

RABBIS:
J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol
HAZZAN & MUSIC DIRECTOR: Ari Priven
BJ RABBINIC FELLOWS: Alex Braver • Sarit Horwitz • Bryan Wexler
BJ STUDENT HAZZAN: Shoshi Rosenbaum

NOAH

ROSH HODESH HESHVAN
TORAH: ANNUAL Genesis 6:9 - 11:32
TRIENNIAL Genesis 8:15 - 10:32
1: 8:15 - 8:22
2: 9:1 - 9:7
3: 9:8 - 9:17
4: 9:18 - 9:2
5: 10:1 - 10:14
6: 10:15 - 10:20
7: 10:21 - 10:32
Maftir: Numbers 28:9 - 28:15

HAFTARAH Isaiah 66:1 - 66:24

NEXT WEEK: LEKH LEKHA
TORAH: ANNUAL Genesis 12:1 - 17:27
TRIENNIAL Genesis 14:1 - 15:21
HAFTARAH Isaiah 40:27 - 41:16

SOCIAL ACTION/SOCIAL JUSTICE OPPORTUNITY OF THE WEEK

• **Elder Care and In-Home Support:**
Free Legal and Accounting Clinic
Tuesday, October 28, 5:00-8:00PM, 88th Street Sanctuary: This domestic employer clinic will help seniors and their families get the answers they need—and provide some relief—on issues such as: paying taxes, questions about employing immigrant workers, navigating state and federal laws, and preparing necessary documentation. Convened by Hand in Hand: The Domestic Employers Network, in partnership with Breedlove and Associates, A Better Balance, the BJ Aging in NY Hevra and Jews for Racial and Economic Justice. The clinic is part of our ongoing Elder Care Pilot Training Program for Consumers. R.S.V.P. to lwohl@bj.org.

2014 Kabbalat Shabbat Services

Join us on Friday night—choose from one of our many service options listed below. Check www.bj.org/services or the KJ for details.

Week 1
Tot ShabbatNov. 7, Dec. 5
Week 2
MindfulnessNov. 14, Dec. 12
and
Family ShabbatNov. 14, Dec. 12
Week 3
Bo-i KallahNov. 21, Dec. 19
Week 4
Hitroeri (Teen) ShabbatOct. 24
Every Friday: Kabbalat Shabbat

October 24-31, 2014

FRIDAY, OCTOBER 24
Kabbalat Shabbat Service
Hitroeri: Kabbalat Shabbat Service and Dinner for Teens

SATURDAY, OCTOBER 25
Childcare (Ages 2-6)
Shabbat Morning Services

Bar Mitzvah

Aliyat Hatan veKallah

Hazzak: Junior Congregation Torah and Tefillah Trope Children's Services
Community Kiddush

Limud: The Light in the Emptiness:
Rosh Hodesh Heshvan Women's Group

SUNDAY, OCTOBER 26
Morning Minyan
Elder Care Pilot Training Program and Graduation

MONDAY, OCTOBER 27

Morning Minyan 7:30 AM - 89th St. Chapel
BJ Hebrew School 4:00-6:00 PM
Israeli Literature Book Group 7:30 PM - 89th St. (SEE P.2)

TUESDAY, OCTOBER 28

Morning Minyan 7:30 AM - 89th St. Chapel
Syrian Refugee and Humanitarian Activist Amin Ahmed To Speak at BJ with Rabbi Matalon 8:30 AM - 89th St. (SEE P.2)
Limud: Great Jews and Their Writings 8:30 AM - 89th St. 1st Floor (SEE P.3)
Creative Play Studio 10:15 and 11:15 AM - 89th St. (SEE P.2)
Limud: The Language of Truth 12:30 PM - 89th St. (SEE P.3)
Afternoon Play Studio 3:30 PM - 89th St. (SEE P.2)
Keshet 4:00 PM - 89th St. (SEE P.3)
KesheTOT 4:00 PM - 89th St. (SEE P.3)
Eldercare and In-Home Support: 5:00 PM - 88th St. (SEE SIDEBAR)
Free Legal and Accounting Clinic
Limud: Adonai, Open My Lips—אֲדֹנָי שְׁפֹתַי תִּפְתָּח— 6:30 PM - 89th St. (SEE P.3)

WEDNESDAY, OCTOBER 29

Morning Minyan 7:30 AM - 89th St. Chapel
Limud: Introduction to Judaism 7:00 PM - 89th St. 2nd Floor Conference Room
Limud: Mindfulness Classes: 7:00 PM - 89th St. Chapel (SEE P.3)
Creating a Personal Prayer Practice

