

RABBIS:

J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN & MUSIC DIRECTOR: Ari Priven

BJ RABBINIC FELLOWS: Alex Braver • Sarit Horwitz

BJ STUDENT HAZZAN: Shoshi Rosenbaum

BEMIDBAR

MEVARKHIM HAHODESH

TORAH: ANNUAL Numbers 1:1 - 4:20

TRIENNIAL Numbers 1:1 - 1:54

- 1: 1:1 - 1:4
- 2: 1:5 - 1:16
- 3: 1:17 - 1:19
- 4: 1:20 - 1:27
- 5: 1:28 - 1:35
- 6: 1:36 - 1:43
- 7: 1:44 - 1:54
- Maftir: 1:52 - 1:54

HAFTARAH Hosea 2:1 - 2:22

NEXT WEEK: **NASO**

TORAH: ANNUAL Numbers 4:21 - 7:89

TRIENNIAL Numbers 4:21 - 5:10

HAFTARAH Judges 13:2 - 13:25

May 23-30, 2014

23 Iyar-1 Sivan, 5774

FRIDAY, MAY 23

Get Away With BJ Community Retreat (through Sunday, May 25)

Preparing for Shabbat With Song 6:45 PM - 88th St. Sanctuary

Kabbalat Shabbat Service 7:00 PM - 88th St. Sanctuary

■ **OMER COUNT:** Tonight begins DAY 39 (Netzah Shebeyesod)

SATURDAY, MAY 24

Shabbat Morning Services 9:30 AM - 86th St. Sanctuary

Bat Mitzvah Isabel Kramer

Shabbat Discovery and Children's Services 10:30 AM - 86th St. Parlor, Chapel, 2nd Floor

Community Kiddush Following Services - 86th St. Social Hall

Minha Service 4:00 PM - 88th St.

Bat Mitzvah Leah Smiley

■ **OMER COUNT:** Tonight begins DAY 40 (Hod Shebeyesod)

SUNDAY, MAY 25

Morning Minyan 9:30 AM - 88th St.

■ **OMER COUNT:** Tonight begins DAY 41 (Yesod Shebeyesod)

MONDAY, MAY 26

BJ OFFICE CLOSED

Morning Minyan 9:30 AM - 88th St.

Shira with Shira Cancelled

■ **OMER COUNT:** Tonight begins DAY 42 (Malkhut Shebeyesod)

Memorial Day

TUESDAY, MAY 27

Morning Minyan 7:30 AM - 88th St.

■ **OMER COUNT:** Tonight begins DAY 43 (Hesed Shebemalkhut)

WEDNESDAY, MAY 28

Morning Minyan 7:30 AM - 88th St.

YOM YERUSHALAYIM

Medical Options for Chronic Illness and End of Life Care 7:00 PM - 88th St. (SEE SIDEBAR)

■ **OMER COUNT:** Tonight begins DAY 44 (Gevurah Shebemalkhut)

THURSDAY, MAY 29

Morning Minyan 7:30 AM - 88th St.

Judith Bernstein Lunch Program 12:00 PM - 88th St. Frankel Hall

BJ 2014 Annual Meeting 7:00 PM - 88th St. (SEE P.2)

■ **OMER COUNT:** Tonight begins DAY 45 (Tiferet Shebemalkhut)

FRIDAY, MAY 30

Morning Minyan 7:30 AM - 88th St.

■ **OMER COUNT:** Tonight begins DAY 46 (Netzah Shebemalkhut)

ROSH HODESH SIVAN

**TWO-PART AGING WISELY WORKSHOP
SERIES: ANTICIPATING MEDICAL DECISIONS
AT THE END OF LIFE**

We will explore options available to patients and families when faced with serious illness or terminal conditions, and learn about the halakhic principles that guide Jewish traditions in this area. Co-sponsored by The Panim el Panim: Aging in NY Hevra and Hesed Committee. Register for each at www.bj.org or call x264.

• **Medical Options for Chronic Illness and End-Of-Life Care**

Wednesday, May 28, 7:00-8:30PM, 88th Street Sanctuary: Local medical professionals will lead an interactive discussion about the practicalities surrounding serious illness and end of life.

• **Anticipating End of Life Decisions for Ourselves or a Loved One**

Wednesday, June 11, 7:00-8:30PM, 88th Street Frankel Hall: Join Rabbi Felicia Sol for learning and discussion, focusing on Jewish traditions as a foundation to our beliefs around end of life care.

ONE NIGHT. ONE TORAH.

