

קול ישראל

KOL JESHURUN



RABBIS:

J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN & MUSIC DIRECTOR: Ari Priven

BJ RABBINIC FELLOWS: Jonah Geffen • Adam Roffman

CANTORIAL INTERN: Shoshi Rosenbaum

TOLEDOT

TORAH: ANNUAL TRIENNIAL Genesis 25:19 - 28:9
 Genesis 27:28 - 28:9
 1: 27:28 - 27:30
 2: 27:31 - 27:33
 3: 27:34 - 27:37
 4: 27:38 - 27:40
 5: 27:41 - 27:46
 6: 28:1 - 28:4
 7: 28:5 - 28:9
 Maftir: 28:7 - 28:9
HAFTARAH Malachi 1:1 - 2:7

NEXT WEEK: VAYETZE

TORAH: ANNUAL TRIENNIAL Genesis 28:10 - 32:3
 Genesis 31:17 - 32:3
HAFTARAH Hosea 12:13 - 14:10

November 16-23, 2012

2-9 Kislev, 5773

FRIDAY, NOVEMBER 16

Kabbalat Shabbat Service
Tze'irim Shabbat Dinner

6:30 PM – 88th St. Sanctuary
 Following Services – 88th St. Frankel Hall

SATURDAY, NOVEMBER 17

Shabbat Morning Services

9:30 AM – 86th St. Sanctuary

Bat Mitzvah

Evan Rubin

Junior Congregation
Children's Services
Community Kiddush

10:30 AM – 86th St. Social Hall
 10:45 AM – 86th St. Chapel and Parlor
 Following Services – 86th St. Social Hall

3rd-5th Grade Havdalah and Movie Night
Eat. Pray. Schmooze.
Havdalah Event for BJ Members 35-55

5:15 PM – 88th St. Sanctuary
 5:00 PM – 88th St. Frankel Hall (SEE P.2)

SUNDAY, NOVEMBER 18

Morning Minyan
Hanukkah Children's Chorus
Unique Insights into Practical Kaballah
with Daniel Matt
Thanksgiving Package Delivery with Dorot
and the 35-55s
Mekusharim Book Swap
Tze'irim Serving Sunday Lunch to Seniors

9:30 AM – 88th St.
 9:30 AM – 88th St.
 9:30 AM – JCC in Manhattan (SEE P.2)
 10:00 AM – Congregation Rodeph Sholom
 11:00 AM – 88th St. (SEE P.2)
 12:00 PM – Metropolitan Council (SEE P.3)

MONDAY, NOVEMBER 19

Morning Minyan
BJ Hebrew School
Limud: Introduction to Judaism

7:30 AM – 88th St.
 4:00-6:00 PM
 7:00 PM – BJ Office

TUESDAY, NOVEMBER 20

Morning Minyan
Limud: Great Jews and Their Writings

7:30 AM – 88th St.
 8:30 AM – 88th St. (SEE P.3)

WEDNESDAY, NOVEMBER 21

Morning Minyan
Thanksgiving Interfaith Service

7:30 AM – 88th St.
 7:00 PM – West End Presbyterian Church
 (SEE P.2)

THURSDAY, NOVEMBER 22

BJ OFFICE CLOSED
Morning Minyan
Judith Bernstein Lunch Program
BJ Hebrew School
Limud: Davening 101

Thanksgiving Day
 9:30 AM – 88th St.
 Cancelled this week
 Closed
 No class this week

FRIDAY, NOVEMBER 23

BJ OFFICE CLOSED
Morning Minyan

7:30 AM – 88th St.

To register for classes and events, please visit www.bj.org.

SYNAGOGUE: 257 W. 88th St. • OFFICE: 2109 Broadway (Ansonia), Suite 203, New York, NY 10023 • TEL: 212.787.7600 • FAX: 212.496.7600 • WEBSITE: www.bj.org BJ

BJ's Ner Tamid at 88th St. is powered by the light of the sun.

ANNOUNCEMENTS

HA-MAKOM YENAHEM

The community of B'nai Jeshurun mourns the death of our member Steven Dikman, and we extend our sincere condolences to his wife Carol Dikman, their son Andrew Dikman and their entire family.

The community of B'nai Jeshurun mourns the death of our member Judith Kazis, and we extend our sincere condolences to her husband Earle Kazis, daughter Deborah Kazis, Gideon Taylor, Hannah Kazis-Taylor, Naomi Kazis-Taylor, daughter Keren Phillips, Brad Phillips, Jordan Phillips, Samantha Phillips, Joel Kazis, Sara Nathan, and their entire family.

