

KOL JESHURUN קול ישרון

The Voice of BJ This Week

B'naiJeshurun  
בני ישרון



September 4-11, 2015 • 20-27 Elul, 5775

**WELCOME TO BJ!** We build our kehillah kedosha—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

**PLEASE JOIN US:**

- Prayer & Spirituality
- Limud / Learning
- Youth & Family
- Community Events
- Tzedek & Hesed / Justice & Acts of Loving-Kindness
- Israel Programming
- High Holy Days 5776
- Sukkot through Simḥat Torah

**RABBIS:** J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

**HAZZAN:** Ari Priven

**SENIOR RABBINIC FELLOW:** Rabbi Sarit Horwitz

**BJ RABBINIC FELLOWS:** Alex Braver • Arielle Rosenberg

**SANCTUARY:** 257 West 88th Street • **OFFICE:** 270 West 89th Street, New York, NY 10024-1705  
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# OUR COMMUNITY

## HA-MAKOM YENAH<sup>EM</sup> / CONDOLENCES

The community of B'nai Jeshurun extends sincere condolences to the following members and their families:

- Jake and Amy Schrader, and their children Max and Hannah Schrader, on the death of Jake's mother, Susan Schrader.
- Laura and Clifford Brass, and their children Alex and Kara Brass, on the death of Laura's mother, Jane Schnitzer.

## MAZAL TOV / CONGRATULATIONS

To the following members and their families:

- Carrie Harris and Howard Goldman on the birth of their grandson, Jacob Werby Silverberg.
- Paul Heller and Ruth Acker on the birth of their granddaughter, Sophie Adele Heller.
- Samantha, Marc, and Allison Berman on the birth of their daughter and sister, Heather Arianna Berman.
- Julian Mintz, his parents Susan Illman and Ari Mintz, and his sister Veronique Mintz, on Julian becoming a Bar Mitzvah.
- Stephanie Glenn and Gideon Katz, and Reuben and Levi Katz, on the birth of their son and brother, Judah Benjamin Katz.

## B'RUKHIM HABA'IM / WELCOME

- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ a warm, transformative, and open place.

For the complete BJ High Holy Days schedule of services, please see [www.bj.org/hhd](http://www.bj.org/hhd).



### WHAT YOU CAN DO:

#### ● Support Our Shelter: Become a Sleepover Volunteer

Sign up for a monthly shift or fill in where we need volunteers most. Sleepover shifts are from 9PM-7AM at either SPSPA or BJ. Contact Larissa at [lwohl@bj.org](mailto:lwohl@bj.org) or call x272 to learn more.

### WHAT YOU CAN BRING:

#### ● Canned or Packaged Food for City Harvest

We are collecting hekshered kosher canned or packaged nonperishable items for City Harvest's High Holidays Food Drive. Most-needed foods are shelf-stable sources of protein: tuna, salmon, peanut butter and beans. Drop off donations at 88th and 89th Street in the labeled bins.

## RENEW YOUR MEMBERSHIP FOR 2015-2016

[www.bj.org/renew](http://www.bj.org/renew)

or call Membership at 212-787-7600 x302

open hearts  
minds  
doors

Register Now: **ISRAEL FAMILY TRIP: VISIONS OF ISRAEL**, Dec. 23, 2015-Jan. 2, 2016

Register Now: **BJ MINDFULNESS TRIP IN NATURE**, Costa Rica, Jan. 17-24, 2016

Register Now: **JEWISH ARGENTINA WITH RABBI MARCELO BRONSTEIN**, April 6-12, 2016

### Shabbat Morning Services: PLEASE NOTE CHANGE OF LOCATION!

Beginning **Saturday, September 12**, Shabbat morning services will start at 9:30AM at 86th Street. Children's services will start at 10:45AM at the 86th Street Chapel, Parlor, and 2nd Floor.

# THIS WEEK AT BJ

## FRIDAY, SEPTEMBER 4

*Hazon's New York Ride and Retreat with the BJ Revolutionaries (through Sunday, September 6)*

● **Minḥa Service** 6:40 PM – 88th St. Frankel Hall

● **Kabbalat Shabbat Service** 7:00 PM – 88th St. Sanctuary

## SATURDAY, SEPTEMBER 5

● **Shabbat Morning Services** 9:30 AM – 88th St. Sanctuary

● ● **Children's Services** 10:45 AM – 88th St. Frankel Hall

● ● **Community Kiddush** Following Services – 88th St. Sanctuary

● **Return to Your Source—  
Havdalah and Learning for Selihot** 9:00 PM – 88th St. Sanctuary

The first stop on the journey to where you're going is to figure out from where you've come. You have your entrance cards, now come together for Selihot—an evening of learning, song, and meditation, kicking off with Havdalah and culminating in the Selihot service. Together we will orient ourselves towards the Yamim Nora'im.