THURSDAY, OCTOBER 30

Morning Minyan 7:30 AM - 89th St. Chapel
Judith Bernstein Lunch Program 12:00 PM - 88th St. Frankel Hall
Limud: Stories of the Talmudic Rabbis 12:30 PM (SEE P.3)
BJ Hebrew School 4:00-6:00 PM
Limud: When the End of Life Arrives: 6:30 PM - 89th St. Reception Room (SEE P.3)
An Exploration of Death and Mourning
Limud: Avodat Ha-Lev: Exploring Prayer and the Siddur 7:00 PM - 89th St. 2nd Floor Conference Room (SEE P.3)

FRIDAY, OCTOBER 31

Morning Minyan 7:30 AM - 89th St. Chapel
Bim Bam 9:15, 10:15, and 11:15 AM - 88th St. Frankel Hall

30 Tishrei-7 Heshvan, 5775

ROSH HODESH HESHVAN
6:30 PM - 88th St. Sanctuary
7:00 PM - 89th St. Chapel, 88th St. Frankel Hall

ROSH HODESH HESHVAN
9:30 AM - 86th St. Parlor
9:30 AM - 86th St. Sanctuary

Daniel Borkow

Erin Fraser and Brittany Boughter

10:30 AM - 86th St. Social Hall
10:45 AM - 86th St. Chapel, Parlor and 2nd Floor
Following Services - 86th St. Social Hall

5:00 PM - 89th St. Reception Room (SEE P.3)

9:30 AM - 89th St. Chapel
9:30 AM - 88th St. and 89th St.

7:30 AM - 89th St. Chapel

4:00-6:00 PM

7:30 PM - 89th St. (SEE P.2)

7:30 AM - 89th St. Chapel
8:30 AM - 89th St. (SEE P.2)

8:30 AM - 89th St. 1st Floor (SEE P.3)
10:15 and 11:15 AM - 89th St. (SEE P.2)

12:30 PM - 89th St. (SEE P.3)
3:30 PM - 89th St. (SEE P.2)
4:00 PM - 89th St. (SEE P.3)
4:00 PM - 89th St. (SEE P.3)
5:00 PM - 88th St. (SEE SIDEBAR)

6:30 PM - 89th St. (SEE P.3)

7:30 AM - 89th St. Chapel

7:00 PM - 89th St. 2nd Floor Conference Room
7:00 PM - 89th St. Chapel (SEE P.3)

7:30 AM - 89th St. Chapel

12:00 PM - 88th St. Frankel Hall
12:30 PM (SEE P.3)
4:00-6:00 PM

6:30 PM - 89th St. Reception Room (SEE P.3)

7:00 PM - 89th St. 2nd Floor
Conference Room (SEE P.3)

7:30 AM - 89th St. Chapel
9:15, 10:15, and 11:15 AM - 88th St. Frankel Hall

To register for classes and events, please visit www.bj.org.

ANNOUNCEMENTS

MAZAL TOV

To the following members and their families:

- Daniel Borkow, his parents Renee and Allan Borkow, and his brother Robert Borkow on Daniel becoming a Bar Mitzvah.
- Robert and Barbara Willinger on the recent marriage of their son, Jeremy Willinger, to Kelly Rodal.
- Brittany Boughter and Erin Fraser on their upcoming wedding.

- Rose Bell and her daughter Frannie Bell on Frannie's engagement to Aaron Schulman-Marcus.
- Matt Turk, BJ musician, on being selected as a featured artist in the current issue of *Guitar Player* magazine.

B'RUKHIM HABA'IM

- Molly Goldberg and 8th Grade student group, Heschel Day School, Northridge, California.

COMMUNITY ACTIVITIES

• Israeli Literature Book Group Is Back

6 Mondays (October 27, December 8, January 12, February 23, March 30, and May 4), 7:30-9:00PM, 89th Street Community House: What can books teach us about Israeli society that we don't learn from the newspaper headlines? Led by BJ member Ellen Bender, we will read books that provide insight and provoke conversation. Our first book will be *World Cup Wishes* by Eshkol Nevo. Register at www.bj.org/israelevents. For more information, contact Orli Moss at omoss@bj.org.

• Syrian Refugee and Humanitarian Activist Amin Ahmed To Speak at BJ with Rabbi Matalon

Tuesday, October 28, 8:30-9:45AM, 89th Street Community House: Amin Ahmed organized secret aid for wounded Syrian refugees until he was forced to flee Syria. Undeterred, he relocated his aid efforts and found unexpected help from Israelis. Hear his story of transformation from mainstream Syrian to humanitarian activist, from an enemy of Israel to a friend. Mr. Ahmed will be joined by Anat Gilan, an Israeli NGO worker. To attend in person, register at bj.org/events. To attend by phone that morning, dial 866-672-5590 and enter code 7501472951. Cosponsored by the Multifaith Alliance for Syrian Refugees in Jordan.