Join us at Tikkun Leil Shavuot with renowned Kabbalah scholar Daniel C. Matt.
SEE P.3

To register for classes and events, please visit www.bj.org.

ANNOUNCEMENTS

HA-MAKOM YENAHĒM

The community of B'nai Jeshurun extends sincere condolences to the following members and their families:

- Hank, Sonia and Andrew Orenstein on the death of Hank's father, Walter Orenstein.
- Esther Kogan, Ruben Niesvizky, Itamar and Tanya Niesvizky-Kogan on the death of Esther's father, Noma Kogan.
- Miriam, Jon and Jacob Kose on the death of Miriam's father, Harold Kaufman.
- Shari Freedman and her daughter, Rachel Freedman, on the death of Shari's mother, Sallie Freedman.

MAZAL TOV

To the following members and their families:

- Isabel Kramer and her parents Stanley Kramer and Vivian Baders on Isabel becoming a Bat Mitzvah.
- Leah Smiley, her parents Lauren Kogod and David Smiley, and her brother Elliot Smiley on Leah becoming a Bat Mitzvah.

TODAH RABBAH

This week's Community Kiddush is supported by Stanley Kramer and Vivian Badersin honor of Isabel becoming a Bat Mitzvah.

B'RUKHIM HABA'IM

- Eric Shatzkin and 8th Grade Class, Temple Israel, Long Beach, California.

COMMUNITY ACTIVITIES

• BJ Annual Meeting

Thursday, May 29, 7:00PM, 88th St. Sanctuary: Hear about BJ's Strategic Planning initiative and the upcoming year's plans for our community from the rabbis, president and executive director. All are welcome! Come at 6:30PM for light refreshments and schmoozing.

• Hakhanah laTefillah: Preparing for Prayer

Every other Saturday (May 31; June 14), 8:45-9:25AM, 86th Street Chapel: Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.

• Celebrate Israel Parade and Community Picnic

 **Sunday, June 1**, meet at 11:00AM, Fifth Avenue between 53rd and 54th Streets: Bring your Israeli flag and an instrument and join the BJ Rabbis and community to show our love for Israel. Walkers should wear the official BJ parade t-shirt: if you have your t-shirt from last year you can wear it. Sign up to register and order a t-shirt at www.bj.org/israelevents.

• Bo-i Kallah — A Monthly Kabbalat Shabbat Service

Friday, June 6, 6:45PM, 89th Street Reception Room: Rabbi Roly Matalon and musician Dan Nadel will lead an alternative Kabbalat Shabbat service on the first Friday evening of each month. With the help of soulful melodies, verses of Shir haShirim (Song of Songs), liturgical poems and Psalms we will transition gently and with full kavannah from hol to kodesh — leaving the ordinary work-week consciousness in order to enter holy time and welcome Shabbat.

• Interfaith Feast

Sunday, June 8, 5:30-7:15PM, 86th Street Social Hall: Join us for a delightful evening of food, festivity, and laughter over a vegetarian potluck dinner with our Christian and Muslim friends. Space is limited, registration is

• The 2014 BJ Women's Retreat

Friday, June 6-Sunday, June 8, Isabella Freedman Jewish Retreat Center: Devote a weekend to building deeper connections in the BJ community in artful services, a joyous Shabbat, and a great time with Rabbi Felicia Sol and BJ Rabbinic Fellow Sarit Horwitz. For the cost and to register, go to www.bj.org. For questions, contact Beth at btarson@bj.org.

required; preference given to BJ members. R.S.V.P. by Sunday, June 1, to interfaithfeast@earthlink.net or (212) 879-4153. There is no charge, but guests should bring a meat-free food contribution. Registration is not complete until you receive confirmation.

• Mindfulness Kabbalat Shabbat and Dinner

Friday, June 13, 6:45PM, 89th Street Reception Room: Led by Rabbi Marcelo Bronstein, this service involves meditation, reflection, deep listening and personal engagement with the parashah. The service will be followed by dinner in the 89th Street Middle Room. Register online for the dinner or contact Sandra at sghiorzo@bj.org with questions.

• Save the Date: BJ Mindfulness Hevra

Saturday, June 21, 6:30-9:30PM, 88th St. Sanctuary: BJ members who participated in the Costa Rica retreat have formed a Mindfulness Hevra. We invite the whole BJ community to join us for an evening of mindful practice and movement. The event will be facilitated by Marcelo, Rachel and Sol, our movement facilitator from Costa Rica, who helped to make the retreat so memorable.

• Play Softball With BJ

Thursdays through August 28, Central Park: Join us for friendly co-ed softball. Contact Craig Rosenberg at crosenberg6@optonline.net for further information.