COMMUNITY ACTIVITIES

CONTEMPLATIVE PRACTICE AT BJ

• Contemplative Living Rooms

Mondays (remaining services December 10, January 14, February 11, March 11, April 8 and May 13), 7:00-8:30PM, at members' homes: There will be a contemplative Arvit service on the second Monday of the month starting November 12 with Rabbis Marcelo Bronstein and Rachel Cowan. Registration is first come, first served. Location will be given upon registration at ngoodhart@bj.org.

• Contemplative Practice Classes: Creating Space for Quiet Rabbis Rachel Cowan and Marcelo Bronstein

5 Thursdays (remaining classes November 29, December 6, 13), 7:00-9:00PM, 89th St. Chapel: At the core of many religions is a contemplative practice involving meditation, reflection, deep listening and cultivation of loving-kindness, compassion, truthfulness and clarity. BJ has been in the forefront of renewing this tradition in the synagogue setting. This class combines regular practice for experienced meditators with instruction suitable for beginners. Free: registration required at www.bj.org.

• Qigong Workshop

Sunday, December 2, 9:00AM-1:30PM, 88th Street: The BJ Contemplative Hevra and Rabbi Marcelo Bronstein invite you to an introduction to Qigong, an ancient Chinese healing art that involves easy physical movements, gentle breathing and a relaxed meditative state of mind with Master Anthony Korahais, the director of the Flowing Zen Center in Florida. We'll start and end with Jewish meditation. Please arrive on time and wear comfortable clothing. There will be snacks available. Registration is required at www.bj.org. Contact Naomi at ngoodhart@bj.org with questions.

• BJ Contemplative Retreat In Nature—Costa Rica, January, 2013

Sunday, January 20-Sunday, January 28, Costa Rica: During a week of simple living in the rich ecology of the Costa Rican rain forest we will explore Jewish Contemplative Practice as a way to connect more deeply with our soul, our truest values, and with God and God's creation. Each day we will pray, meditate, set a kavanah (intention), follow integrative body movement practices and experience nature. This retreat is being led by Rabbi Marcelo Bronstein, Rabbi Rachel Cowan, Sol Gonzalez and local nature guides. Learn more and apply at www.bj.org/costarica.

MAZAL TOV

To the following members and their families:

- Evan Rubin, her parents Perri Kipperman and Ron Rubin, her sister Ella Rubin and their entire family on Evan becoming a Bat Mitzvah.
- Claudia Green and Noah, Max and Ella Kroloff on the birth of their son and brother, Ben Kroloff.

TODAH RABBAH

- This week's Community Kiddush is sponsored by Perri Kipperman and Ron Rubin in honor of Evan becoming a Bat Mitzvah.

• Eat. Pray. Schmooze.

Havdalah Event for B'nai Jeshurun Members 35-55

Saturday, November 17, 5:00-7:00PM, 88th Street Frankel Hall: Please join us for Havdalah services and light refreshments. This is a wonderful opportunity to spend time with old and new friends. Catered snacks will be provided. Open to BJ members only. R.S.V.P. at www.bj.org is required by Wednesday, November 14.

• Unique Insights into Practical Kabbalah with Daniel Matt

Sunday, November 18, 9:30AM-1:00PM, JCC in Manhattan: Spend a memorable Sunday morning with Daniel Matt, translator of The Zohar: Pritzker Edition, exploring passages of Kabbalah that offer insight into life's purpose and ways to overcome the challenges we face (or deny) daily. This transformational seminar will draw directly on mystical texts translated by Daniel, focusing on teachings that provide timeless yet practical solutions and possibilities. Co-sponsored by the Carlebach Shul, Sinai Live Publications, and BJ. A light breakfast will be served. Register at www.jccmanhattan.org. Cost is \$20. BJ members may use the code CONGBJ for \$5 discount.

• Mekusharim Book Swap: Bring a Book/Browse a Book/Take a Book

Sunday, November 18, 11:00AM, 88th Street: Bring up to three gently used books you loved; no textbooks. Browse and take home as many as you donated. It's a simple, eco-friendly way to replenish your library and meet fellow book-lovers. Refreshments, socializing, and even a prize. Open to the entire BJ community! R.S.V.P. encouraged to Belinda Lasky at blasky@bj.org.

