

KOL JESHURUN קול ישרון  
The Voice of BJ This Week

B'nai Jeshurun  
בני ישרון



August 28-September 4, 2015 • 13-20 Elul, 5775

**WELCOME TO BJ!** We build our kehillah kedosha—sacred community—with creativity and intention to present a compelling, energizing, and transformational vision of Judaism in the 21st century.

**PLEASE JOIN US:**

- Prayer & Spirituality
- Limud / Learning
- Youth & Family
- Community Events
- Tzedek & Hesed / Justice & Acts of Loving-Kindness
- Israel Programming
- High Holy Days 5776
- Sukkot through Simḥat Torah

**RABBIS:** J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

**HAZZAN:** Ari Priven

**SENIOR RABBINIC FELLOW:** Rabbi Sarit Horwitz

**BJ RABBINIC FELLOWS:** Alex Braver • Arielle Rosenberg

**SANCTUARY:** 257 West 88th Street • **OFFICE:** 270 West 89th Street, New York, NY 10024-1705  
**TEL:** 212-787-7600 • **FAX:** 212-496-7600 • **www.bj.org** • **facebook.com/bjnyc** • **Twitter:** @bjnyc

# OUR COMMUNITY

## HA-MAKOM YENAH<sup>EM</sup> / CONDOLENCES

The community of B'nai Jeshurun extends our sincere condolences to Joel Kazis and Sara Nathan, and their children Joshua Nathan-Kazis and Emily Seife, and Saul Nathan-Kazis; and to Earle Kazis and his children and grandchildren, Deborah Kazis and Gideon Taylor, Hannah and Naomi Kazis-Taylor, Keren Kazis and Bradley Phillips, Jordan and Samantha Phillips, and their entire family, on the death of Joel's mother, Rose Leah Kazis.

## MAZAL TOV / CONGRATULATIONS

To the following members and their families:

- Beth McGlinchey and Daniel Bakst on their upcoming wedding.
- Rabbi Lisa Goldstein and Igal Harmelin Moria on their upcoming wedding.
- Susan and Jules Frankel on the birth of their grandson, Leo Asher Frankel.

## TODAH RABBAH / THANK YOU

This week's Community Kiddush is sponsored by Beth McGlinchey and Daniel Bakst in honor of their upcoming wedding.

## B'RUKHIM HABA'IM / WELCOME

- **Welcome to all who are visiting us for the first time!** If we haven't approached you already, come say hi to one of the rabbis, a staff member, or an usher, and we'll introduce you to the people who make BJ a warm, transformative, and open place.



### WHAT YOU CAN DO:

#### ● **Become a Food Donor for the Shelter**

Prepare a light meal for 10-12 people at the synagogue, church, or at home. You can also sponsor a meal by contributing to our Shelter food fund. To contribute or to learn more, contact Larissa at [lwohl@bj.org](mailto:lwohl@bj.org) or call x272.

### WHAT YOU CAN BRING:

#### ● **Canned or Packaged Food for City Harvest**

We are collecting hekshered kosher canned or packaged nonperishable items for City Harvest's High Holidays Food Drive. Most-needed foods are shelf-stable sources of protein: tuna, salmon, peanut butter and beans. Drop off donations at 88th and 89th Street in the labeled bins.

## RENEW YOUR MEMBERSHIP FOR 2015-2016

[www.bj.org/renew](http://www.bj.org/renew)

or call Membership at 212-787-7600 x302

open hearts  
minds  
doors

**Register Now: ISRAEL FAMILY TRIP: VISIONS OF ISRAEL, Dec. 23, 2015-Jan. 2, 2016**

**Register Now: BJ MINDFULNESS TRIP IN NATURE, Costa Rica, Jan. 17-24, 2016**

**Register Now: JEWISH ARGENTINA WITH RABBI MARCELO BRONSTEIN, April 6-12, 2016**

**We hope you love your *Kol Jeshurun* and will take it home.** If you choose not to do so, we kindly ask that you leave it on your chair.