• Hakhanah laTefillah—Preparing for Prayer

5 Saturdays (remaining sessions November 1, 15, 29, December 13), 8:45-9:25AM, 86th Street Chapel: Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.

• Special Needs Havdalah Service

Saturday, November 1, 5:30-7:00PM, 88th Street Frankel Hall: Join Rabbi Marcelo Bronstein and Student Hazzan Shoshi Rosenbaum for an interactive, warm and inviting musical Havdalah service. As a demonstration of our commitment to inclusion, this will be an accessible experience, sensitive to children and young adults with physical and intellectual disabilities. Everyone is welcome, including members and non-members.

• Movie Screening: *Bipolarized*, Starring Ross McKenzie

Tuesday, November 4, 7:00-9:00PM, 88th Street Sanctuary: Diagnosed with bipolar disorder, Ross McKenzie embarks on a journey to treat his symptoms through alternative treatments. The film uses Ross' personal experiences to tell a larger story about psychotropic medication and its effects. Rabbi Marcelo Bronstein will engage in dialogue with Ross at the end of the screening. Free admission. For questions, contact Sandra at sghiorzo@bj.org.

• The Art of Expanding Our Inner Awareness: Presentation by Rabbi Yoel Glick—Open To All

Wednesday, November 5, 7:00-9:00PM, 89th Street Reception Room: Rabbi Marcelo Bronstein and the Mindfulness Hevra invite you to Rabbi Glick's presentation. We will explore the five main forms of meditation: stilling the mind, visualization, concentration, mantra chanting and contemplation. We will also practice meditations for each of these techniques, and explore the inner changes that they set into motion. Registration not required.

• 8th Annual Other Israel Film Festival

Thursday, November 6–Thursday, November 13, times vary, JCC in Manhattan, 334 Amsterdam Avenue at 76th Street, and other locations: The Other Israel Film Festival provides a dynamic and inclusive forum for exploration of, and dialog about, minority populations in Israeli society. The Festival also includes films and engaging discussion panels. Information and tickets: www.otherisrael.org. Special code for BJ members: EFZBJ. The BJ Hebrew Literature group will attend *The Dove Flyer* on Wednesday, November 12. Tickets: www.bj.org/israelevents.

• Mindfulness Kabbalat Shabbat Service

Friday, November 14, 6:30PM, 89th Street Reception Room: Led by Rabbis Bronstein and Cowan, Student Hazzan Shoshi Rosenbaum and special guest Karina Zilberman, this service involves meditation, reflection and personal engagement with the parashah. Contact Sandra at sghiorzo@bj.org for additional information.

• Shabbat Eve to End

Friday, November 14–Saturday, November 15: What is Shabbat Eve to End? Shabbat is about choosing restoration, delight and healing. Spend an entire Shabbat with your BJ community from sundown on Friday, November 14 until Havdalah on November 15. Step away from routine and engage in learning, playing, schmoozing, meditating, praying and singing. Stay tuned for details about this special 24-hour event.

• The Global Day of Jewish Learning

Sunday, November 16, 9:45AM-5:00PM, Drisha Institute, 37 W. 65th St., 5th Floor: This event brings the Jewish people together for community-based learning. This year's theme is "Heroes, Villains, Saints, and Fools: The People in the Book." Rabbinic Fellow Bryan Wexler will teach during this extraordinary day of learning. For more information, visit drisha.org/globalday.php.

• Celebrate the Ethiopian Sigd at BJ—Save The Date

Sunday, November 16, 88th Street Sanctuary: Come eat, sing and rejoice with the local Israeli Ethiopian community and spiritual leaders, Keso, from Israel for the Sigd (Amharic for prostration). 50 days after Yom Kippur, the festival is about yearning for Jerusalem. This event is co-sponsored by Chassida Shmella and the Israeli Consulate in NY.

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COMMUNITY ACTIVITIES (continued from page 2)

• **Bo-i Kallah—A Monthly Kabbalat Shabbat Service**
Fridays (November 21, December 19), 6:30PM, 89th Street Reception Room: Rabbi Roly Matalon and musician Dan Nadel will lead an alternative Kabbalat Shabbat service on the third Friday evening of each

month. With the help of soulful melodies, verses of Shir haShirim (Song of Songs), liturgical poems, and Psalms we will transition gently and with full kavannah from hol to kodesh—leaving the ordinary work week consciousness in order to enter holy time and welcome Shabbat.