THE BJ OFFICE IS IN OUR NEW HOME AT THE COMMUNITY HOUSE!

Please make a note of our new address:

**B'nai Jeshurun Community House
270 West 89th Street
New York, New York 10024-1705**

We hope you will come visit us soon.

CREATING KEHILLAH

SOCIAL ACTION/SOCIAL JUSTICE

• **Special Volunteer Opportunity — Additional June Lunch Program Days**
Sundays, June 1, 15, and 22, 2:00-5:00PM, 88th Street Kitchen, and **Mondays, June 2, 16, and 23**, 11:30-1:15PM, 88th Street Frankel Hall: The Judith Bernstein Lunch program is a wonderful, friendly, intergenerational effort serving a lunchtime meal to guests who may need a little extra food and companionship. We are adding three additional meals in June and are looking for 7 volunteers for each of the cooking opportunities on Sunday and volunteers to serve on Monday. If you are interested in getting involved, contact Larissa at lwohl@bj.org or call x272 to learn more and sign up.

• **Give the Gift of Life at the BJ Blood Drive**

Wednesday, June 11, 3:00-9:00PM, 88th Street Sanctuary: Twice a year we have the opportunity to provide a very important service to the community. Give the gift of life by signing up now for the BJ Blood Drive. Learn more about how you can prepare to donate and learn about any restrictions that may apply. R.S.V.P. to Trudi at trudil531@aol.com or call x272 with the best time slot for you and with any questions.

• **Relationships: Community Building and Community Organizing**

Tuesday, June 17, 6:30-8:45PM, 89th Street Middle Room: Join us for the second skills training session hosted by Panim el Panim and led by Michael Stanley, lead organizer of Manhattan Together. This session will be focused on effective ways to build connections with other people with whom you share common interests, in order to take action together. Specifically we will discuss the relational meeting, a technique used to help find new leaders or potential leaders with whom you can work. Register at www.bj.org. Contact Larissa at x272 to learn more.

YOUTH AND FAMILY EDUCATION

• **Bim Bam Summer Session**

Fridays, June 6 – August 15, 9:15-10:00AM or 10:15-11:00AM, 88th Street Frankel Hall: Bim Bam is a pre-Shabbat class for children ages 3 and under to sing Hebrew and Shabbat-related songs, hear stories, and give tzedakah. Registration for the summer session is now open for the 9:15AM and 10:15AM classes. Cost is \$200/members and \$250/non-members per family. 5-Class Passes are also available, \$125/members and \$175/non-members. Register at www.bj.org/events; space is limited.

• **Shira with Shira: Hebrew Song Session for Children 6 Years and Younger**

Mondays through June 16 (no class May 26), 4:00-4:45PM, 89th Street 3rd Floor: Join us for a new Hebrew immersion class welcoming both English and Hebrew speakers. At the center of every session will be a classic Israeli children's book. Sign up at www.bj.org/israelevents for all six sessions: \$50 for BJ members, \$75 non-members. Pay-per-session at the door: \$10 Members, \$15 non-members.

EVENTS OF INTEREST

• **The Israel Film Center Festival**

Thursday, June 12 – Thursday, June 19, JCC Manhattan 334 Amsterdam Avenue and other locations around the city: A unique opportunity to view new top quality current Israeli cinema. Meet producers and directors for discussions before and after screenings. More information is available online at www.israelfilmcenter.org/festival. Special price for BJ members, enter code: IFCFBJ.

SHAVUOT 5774

• **Tikkun Leil Shavuot 2014**

Tuesday, June 3–Wednesday, June 4, 9:00PM–5:00AM, 88th Street Sanctuary and Frankel Hall:

9:00PM, Evening service

9:30–10:40PM, "Adorning the Bride: The Kabbalistic Origin of Tikkun Leil Shavuot" with renowned Kabbalah scholar Daniel C. Matt

10:40PM–midnight: "The Mystical Ripening of Torah" with Daniel C. Matt

Throughout the night: Study continues with BJ Rabbinic Fellows Alex Braver and Sarit Horwitz, and Rabbis Felicia L. Sol and J. Rolando Matalon

SCHEDULE OF SERVICES:

Tuesday, June 3 • Erev Shavuot

First Evening Service, 88th Street Sanctuary..... 9:00PM

Tikkun Leil Shavuot, 88th Street Sanctuary..... 9:30PM

Study through the night until the Sunrise Service, 88th Street Frankel Hall

Wednesday, June 4 • First Day Shavuot

Sunrise Services, 88th Street Sanctuary.....5:00AM

Morning Services, 88th Street Sanctuary.....10:00AM

Children's Services, 88th Street Frankel Hall10:45AM

Community Picnic, Riverside Park (weather permitting) ... Following Services

Wednesday, June 4 • Second Evening Shavuot

Evening Service, 88th Street Sanctuary..... 8:30PM

Thursday, June 5 • Second Day Shavuot (Yizkor)

Morning Services, 88th Street Sanctuary.....9:30AM

Children's Services, 88th Street Frankel Hall10:45AM

WELCOME TO B'NAI JESHURUN!