# THIS WEEK AT BJ

## FRIDAY, AUGUST 28

- **Minḥa Service** 6:40 PM – 88th St. Frankel Hall
- **Kabbalat Shabbat Service** 7:00 PM – 88th St. Sanctuary

## SATURDAY, AUGUST 29

- **Shabbat Morning Services** 9:30 AM – 88th St. Sanctuary
- Aliyat Ḥatan veKallah** **Daniel Bakst and Beth McGlinchey**
- **Children's Services** 10:45 AM – 88th St. Frankel Hall
- **Community Kiddush** Following Services – 88th St. Sanctuary

## SUNDAY, AUGUST 30

- **Morning Minyan** 9:30 AM – 89th St. Chapel
- **Tze'irim Cooks for the Shelter** 3:00 PM – 88th St. Kitchen  
Join us to make dinner for the BJ/SPSA Homeless Shelter. Brunch at 1:00PM and start cooking afterward. Suggested donation (\$6-\$10/person); no cooking experience necessary. R.S.V.P. by Friday, August 28, at [www.bj.org](http://www.bj.org).

## MONDAY, AUGUST 31

- **Morning Minyan** 7:30 AM – 89th St. Chapel

## TUESDAY, SEPTEMBER 1

- **Morning Minyan** 7:30 AM – 89th St. Chapel

## WEDNESDAY, SEPTEMBER 2

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Three Avenues of Preparation: Melodies of the High Holy Days** 6:30 PM – 89th St. Reception Room  
Get your vocal cords ready and join Hazzan Ari Priven to learn several of the melodies we sing on the High Holy Days. No Hebrew reading or musical background required. Other classes in this 3-part series: "What Do I Want to Be a Part Of? A Textual Exploration" (9/9), and "Giving of the Heart: Meditation for Aseret Yemei Teshuvah" (9/16). Come to any or all. Learn more at [www.bj.org](http://www.bj.org). Free of charge and open to the public.
- **Meet, Greet, Eat** 7:30 PM – 89th St. Reception Room
- **Seliḥot: Preparing the Soul for the Yamim Nora'im** 8:00 PM – 89th St. Reception Room  
Led by Rabbi Roly Matalon and musician Dan Nadel, haunting melodies of ancient Jewish communities and modern Israeli poetry and song will get us ready for the upcoming sublime days of soul-searching and prayer. Free of charge and open to the public.

## THURSDAY, SEPTEMBER 3

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Judith Bernstein Lunch Program** 12:00 Noon – 88th St. Frankel Hall

## FRIDAY, SEPTEMBER 4

- **Morning Minyan** 7:30 AM – 89th St. Chapel
- **Bim Bam** 9:15 and 10:15 AM – 88th St. Frankel Hall

## WHAT'S NEXT

### ● **Early Childhood and Parenting Center: PJ Library Story Corner**

**Mondays, September 21-December 14**, 9:00-9:30AM **and** Tuesdays, September 8-December 15, 3:00-3:30PM, 89th Street Community House: Cozy and inviting space for children to enjoy Jewish children's stories read by special guests. Sponsored by the Harold Grinspoon Foundation. For children ages 18 months-3 years. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information.

### ● **Early Childhood and Parenting Center: Open Play**

**September-December**, morning and afternoon programs for 6 weeks-crawling, crawling-2 years, and 3-5 years, 89th Street Community House: From tummy-timers to toddlers and beyond, kids can explore and create while parents/caregivers socialize over beverages and snacks. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information.

### ● **Early Childhood and Parenting Center: Musical Playground**

**September-December**, an afternoon program for children ages 0-2 and 2-5, 89th Street Community House: A fun-filled, immersive musical voyage featuring Jewish-themed songs for children, melodies and games designed to teach the Hebrew and English alphabets, and also tunes from throughout the world. For more information, visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood).

### ● **Early Childhood and Parenting Center: Creative Kids Art Studio**

**September-December**, morning and afternoon programs for children ages 18-24 months, 2-3 years, and 3-4 years, 89th Street Community House: An imaginative experience designed for curious kids to experiment with various media, while engaging in exciting take-home art projects. Visit [www.bj.org/earlychildhood](http://www.bj.org/earlychildhood) for more information

### ● **Return to Your Source—Havdalah and Learning for Selihot**

**Saturday, September 5**, teaching at 9:00PM followed by a coffee break at 10:30PM, and the Selihot service at 11:00PM, 88th Street Sanctuary and Frankel Hall: The first stop on the journey to where you're going is to figure out from where you've come. You have your entrance cards, now come together for Selihot—an evening of learning, song, and meditation, kicking off with Havdalah and culminating in the Selihot service. Together we will orient ourselves towards the Yamim Nora'im.