CREATING KEHILLAH

SOCIAL ACTION/SOCIAL JUSTICE

• **CSA Farm Fresh Community Shabbat Dinner**
Friday, November 7, 7:45-10:00PM (following the Kabbalat Shabbat service), 88th Street Frankel Hall: Join us for the BJ Hazorim CSA's 4th annual Farm Fresh Community Shabbat Dinner. Each year we end our season with a delicious meal prepared by CSA members using organic produce from our partners at Free Bird Farm and area farmers' markets. Bring your friends and family—you won't want to miss out. Register at www.bj.org by Monday, October 27 at 5:00PM. Contact Larissa at lwohl@bj.org with any questions, or call x272.

• **Hebrew After-School Programs: Keshet (K-3rd Grade) and KesheTOT (6 months-Pre-K)**
Tuesdays (October 21-June 9), 4:00-5:00PM, 89th Street: Sing, play and learn in Hebrew. Keshet is the Hebrew word for "rainbow" and is also a Hebrew acronym for Kehillat Safa V'Tarbut (community of language and culture). In partnership with the Israeli American Council (IAC). For more information, contact Allison Kapusta at akapusta@bj.org, or Orli Moss at omoss@bj.org.

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UPCOMING LIMUD/TEACHING Please visit www.bj.org for full course descriptions and more information.

• **The Light in the Emptiness: Rosh Hodesh Heshvan Women's Group**
Rabbi Felicia L. Sol
Saturday, October 25, 5:00-7:00PM, 89th Street Reception Room: Welcome in the new month and say goodbye to Shabbat with song, story and study. Please bring a spice to share with the group for havdalah and a dairy or vegetarian kosher snack. Free of charge. Registration not required.

• **Great Jews and Their Writings**
Rabbi Hillel Friedman
Tuesdays (through May 19), 8:30AM, 89th Street 1st Floor: We will study excerpts from the Books of Samuel and Job. In their very unique ways, both books raise questions regarding standards for communal leadership and those factors that we struggle with in order to find meaning in life. Rabbi Friedman is a longtime member of our BJ community. Register at www.bj.org/events. Members \$100; non-members \$150.

• **Lunch and Learn: The Language of Truth: The Gerer Rebbe's Commentary on Parashat HaShavua (The Weekly Torah Portion)**
Rabbi Felicia L. Sol
7 Tuesdays (October 28, November 4, 11, 18 and 25, December 2 and 16), 12:30-1:45PM, 89th Street Middle Room: Study the weekly parashah through the commentary of the Sefat Emet, Rabbi Yehuda Leib Alter of Gur. Join Rabbi Felicia L. Sol for an exploration of this Hassidic commentary to delve deeper into the richness of our tradition. Each class is stand-alone and free of charge. Please register at www.bj.org/events.

• **Adonai, Open My Lips—אֲדֹנָי שְׂפָתַי תִּפְתָּח**
Rabbi J. Rolando Matalon
7 Tuesdays (October 28, November 18, December 2, 16, January 13, 27, February 10), 6:30-8:30PM, 89th Street Middle Room: How do I open my heart to prayer? What happens when I pray? Who do I pray to? What/Who do I pray for? How do I find my own voice in prayer? Together with Rabbi Roly Matalon, we will open and examine these and other prayer-related questions through personal reflection, text study, discussion and practice. Free of charge. Register at www.bj.org/events.

• **Mindfulness Classes: Creating a Personal Prayer Practice**
Rabbis Rachel Cowan and Marcelo R. Bronstein
7 Wednesdays (October 29, November 5, 12 and 19, December 3, 10 and 17), 7:00-9:00PM, 89th Street Chapel: Why do we pray? Where can prayer take us?

How could it change us? In this class, we will utilize meditation, contemplative text study, music and reflection to meaningfully connect to prayer as a spiritual practice. Free of charge. Register at www.bj.org/events.

• **Lunch and Learn: Stories of the Talmudic Rabbis**
Rabbi J. Rolando Matalon
5 Thursdays (October 30, November 20, December 4, 11, 18), 12:30-1:30PM, location provided upon registration: We will study stories that reflect the concerns and struggles, fears and fantasies, even the dark side of our Talmudic sages. We will attempt to look at ourselves in the mirror of the Talmud in order to understand and confront our own nature. No knowledge of Hebrew is required. Please bring your own lunch. Free of charge. Register at www.bj.org/events.

