

# קול ישרון

# KOL JESHURUN



**RABBIS:**  
J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol  
**HAZZAN & MUSIC DIRECTOR:** Ari Priven  
**BJ RABBINIC FELLOWS:** Jonah Geffen • Adam Roffman  
**CANTORIAL INTERN:** Shoshi Rosenbaum

## VAYERA

**TORAH: ANNUAL** Genesis 18:1 -22:24  
**TRIENNIAL** Genesis 21:1 - 22:24  
1: 21:1 -21:04  
2: 21:5 -21:13  
3: 21:14 -21:21  
4: 21:22 -21:34c  
5: 22:1 -22:8  
6: 22:9 -22:19  
7: 22:20 -22:24  
Maftir: 22:20 -22:24  
**HAFTARAH** II Kings 4:1 - 23

## NEXT WEEK: HAYEI SARAH

**TORAH: ANNUAL** Genesis 23:1 -25:15  
**TRIENNIAL** Genesis 24:53 - 25:18  
**HAFTARAH** I Kings 1:1 - 31

## November 2-9, 2012

### FRIDAY, NOVEMBER 2

**Tot Shabbat and Dinner**  
**Kabbalat Shabbat Service**  
**Hazorim CSA Community Shabbat Dinner**

## 17-24 Heshvan, 5773

5:15 PM – 88th St. Sanctuary  
6:30 PM – 88th St. Sanctuary  
Following Services – 88th St. Frankel Hall

### SATURDAY, NOVEMBER 3

**Hakhanah laTefillah**  
**Shabbat Morning Services**

8:45 AM – 86th St. Chapel (SEE P.2)  
9:30 AM – 86th St. Sanctuary

### Bar Mitzvah

Maxwell Singer

### Speaker

Ruth Messinger, President,  
American Jewish World Service

**Junior Congregation**  
**Children's Services**  
**Community Kiddush**

10:30 AM – 86th St. Social Hall  
10:45 AM – 86th St. Chapel and Parlor  
Following Services – 86th St. Social Hall

**Special Needs Havdalah**  
**Bar Mitzvah**

5:45 PM – 88th St. (SEE P.2)  
Samuel Antar

### SUNDAY, NOVEMBER 4

**Hebrew Marathon**  
**Morning Minyan**  
**Hanukkah Children's Chorus**

9:00 AM (SEE P.2)  
9:30 AM – 88th St.  
9:30 AM – 86th St. (SEE P.3)

### MONDAY, NOVEMBER 5

**Morning Minyan**  
**BJ Hebrew School**  
**Limud: Introduction to Judaism**

7:30 AM – 88th St.  
4:00-6:00 PM  
7:00 PM – BJ Office

### TUESDAY, NOVEMBER 6

**Morning Minyan**  
**Limud: Great Jews and Their Writings**

7:30 AM – 88th St.  
8:30 AM – 88th St. (SEE P.3)

### WEDNESDAY, NOVEMBER 7

**Morning Minyan**  
**4th Grade B'nai Mitzvah Parent Orientation**

7:30 AM – 88th St.  
7:00 PM – 88th St. (SEE P.3)

### THURSDAY, NOVEMBER 8

**Morning Minyan**  
**Judith Bernstein Lunch Program**  
**BJ Hebrew School**  
**Limud: Contemplative Practice Classes:**  
**Creating Space for Quiet**  
**Limud: Davening 101**

7:30 AM – 88th St.  
12:00 PM – 88th St. Frankel Hall  
4:00-6:00 PM  
7:00 PM – 89th St. Chapel (SEE P.2)  
7:00 PM – BJ Office (SEE P.3)

### FRIDAY, NOVEMBER 9

**Morning Minyan**  
**Bim Bam**

7:30 AM – 88th St.  
9:15, 10:15, and 11:15 AM –  
88th St. Frankel Hall

## ! SOCIAL ACTION/SOCIAL JUSTICE OPPORTUNITIES OF THE WEEK

- Explorations in Caregiving and Care Receiving—Part 3 Workshop 3: Aging Wisely Education Series

**Tuesday, November 13, 7:00-9:00PM, 88th Street:**  
Join us for round table discussions to address the complexities and changing nature of being a care-giver for family members and/or friends. We will hear from BJ members about their personal experiences with caregiving and receiving. This is a wonderful opportunity to come together, share our stories, hear from others, and work through our questions and challenges as a community. Doors will open at 6:30. Register for the workshop at [www.bj.org/aging3](http://www.bj.org/aging3).

To register for classes and events, please visit [www.bj.org](http://www.bj.org).

SYNAGOGUE: 257 W. 88th St. • OFFICE: 2109 Broadway (Ansonia), Suite 203, New York, NY 10023 • TEL: 212.787.7600 • FAX: 212.496.7600 • WEBSITE: [www.bj.org](http://www.bj.org) BJ

BJ's Ner Tamid at 88th St. is powered by the light of the sun.

## ANNOUNCEMENTS

### HA-MAKOM YENAHM

The community of B'nai Jeshurun extends sincere condolences to the following members and their families:

- Peter Goldman and Peter Eckert on the death of Peter's mother, Marjorie Goldman.
- Andrew Clateman and Josine Shapiro and their daughter Leora on the death of Andrew's father Saul Clateman.