### ● **Morning Minyan Selihot Service**

**Monday, September 7-Tuesday, September 22** (excluding Shabbat and Rosh Hashanah), 7:15AM weekdays, 9:15AM Sundays and Labor Day (September 7), 89th St. Chapel: Join us to daven selihot (penitential prayers) each morning for 15 minutes immediately preceding the minyan. We will join in reflection and introspection and sing special piyyutim for the holy season leading up to Rosh Hashanah and Yom Kippur.

### ● **Returning to Our Best Selves: Yoga for the New Year**

**Thursdays, September 10 and 17**, 10:00-11:30AM, 89th Street Reception Room: Led by Rabbi Shuli Passow, this class will integrate reflection, discussion and yoga to explore the themes of the holy days. Join for one or both sessions; please bring a mat.

### ● **A Night of Remembrance: A High Holy Days Program for the Bereaved**

**Thursday, September 10**, 6:30-8:00PM, 89th Street Chapel: Holidays can bring painful reminders of loss. Participate in a discussion about how to allow for grief while still finding meaning and comfort in the High Holy Days. Light refreshments served. R.S.V.P. to Billie at [bdistefano@bj.org](mailto:bdistefano@bj.org) or x264.

### ● **Bim Bam Fall Session**

**Fridays, September 11-December 18**, 9:15-10:00AM and 10:15-11:00AM, 89th Street Chapel: Children ages 3 and under explore Shabbat through Hebrew and English songs, stories, and traditions such as lighting candles, saying Kiddush, and eating challah. Registration is now open at [www.bj.org/events](http://www.bj.org/events).

### ● **Tot Shabbat**

**Friday, September 11**, 5:15-7:00PM, 88th Street Sanctuary and Frankel Hall: Families will enjoy a kid-friendly Kabbalat Shabbat service, followed by a dinner at 5:45PM, complete with Shabbat blessings and songs. The cost is \$20/members and \$27/non-members; all children eat free. Register at [www.bj.org](http://www.bj.org).

# A TASTE OF TORAH

**When you go out to war against your enemies, and Adonai your God will deliver them into your hands, and you will take them captive.** —Deuteronomy 21:10

כִּי-תֵצֵא לַמִּלְחָמָה, עַל-אִיבֵיךָ; וְנָתַנּוּ ה' אֱלֹהֶיךָ, בְּיָדְךָ-וְשָׁבִיתָ שְׁבִיָּו.

*The Torah states “when you go out” in the singular. Every individual has no greater enemy than their evil inclination. If you go forth to war against it, “Adonai will deliver it into your hands” —the Torah promises that you will emerge victorious. Not only that, but “you will take it captive,” so that you will be able to harness the forces of the evil inclination to serve God.*

—Ba'al Shem Tov (the Besht)

When it comes to things we'd like to change, the traits we see as negative can be redirected, channeled into serving God. “Waging war” and turning our yetzer hara into a captive ask us to engage with our ugliness, as opposed to trying to shut it out. We can redirect its energy to bring us towards something holy. The Talmud (Shabbat 156a) teaches that one born in the astrological sign of Mars will be a bloodletter, and that this person could turn into a murderer or a mohel. The process of confronting the choice presented by the yetzer hara, and then choosing differently, is what brings us closer to God. What are the choices that you can make this year, harnessing the forces inside of you, for good and for holiness?

—Rabbi Sarit Horwitz

*continued from panel 3*

- **What Do I Want to Be a Part Of? A Special Community Kiddush**  
**Saturday, September 12**, 12:00PM, 88th Street Sanctuary: Apples and honey? Check. Round challah? Check. Now, take some extra time for High Holy Days spiritual preparation at a kiddush on the Shabbat before Rosh Hashanah. Come together with BJ community members for small group conversations over good food.
- **Casting Away: A Reflective Preparation for Tashlikh**  
**Monday, September 14**, 4:30PM, 88th Street Sanctuary: Using Jewish text, contemporary poetry and imagery, BJ Rabbinic Fellows Alex Braver and Arielle Rosenberg will create a space for active exploration of our personal, communal and spiritual landscapes as we prepare for the ritual of tashlikh.
- **A Mindfulness Service for the 2nd Morning of Rosh Hashanah—  
Unetaneh Tokef: For What Do We Live?**  
**Tuesday, September 15**, 8:45AM, 89th Street Community House, 3rd Floor: We will spend time with pieces of the liturgy, weaving together prayer, music, shofarot, study and meditation to bring the core of the service into the core of our being. Members only. Please bring your High Holy Days entrance card; all locations welcome.