• **When the End of Life Arrives: An Exploration of Death and Mourning**
Rabbi Felicia L. Sol
3 Thursdays (October 30, November 6, 13), 6:30-8:00PM, 89th Street Reception Room: Join us for study and conversation on the rituals, customs and beliefs that our tradition offers at this most vulnerable and holy time. Free of charge. Registration encouraged at www.bj.org/events.

• **Avodat Ha-Lev: Exploring Prayer and the Siddur**
Alex Braver, BJ Rabbinic Fellow
Thursdays, October 30-December 18; **Mondays**, January 5-May 11, 7:00-9:00PM, 89th Street 2nd Floor Conference Room: The rabbis of the Talmud call prayer "avodat ha-lev" (the service of the heart). Yet how can our hearts be in it when we don't understand what we're saying? Together we will study the language of the siddur in Hebrew, English and transliteration, along with biblical, rabbinic, mystical and modern texts on tefillah. Come deepen your understanding of the prayer book, and develop a more personal connection with Jewish prayer. Free of charge. Register at www.bj.org/events.

• **Behind the Headlines in Israel**
5 Thursdays (remaining classes November 6, 20, December 4, 18), 8:30-9:15AM, 89th Street Community House: What headlines are Israelis waking up to? Start the day with an overview of Israeli news in four key areas: politics, society, culture and Middle East events. Led by Dr. Jonathan Cummings, political analyst and scholar of Israel and the Middle East. Free of charge. Registration required at www.bj.org/israelevents.

WELCOME TO B'NAI JESHURUN!

- **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our sliding scale dues system ensures no one will be turned away based on financial reasons. Contact the Membership Department at x224 for more information.
- **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.
- **Assistive Listening Devices for Services at BJ** are available during services at both sanctuaries (88th Street and 86th Street). Ask an usher if you need one, and please return the device when you leave.

- **"BJ Speak" Glossary:** Do you have questions about commonly used words and phrases at BJ? Find the answers in our "BJ Speak" glossary. Visit the back of the 88th Street Sanctuary for a laminated sheet filled with definitions and explanations of everything you need to know.

JOIN US AT THE BJ MORNING MINYAN

The morning minyan is an opportunity to experience BJ tefillah in a more intimate setting and a wonderful way to get to know one another. We'll have coffee waiting for you! Please help us make a minyan so our members can say kaddish for their loved ones in a supportive environment. Learn more and find the current schedule at www.bj.org/minyan.

CREATING KEHILLAH *(continued from page 3)*

• B'nai Mitzvah Parent Orientation Meeting

Wednesday, November 5, 7:00PM, 88th Street Sanctuary: Parents of children in 4th grade, or whose birth dates fall between September 2004 and December 2005, are invited to an informational meeting that will detail each step of the B'nai Mitzvah planning process, including date applications. We highly encourage all B'nai Mitzvah candidate parents to attend. For more information, contact Beth Tarson at btarson@bj.org.

• Tot Shabbat

Friday, November 7, 5:15PM, 88th Street Sanctuary: Families will enjoy a kid-friendly Kabbalat Shabbat service filled with singing and dancing, followed by a dinner at 5:45PM (downstairs in Frankel Hall) complete with Shabbat blessings and songs. Vegetarian options will be available; dietary laws observed. Cost is \$25/members, and \$32/non-members; thanks to a generous donation, all children eat free. Register at www.bj.org/events. Contact Allison Kapusta at akapusta@bj.org with any questions.

EVENTS OF INTEREST

• Matt Turk CD Release Show at The Bitter End

Thursday, October 30, 8:00PM, The Bitter End, 147 Bleecker Street: Hear resident BJ musician Matt Turk and join him in celebrating the debut of his new album, *Cold Revival*. Cover is \$10 and includes a copy of Matt's new CD that *Rust* magazine called "one of the best albums ever made."

• Creating History: Can We Tell the Past?

Thursday, October 30, 7:00PM, YIVO Institute for Jewish Research, 15 West 16th Street: Artist Péter Forgács (filmmaker, *Letters to Afar*), novelist Boris Fishman (*A Replacement Life*), and scholars Marci Shore (Yale), Steven Zipperstein (Stanford) and Amelia Glaser, moderator (UC San Diego) discuss how art and scholarship shape our understanding of history. Presented by the YIVO and the Museum of the City of New York. Cost for BJ Members: \$8 with code YIVO at smanttix.com or call (212) 868-4444. Visit yivo.org.

SAVE THE DATE!
Night of 100 Dinners
Saturday, January 10, 2015

Great Food
Great Company
Great Raffles
Great Fun
...and a great way to support BJ.

Please visit BJ online at www.bj.org for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events
ASL Interpreter available upon request.

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