● **Meet, Greet, Eat** 10:30 PM – 88th St. Frankel Hall

● **Selihot Service** 11:00 PM – 88th St. Sanctuary

## SUNDAY, SEPTEMBER 6

● **Morning Minyan** 9:30 AM – 89th St. Chapel

## MONDAY, SEPTEMBER 7 | Labor Day

*BJ Office Closed*

● **Morning Minyan Selihot Service** 9:15 AM – 88th St. Sanctuary

Join us to daven selihot (penitential prayers) each morning for 15 minutes immediately preceding the minyan. We will join in reflection and introspection and sing special piyutim for the holy season leading up to Rosh Hashanah and Yom Kippur. Through Tuesday, September 22 (excluding Shabbat and Rosh Hashanah).

● **Morning Minyan** 9:30 AM – 88th St. Sanctuary

**Bar Mitzvah** **Julian Mintz**

## TUESDAY, SEPTEMBER 8

● **Morning Minyan Selihot Service** 7:15 AM – 89th St. Chapel

● **Morning Minyan** 7:30 AM – 89th St. Chapel

## WEDNESDAY, SEPTEMBER 9

● **Morning Minyan Selihot Service** 7:15 AM – 89th St. Chapel

● **Morning Minyan** 7:30 AM – 89th St. Chapel

● **Three Avenues of Preparation:  
What Do I Want to Be a Part Of?  
A Textual Exploration** 6:30 PM – 89th St. Reception Room

Along with Rabbis Felicia Sol and Sarit Horwitz, engage in text study, personal reflection and meaningful conversation inspired by the question of the week, "What Do I Want to Be a Part Of?" Remaining class in this 3-part series: "Giving of the Heart: Meditation for Aseret Yemei Teshuvah" (9/16). Come to any or all. Learn more at [www.bj.org](http://www.bj.org). Free of charge and open to the public.

● **Meet, Greet, Eat** 7:30 PM – 89th St. Reception Room

● **Selihot: Preparing the Soul  
for the Yamim Nora'im** 8:00 PM – 89th St. Reception Room

Led by Rabbi Roly Matalon and musician Dan Nadel, haunting melodies of ancient Jewish communities and modern Israeli poetry and song will get us ready for the upcoming sublime days of soul-searching and prayer. Free of charge and open to the public.

*continued on panel 3*

## THURSDAY, SEPTEMBER 10

- **Morning Minyan Selihot Service** 7:15 AM – 89th St. Chapel
- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Returning to Our Best Selves: Yoga for the New Year** 10:00 AM – 89th St. Reception Room  
Led by Rabbi Shuli Passow, this class will integrate reflection, discussion and yoga to explore the themes of the holy days. Remaining class: Thursday, September 17. Join for one or both sessions; please bring a mat.
- **Judith Bernstein Lunch Program** 12:00 Noon – 88th St. Frankel Hall
- **A Night of Remembrance: A High Holy Days Program for the Bereaved** 6:30 PM – 89th St. Chapel  
Holidays can bring painful reminders of loss. Participate in a discussion about how to allow for grief while still finding meaning and comfort in the High Holy Days. Light refreshments served. R.S.V.P. to Billie at [bdistefano@bj.org](mailto:bdistefano@bj.org) or x264.




## FRIDAY, SEPTEMBER 11

- **Morning Minyan Selihot Service** 7:15 AM – 89th St. Chapel
- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Bim Bam Fall Session** 9:15 and 10:15 AM – 88th St. Frankel Hall  
Children ages 3 and under explore Shabbat through Hebrew and English songs, stories, and traditions such as lighting candles, saying Kiddush, and eating challah. Through December 18. Registration is now open at [www.bj.org/events](http://www.bj.org/events).

