to appreciate the one giving us feedback? How do we build lasting relationships that include the ability to rebuke, while also allowing love to flourish?

— Rabbi Sarit Horwitz

WHAT'S LATER *continued from panel 4*

● Senior Aliyah

Saturday, June 4, during Shabbat morning services, 86th Street Sanctuary: Graduating seniors and their families are invited for a special aliyah to honor their accomplishments. Our senior class has contributed greatly to our community and we are privileged to celebrate this time with them.

● Spoonful of Hessed

Sunday, June 5, 11:00AM, 88th Street Kitchen: We will gather to cook healthy, delicious meals and deliver them to other BJ members in need of a little extra care and a warm sense of community. Want to volunteer or receive a meal? Contact Billie at x264.

● Economic Justice Hefra Meeting

Monday, June 6, 6:30-8:30PM, location given upon R.S.V.P.: For questions and to R.S.V.P., visit www.bj.org or call x272

● Bim Bam Summer Session

Fridays, June 10-August 19, 9:15 and 10:15AM, 89th Street Chapel: Registration is now open at www.bj.org/earlychildhood.

TORAH PORTION

KEDOSHIM

Torah: Annual	Leviticus 19:1 - 20:27
Triennial	Leviticus 19:23 - 20:2
1:	19:23 - 19:25
2:	19:26 - 19:28
3:	19:29 - 19:32
4:	19:33 - 19:37
5:	20:1 - 20:7
6:	20:8 - 20:22
7:	20:23 - 20:27
Maftir:	20:25 - 20:27

Haftarah Amos 9:7 - 9:15

NEXT WEEK: EMOR

Torah: Annual	Leviticus 21:1 - 24:23
Triennial	Leviticus 23:23 - 24:23
Haftarah	Ezekiel 44:15 - 44:31

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Visit www.bj.org/minyan.**

♻️ Printed on Recycled Paper

BJ RECYCLES AND COMPOSTS. Please look for bins throughout our spaces.

BJ's Ner Tamid at the 88th Street Sanctuary is powered by the energy of the sun.