## WHAT'S LATER

- **Holiday Apple Picking and Picnic**  
**Sunday, September 20**, 9:45AM, Dr. Davies Farm, Congers, NY: Visit [bj.org](http://bj.org) or email Galit at [galit.lb@gmail.com](mailto:galit.lb@gmail.com) to sign up.
- **V'taher Libeinu: Purify Our Hearts (and Our Bodies)**  
**Sunday, September 20**, 10:15AM-12:00PM, 89th Street Chapel and West Side Mikvah: To R.S.V.P. and for cost information, contact Sarit at [shorwitz@bj.org](mailto:shorwitz@bj.org).
- **Teen Kickoff Retreat**  
**Friday, September 25-Sunday, September 27**, Camp Ramah Nyack: Contact Esther at [ebedolla@bj.org](mailto:ebedolla@bj.org) for more info.
- **Family Ice Cream Social**  
**Monday, September 28**, 5:30-7:00PM, 89th Street Sukkah: Please register at [www.bj.org](http://www.bj.org) or email [ebedolla@bj.org](mailto:ebedolla@bj.org).
- **Explore Jewish Argentina with Rabbi Marcelo Bronstein**  
**Wednesday, April 6-Tuesday, April 12, 2016**: Contact [lsteinberg@bj.org](mailto:lsteinberg@bj.org) or x228.



## WHERE AM I GOING?

Keep watching your inbox for the daily kavannah, reflections and intentions from BJ community members. This coming week we'll be answering the question, **"What am I willing to risk?"**

## OPEN HEARTS

Community starts with a single connection. In this spirit, we invite you to turn and introduce yourself to those seated nearby—you will be amazed at the connections and common threads you'll find as you reach out to both those you know and those you don't yet know. Fostering the closeness of community to which we aspire starts with each of us.

## OPEN DOORS

BJ is committed to being an inclusive and supportive community. We ask everyone already comfortable with our services to actively support newcomers, so that we may all share the beauty and holiness of Shabbat together. Please be ready to help someone find a kippah, follow along in the siddur, or understand the layout of the service. And for those who are new to our community, please do not hesitate to ask an usher or the person sitting next to you for help.

## OPEN MINDS

We greatly value empathy and understanding at BJ, and acknowledge that openness to the differences and perspectives of others is a key driver of these. As we engage together, we encourage everyone to embrace differences of background, Jewish knowledge, and opinion. We all come to BJ from different places and from diverse backgrounds, and this is part of our strength. We are here to be part of something larger than ourselves.

## SUPPORT BJ

Please visit [www.bj.org/donate](http://www.bj.org/donate) to make a monetary gift to B'nai Jeshurun. Every shekel counts! Shop without guilt: help support the community with AmazonSmile. Portions of your Amazon purchase can support BJ. Simply go to [smile.amazon.com](http://smile.amazon.com) and select B'nai Jeshurun. The AmazonSmile Foundation will donate 0.5% of your purchase price to BJ.

**We hope you love your *Kol Jeshurun* and will take it home. If you choose not to do so, we kindly ask that you leave it on your chair.**

**For the complete BJ High Holy Days schedule of services, please see [www.bj.org/hhd](http://www.bj.org/hhd).**

## TORAH PORTION

THIS WEEK: **KI TETZE**

<b>Torah: Annual</b>	Deuteronomy 21:10 - 25:19
<b>Triennial</b>	Deuteronomy 23:8 - 24:13
1:	23:8 - 23:12
2:	23:13 - 23:15
3:	23:16 - 23:19
4:	23:20 - 23:24
5:	23:25 - 24:4
6:	24:5 - 24:9
7:	24:10 - 24:13
Maftir:	24:10 - 24:13
<b>Haftarah</b>	Isaiah 54:1 - 55:5

NEXT WEEK: **KI TAVO**

<b>Torah: Annual</b>	Deuteronomy 26:1 - 29:8
<b>Triennial</b>	Deuteronomy 26:12 - 28:6
<b>Haftarah</b>	Isaiah 60:1 - 60:22

Coffee not delivering its usual zing? **Come to morning minyan** and get a spiritual jolt to start your day. Develop a daily Jewish practice, meet new people in an intimate setting, and help us make a minyan so our members can say kaddish for their loved ones. **Please join us to hear the shofar each morning during the month of Elul. Visit [www.bj.org/minyan](http://www.bj.org/minyan).**

Printed on Recycled Paper

**BJ RECYCLES AND COMPOSTS.** Please look for bins throughout our spaces. BJ's Ner Tamid at the 88th Street Sanctuary is powered by the light of the sun.