• **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our sliding scale dues system ensures no one will be turned away based on financial reasons. Contact the Membership Department at x224 for more information.

• **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.

• **Assistive Listening Devices for Services at BJ** are available during services at both 88th and 86th Streets. Ask an usher if you need one and please return the device when you leave.

• **"BJ Speak" Glossary:** Do you have questions about commonly used words and phrases at BJ? We have the answer: a BJ Speak Glossary. Visit the back of the 88th Street Sanctuary for a laminated sheet filled with definitions and explanations of everything you want to know. Brought to you by the Education and Communications Team.

JOIN US AT THE BJ MORNING MINYAN: The morning minyan is an opportunity to experience BJ tefillah in a more intimate setting and a wonderful way to get to know one another better. Please make every effort to attend so our members are able to say kaddish with the required minyan and in a supportive environment. Learn more and find the current schedule at www.bj.org/minyan.

Haḥamah merosh ha-ilanot nistaleka
bo-u venetze likrat shabbat hamalkah.
Hineh hi yoredet hakedosha, haberukha,
ve'imah mal-akhim tzva shalom umnuḥah.
Bo-i, bo-i, hamalkah, bo-i, bo-i, hakalah.
Shalom aleikhem mal-akhei hashalom.

Kibalnu penei shabbat birnanah utfilah,
habaitah nashuva, belev male gilah.
Sham arukh hashulḥan, hanerot ya-irū,
kol pinot habayit yizraḥu, yazhiru.
Shabbat shalom umvorakh, shabbat shalom umvorakh,
bo-akhem leshalom, mal-akhei hashalom.

הַחֲמָה מְרֹאשׁ הָאֵילָנוֹת נִסְתַּלְקָה
בָּאוּ וְנִצַּא לְקִרְאֵת שַׁבַּת הַמַּלְכָּה.
הִנֵּה הִיא יוֹרֶדֶת הַקְּדוּשָׁה, הַבְּרוּכָה,
וְעִמָּהּ מַלְאָכִים צְבָא שְׁלוֹם וּמְנוּחָה.
בּוֹאִי, בּוֹאִי, הַמַּלְכָּה, בּוֹאִי, בּוֹאִי, הַכֶּלֶה.
שְׁלוֹם עֲלֵיכֶם מַלְאָכֵי הַשְּׁלוֹם.

קִבַּלְנוּ פְּנֵי שַׁבַּת בְּרִנְנָה וּתְפִילָה,
הַבַּיִתָּה נְשׁוּבָה. בְּלֵב מָלֵא גִילָה.
שָׁם עָרוּךְ הַשְּׁלַחַן, הַנֵּרוֹת יֹאִירוּ,
כָּל-פְּנוֹת הַבַּיִת יִזְרְחוּ, יִזְהִירוּ.
שַׁבַּת שְׁלוֹם וּמְבֻרָךְ, שַׁבַּת שְׁלוֹם וּמְבֻרָךְ,
בְּאַכְּם לְשְׁלוֹם, מַלְאָכֵי הַשְּׁלוֹם.

Amar Rabi Akiva:
veahavta lere'akha kamokha, ze klal gadol baTora.

Illo haya li koah hayiti yotze lashuk
hayiti tzo'ek ve-omer shabbat hayom laAdonai.

אָמַר רַבִּי עֲקִיבָא :
וְאַהֲבַת לְרֵעֶדָ כְּמוֹד, זֶה כָּלֵל גָּדוֹל בְּתוֹרָה.

אֵלֹהֵי הַיָּה לִי כַח הֵייתִי יוֹצֵא לְשׁוּק
הֵייתִי צוֹעֵק וְאוֹמֵר שַׁבַּת הַיּוֹם לִי.

Rabbi Akiva said: "Love your neighbor as yourself" is the greatest principle in the Torah.
If I had the strength, I would go out to the streets, I would scream saying Shabbat is Adonai's day.

Please visit BJ online at www.bj.org for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events
ASL Interpreter available upon request.

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