## WHAT'S NEXT

- **Early Childhood and Parenting Center: PJ Library Story Corner**  
**Mondays, September 21-December 14**, 9:00-9:30AM **and** Tuesdays, September 8-December 15, 3:00-3:30PM, 89th Street Community House: Cozy and inviting space for children to enjoy Jewish children's stories read by special guests. Sponsored by the Harold Grinspoon Foundation. For children ages 18 months-3 years. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information.
- **Early Childhood and Parenting Center: Open Play**  
**Tuesday, September 8-Thursday, December 17**, 89th Street Community House: **Tummy Time and Tea** (6 weeks-crawling), Tuesdays 9:00-11:00AM and Thursdays 2:00-4:00PM; **Toddling Tots and Treats** (crawling-2 years), Mondays 11:30-1:00PM and Wednesdays 9:00-10:30AM; **Kooky Kids and Cookies** (3-5 years), Mondays 2:00-4:00PM: Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood).
- **Early Childhood and Parenting Center: Musical Playground**  
**Wednesdays, September 9-December 16**, 3:00-3:45PM (ages 0-2) and 4:00-4:45PM (ages 2-4), 89th Street Community House: A fun-filled, immersive musical voyage featuring Jewish-themed songs for children, melodies and games designed to teach the Hebrew and English alphabets, and also tunes from throughout the world for ages 0-4. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information.
- **Early Childhood and Parenting Center: Creative Kids Art Studio**  
**Thursdays, September 10-December 17**, 9:00-9:45AM (ages 18-24 mo), 10:00-10:45AM (ages 2-3), 3:00-3:45PM (ages 3-4), 89th Street Community House: An imaginative experience designed for curious kids to experiment with various media, while engaging in exciting take-home art projects. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information.
- **Tot Shabbat**  
**Friday, September 11**, 5:15-7:00PM, 88th Street Sanctuary and Frankel Hall: Families will enjoy a kid-friendly Kabbalat Shabbat service, followed by a dinner at 5:45PM, complete with Shabbat blessings and songs. The cost is \$20/members and \$27/non-members; all children eat free. Register at [www.bj.org](http://www.bj.org).

continued from panel 3

-  ● **What Do I Want to Be a Part Of? A Special Community Kiddush**  
*Saturday, September 12*, 12:00PM, 88th Street Sanctuary: Apples and honey? Check. Round challah? Check. Now, take some extra time for High Holy Days spiritual preparation at a kiddush on the Shabbat before Rosh Hashanah. Come together with BJ community members for small group conversations over good food.
-  ● **Casting Away: A Reflective Preparation for Tashlikh**  
*Monday, September 14*, 4:30PM, 88th Street Sanctuary: Using Jewish text, contemporary poetry and imagery, BJ Rabbinic Fellows Alex Braver and Arielle Rosenberg will create a space for active exploration of our personal, communal and spiritual landscapes as we prepare for the ritual of tashlikh.
-  ● **A Mindfulness Service for the 2nd Morning of Rosh Hashanah—Unetaneh Tokef: For What Do We Live?**  
*Tuesday, September 15*, 8:45AM, 89th Street Community House, 3rd Floor: We will spend time with pieces of the liturgy, weaving together prayer, music, shofarot, study and meditation to bring the core of the service into the core of our being. Members only. Please bring your High Holy Days entrance card; all locations welcome.
-  ● **Holiday Apple Picking and Picnic**  
*Sunday, September 20*, 9:45AM, Dr. Davies Farm, Congers NY: Usher in a sweet New Year with apple picking followed by a bring-your-own picnic (weather permitting). Visit [bj.org](http://bj.org) or email Galit at [galit.lb@gmail.com](mailto:galit.lb@gmail.com) to sign up.
-  ● **V'taher Libeinu: Purify Our Hearts (and Our Bodies)**  
*Sunday, September 20*, 10:15AM-12:00PM, 89th Street Chapel: Join us after morning minyan for a study session, intention setting, and then immersion in the mikveh. We'll join ImmerseNYC, a nonprofit increasing mikveh practice. To R.S.V.P. and for cost information, please contact Sarit at [shorwitz@bj.org](mailto:shorwitz@bj.org).
-  ● **Giving to Relieve Hunger**  
*Tuesday, September 22 and Wednesday, September 23*, all Yom Kippur service locations: Help BJ address hunger by supporting the West Side Campaign Against Hunger and Mazon. Please bring a check for WSCAH to Kol Nidre services and/or write a check to Mazon before breaking the fast (envelopes provided).