• Interfaith Community Thanksgiving Service

Wednesday, November 21, 7:00PM, West End Presbyterian Church 165 W. 105th St.: Join with our neighbors of all faith traditions to give thanks on the eve of Thanksgiving. There will be a light reception after the service. Clergy from several churches and synagogues will be participating. Please bring checks made out to the West Side Campaign Against Hunger.

• Hakhanah laTefillah: Preparing for Prayer

Saturdays (November 24, December 8 and December 22), 8:45-9:20AM, 86th Street Chapel: Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.

• New Members at Morning Minyan

Sunday, December 2, 9:30AM, 88th Street: Few BJ activities and events are as warm and intimate as the morning minyan. This is an opportunity to meet and talk to new friends in a quiet setting and to fulfill a vital mitzvah. R.S.V.P. by Friday, November 30 to blasky@bj.org.

(continued on page 3)

COMMUNITY ACTIVITIES (continued from page 2)

• **BJ Israeli Book Group: Love and War in Contemporary Israeli Fiction 6 Mondays** (December 3, January 7, February 4, March 4, April 22, and May 20), 7:30-9:00PM, 89th Street: Always wanted to read novels by Israel's greatest authors? Interested in how art imitates life? Join two BJ members, Carole Balin and Jennifer Sylvor, Jewish studies professors (in history and literature) to explore themes of Love and War in contemporary Israeli fiction. We will read one book for each of the six (and a half) decades since Israel's establishment. Registration required at www.bj.org/israelibooks, for more information Contact Orli Moss, omoss@bj.org.

Session I – *A Pigeon and a Boy*, Meir Shalev
Session II – *Homesick*, Eshkol Nevo
Session III – *To the End of the Land*, David Grossman
Session IV – *And the Rat Laughed*, Nava Semel
Session V – *Second Person Singular*, Sayed Kashua
Session VI – *The People of Forever are Not Afraid*, Shani Boianjiu

CREATING KEHILLAH

TZE'IRIM: 20s/30s

• Tze'irim Serving Thanksgiving Dinner

Sunday, November 18, 12:00-3:00PM and 4:00-7:00PM, Metropolitan Council on Jewish Poverty: In the aftermath of Hurricane Sandy, we realized, more than ever, that volunteering and service are the most important things we can do. Working with the elderly population is especially essential. We are happy to let you know that we have the wonderful opportunity to work with Metropolitan Council on Jewish Poverty to cook,

set up for, and serve a hot Thanksgiving meal to the needy elderly in New York City. Working as a group, we always have even more fun! We have two shifts available: cooking from 12:00-3:00PM and serving food from 4:00-7:00PM. Register by Friday, November 16 at www.bj.org/tzeirim for either or both shifts.

UPCOMING LIMUD Please visit www.bj.org for more information and to register.

• Service of the Heart: A Study of Maimonides' Laws of Prayer Rabbi J. Rolando Matalon

Part II, 4 Tuesdays (November 27, December 4, 11, 18)
6:30-8:00PM, 88th Street Sanctuary: We will examine the Rambam's approach to prayer in his legal code Mishneh Torah—The Book Of Love (*Sefer Ahavah*) and his invaluable teachings about the development of Jewish prayer, including: prayer as fulfillment of the commandments to serve God and to love God; the role of kavannah; what is the place of contemplation?; how can we reconcile spontaneous prayer and mandatory prayer?; can we petition God?; can prayer shape our character and influence our actions? Free of charge; registration required at www.bj.org.

• Stories of the Talmudic Rabbis Rabbi J. Rolando Matalon

Part II, 4 Thursdays (November 29, December 6, 13, 20),
12:30-1:30PM Lunch and Learn (please bring your own lunch),
Midtown location: We will study stories that reflect the concerns and struggles, fears and fantasies, even the dark side of our Talmudic sages. No knowledge of Hebrew required. Registration for this class is now closed.

• Great Jews and Their Writings Rabbi Hillel Friedman

Tuesdays (through June 11), 8:30AM, 88th St. Sanctuary: We will study the lives and works of Jews from different periods of our history, and examine their contributions to our understanding of Judaism today. Rabbi Hillel Friedman, a longtime member of our community, has been teaching adult courses at BJ for the past nine years. Registration required: members \$100/non-members \$150 at www.bj.org.

• Davening 101

Jonah Geffen, BJ Rabbinic Fellow

Thursdays (through May 30), 7:00-8:30PM, BJ Office, Conference Room: The siddur is the guidebook of tefillah, and though central to our practice of prayer, the siddur is all too often difficult or impossible to access. Its structure is a mystery, its words foreign, its relevance to our own experience unclear. And yet, it is entirely knowable. Together we will explore the deep meaning of the words of our people's prayers, gain greater understanding of the structure of services, and learn the techniques and choreography of tefillah. Registration encouraged at www.bj.org.