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## WHAT'S LATER

-  ● **Teen Kickoff Retreat**  
*Friday, September 25-Sunday, September 27*, Camp Ramah Nyack: Contact Esther at [ebedolla@bj.org](mailto:ebedolla@bj.org) for more info.
-  ● **Bim Bam at BJ CD Launch Party**  
*Sunday, September 27*, 10:00-11:00AM, 89th Street Sukkah: Register at [www.bj.org](http://www.bj.org).
-  ● **BJ Sukkah Decorating Party**  
*Sunday, September 27*, 11:30AM-1:30PM, 89th Street Sukkah.
-  ● **Family Ice Cream Social**  
*Monday, September 28*, 5:30-7:00PM, 89th Street Sukkah: Please register at [www.bj.org](http://www.bj.org) or email [ebedolla@bj.org](mailto:ebedolla@bj.org).
-  ● **Family Dinnertime in the Sukkah**  
*Thursday, October 1*, 6:00-7:15PM, 89th Street Sukkah: Email [ebedolla@bj.org](mailto:ebedolla@bj.org) with any questions.
-  ● **Movie Night and Sukkah Sleepover**  
*Saturday, October 3, 7:15PM-Sunday, October 4*, 8:00PM, 89th Street Sukkah: Register by September 30 at [www.bj.org](http://www.bj.org).

continued on panel 5



## WHERE AM I GOING?

Keep watching your inbox for the daily kavannah, reflections and intentions from BJ community members. This coming week we'll be answering the question, "What do I want to be a part of?"

## A TASTE OF TORAH

**And you should take that of the first of all fruit of the ground, which you should bring from your land ...** —Deuteronomy 26:2

וְלָקַחְתָּ מֵרֵאשִׁית כָּל-פְּרֵי הָאֲדָמָה, אֲשֶׁר תָּבִיא מֵאֲרָצְךָ...

Carrying out a gratitude ritual called Bikkurim, the individual hands their fruits to the high priest and recites, "My father was a wandering Aramean and descended to Mitzrayim and dwelled there..." We are familiar with this verse from our Pesach seder; it opens the central portion of the haggadah, our story of identity and formation. These verses continue to depict the trials of living as slaves in Mitzrayim and our journey to freedom. However, instead of this passage stopping at, "and then God brought us to Israel," it states, "now, here I am bringing my first fruits" (Deuteronomy 26:10). The narrative told centers this individual in gratitude. It asks the person to articulate "everything in my life, my collective history, has led me to this very moment, when I acknowledge that for which I am grateful." When you locate yourself in the position of giving thanks, what new elements of your story might you find? What would your story look like if you told it from the perspective of gratitude? —Rabbi Sarit Horwitz

## WHAT'S LATER *continued from panel 4*

### ● K-2 Sukkah Party

**Sunday, October 4**, 2:00-3:00PM, 89th Street Sukkah: Please register at [www.bj.org](http://www.bj.org) by October 4.

### ● Introduction to Judaism

**BJ Rabbinic Fellow Alex Braver**

**Wednesdays, October 7-May 4**, 7:00-9:00PM, 89th Street 2nd Floor Conference Room: Registration required by October 6 at [www.bj.org](http://www.bj.org): individuals \$435/\$660; couples \$645/\$975.

### ● Explore Jewish Argentina with Rabbi Marcelo Bronstein

**Wednesday, April 6-Tuesday, April 12, 2016**: Contact [lsteinberg@bj.org](mailto:lsteinberg@bj.org) or x228.

## TORAH PORTION

THIS WEEK: **KI TAVO**

<b>Torah: Annual</b>	Deuteronomy 26:1-29:8
<b>Triennial</b>	Deuteronomy 26:12-28:6
1:	26:12-26:15
2:	26:16-26:19
3:	27:1-27:3
4:	27:4-27:8
5:	27:6-27:10
6:	27:11-28:3
7:	28:4-28:6
Maftir:	24:10-24:13
<b>Haftarah</b>	Isaiah 60:1-60:22

NEXT WEEK: **NITZAVIM**

<b>Torah: Annual</b>	Deuteronomy 29:9-30:20
<b>Triennial</b>	Deuteronomy 29:9-30:20
<b>Haftarah</b>	Isaiah 61:10-63:9

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Please join us to hear the shofar each morning during the month of Elul. Visit [www.bj.org/minyan](http://www.bj.org/minyan).**

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**BJ RECYCLES AND COMPOSTS.** Please look for bins throughout our spaces.

BJ's Ner Tamid at the 88th Street Sanctuary is powered by the light of the sun.