Hamalakh hago-el oti mikol-ra
yevarekh et-hane'arim veyikare vahem shemi
veshem avotai Avraham veYitzhak
veyidgu larov bekerev ha-aretz.

— Genesis 48:16

The Angel who has redeemed me from all harm
Bless the lads. In them may my name be recalled,
And the names of my fathers Abraham and Isaac,
And may they be teeming multitudes upon the earth.

הַמַּלְאָךְ הַגָּאֵל אֶתִּי מִכָּל רָע
יְבָרֵךְ אֶת־הַנְּעָרִים וַיְקַרֵּא בְהֵם שְׁמִי
וַיִּשֶׂם אֲבוֹתַי אַבְרָהָם וַיִּצְחָק
וַיִּדְגּוּ לְרֹב בְּקִרְבֵּי הָאָרֶץ :

WELCOME TO B'NAI JESHURUN!

• **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our fair share dues system ensures no one will be turned away based on financial reasons. For more information, contact Lisa Friedman, Membership Associate, at x250 or lfriedman@bj.org.

• **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.

• **Scent-Free Policy at Services:** In consideration of the many people who have adverse respiratory reactions to the smells of perfume, cologne, and other chemicals, please refrain from wearing perfume or strong cologne to services.

• **Assistive Listening Devices for Services at BJ** are available during services at both 88th and 86th Streets. Ask an usher if you need one and please return the device when you leave.

• **Expand Your Social and Professional Network on LinkedIn and Facebook!** Hundreds of BJ members connect with each other through LinkedIn and Facebook. Become a member of the private "B'nai Jeshurun - New York City" LinkedIn group and benefit from your connection to this large community. You can share your professional information, post jobs, and be part of ongoing discussions. "Like" BJ's Facebook page, "B'nai Jeshurun NYC," and stay up-to-date with what's happening in the community.

JOIN US AT THE BJ MORNING MINYAN: Find current Morning Minyan information at www.bj.org/minyan. To receive a weekly minyan schedule by email, contact Ari Priven at apriven@bj.org.

Ana Bekhoah

Ana bekhoah gedulat yeminkha tatir tzerura
Kabel rinat amekha sagevenu taharenu nora
Na gibor dorshei yehudkha kevavat shomrem
Barkhem taharem rahamei tzidkatkha tamid gomlem
Hasin kadosh berov tuvekha nahel adatekha
Yahid ge-e le'amekha pene zokhrei kedushatekha
Shav'atenu kabel ushma tza'akatenu yode'a ta'alumot

Barukh shem kevod malkhuto le'olam va'ed

אָנאַ בְּכַח גְּדוּלַת יְמִינְךָ תַּתִּיר צָרוֹרָה.
קִבֵּל רֵיחַ עֲמֻדָּה, שְׂגָבֵנו טְהוֹרָנוּ נוֹרָא.
נָא גִבּוֹר, דּוֹרְשֵׁי יְחֻדְךָ, כְּבָבַת שְׁמֵרָם.
בְּרַכֵּם טְהוֹרָם רַחֲמֵי צְדָקָתְךָ תַּמִּיד גְּמִלִם.
חֲסִין קְדוּשׁ בְּרוּב טוֹבְךָ נִהַל עֲדָתְךָ.
יְחִיד גְּאֵה לְעַמְּךָ פְּנֵה זֹכְרֵי קְדוּשַׁתְךָ.
שׁוּעֵתֵנוּ קִבֵּל וּשְׁמַע צַעֲקוֹתֵנוּ יוֹדֵעַ תַּעֲלֹמוֹת.
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Please, with Power

Please, with the power of Your great right hand
free the bound.

Accept the song of Your people, empower us,
make us pure, Awesome One!

Please, Mighty One, the seekers of Your unity,
watch them like the pupil of an eye.

Bless them, make them pure,
have mercy on them; Your justness

bestow upon them always.

Tremendous Holy One, in Your abundant
goodness lead Your community.

Unique One, Exalted One, face Your people
who remember Your holiness.

Accept our prayer, hear our cry,
Knower of secrets.

Blessed is the name
of the Glory of the Kingdom

Please visit BJ online at www.bj.org for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events

ASL Interpreter available upon request.

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