### MAZAL TOV

To the following members and their families:

- Max Singer, his parents Lori Beth and Michael Singer, his siblings Ben, Jonah and Dylan, and their entire family on Max becoming a Bar Mitzvah.
- Samuel Antar, his parents Deborah Antar and Jerald Ehrlich, and their entire family on Samuel becoming a Bar Mitzvah.

### TODAH RABBAH

This week's flowers for the bimah at 86th St. are sponsored by Lori Beth and Michael Singer in honor of their son, Max Singer, becoming a Bar Mitzvah.

## COMMUNITY ACTIVITIES

### • Hakhanah laTefillah: Preparing for Prayer

**Saturdays** (November 3, November 24, December 8 and December 22), 8:45-9:20AM, 86th Street Chapel: Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.

### • Special Needs Havdalah Service

**Saturday, November 3**, 5:45-7:00PM, 88th Street: Join BJ spiritual leaders and musicians for an interactive, warm, and inviting musical Havdalah service that will include Sam Antar becoming a Bar Mitzvah. As a demonstration of our commitment to inclusion, this will be an accessible Havdalah service, sensitive to children and young adults with physical and intellectual disabilities. Everyone is welcome, including members and non-members. R.S.V.P. is essential, as we will provide preparatory materials in

advance. Please contact Hilary Schumer at [hschumer@bj.org](mailto:hschumer@bj.org) to R.S.V.P. or with any questions.

### • Hebrew Marathon

**Sunday, November 4**, 9:00AM-1:00PM, location given upon R.S.V.P.: Want to feel more comfortable in the prayer service but feel inhibited because you can't read Hebrew? Have you been meaning to learn the language but somehow never seemed to have the time? This unique seminar is perfect for you. Come for an intensive Hebrew marathon with teacher Michal Nachmany that will leave you wanting more. Learn the letters and vowels, and by the end of the day you will be reading Hebrew. Cost: \$60 for members. Registration required at [www.bj.org](http://www.bj.org).

• **PLEASE NOTE: The New Member Orientations scheduled for November 5 and 15 have been postponed.** Stay tuned for more information about future New Member Orientation dates.

### • Interfaith Storytelling Feast

**Sunday, November 11**, 5:00-7:30PM, 86th Street Social Hall: We'll join our Christian and Muslim friends to hear storytellers from our traditions and write stories together over a vegetarian potluck dinner. Space is limited and preregistration required; priority given to BJ members. R.S.V.P. by Monday, November 5 to [storyfeast@earthlink.net](mailto:storyfeast@earthlink.net) (preferred) or x379. Please provide all names and your phone number. There is no charge. Registration is not complete until you receive confirmation.

### • Something New: Yozma Shabbat Dinner for 35-55s

**Friday, November 9**, 8:00PM, 88th Street Frankel Hall: You've been hearing about the "Yet To Be Named" group for 35-55s... we now have a name! Please join us for a dinner to mark the official launch of Yozma (meaning "new initiative," something different and exciting). Share Shabbat with friends new and old as we celebrate this season of transition and Thanksgiving. Spaces are filling up fast—register today! Cost: \$36 members/\$46 non-members. Register at [www.bj.org](http://www.bj.org) by Tuesday, November 6.

### • Book Reading and Discussion with Ellen Schecter—

#### *Fierce Joy: A Memoir*

**Saturday, November 10**, 1:00PM, 86th Street Chapel: Join the BJ Book Group in a discussion with BJ member Ellen Schecter, author of *Fierce Joy: A Memoir*, a medical mystery, a spiritual adventure, and a love story. When Ellen was diagnosed with a rare, potentially fatal disease, she lost the career she loved, found her way to BJ, and rediscovered her soul. Co-sponsored with Bikkur Holim.

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## CONTEMPLATIVE PRACTICE AT BJ

### • Contemplative Living Rooms

**Mondays** (November 12, December 10, January 14, February 11, March 11, April 8 and May 13), 7:00-8:30PM, at members' homes: There will be a contemplative Arvit service on the second Monday of the month starting November 12 with Rabbis Marcelo Bronstein and Rachel Cowan. Registration is first come, first served. Location will be given upon registration at [ngoodhart@bj.org](mailto:ngoodhart@bj.org).

### • Contemplative Practice Classes: Creating Space for Quiet Rabbis Rachel Cowan and Marcelo Bronstein

**5 Thursdays** (remaining classes November 8, 15, 29, December 6, 13), 7:00-9:00PM, 89th St. Chapel: At the core of many religions is a contemplative practice involving meditation, reflection, deep listening and cultivation of loving-kindness, compassion, truthfulness and clarity. BJ has been in the forefront of renewing this tradition in the synagogue setting. This class combines regular practice for experienced meditators with instruction suitable for beginners. Free: registration required at [www.bj.org](http://www.bj.org).

### • Qigong Workshop

**Sunday, December 2**, 9:00AM-1:30PM, 88th Street: The BJ Contemplative Hevra and Rabbi Marcelo Bronstein invite you to an introduction to Qigong, an ancient Chinese healing art that involves easy physical movements, gentle breathing and a relaxed meditative state of mind with Master Anthony Korahais, the director of the Flowing Zen Center in Florida. We'll start and end with Jewish meditation. Please arrive on time and wear comfortable clothing. There will be snacks available. Registration is required at [www.bj.org](http://www.bj.org). Contact Naomi at [ngoodhart@bj.org](mailto:ngoodhart@bj.org) with questions.

## COMMUNITY ACTIVITIES (continued from page 2)

### • Eat. Pray. Schmooze.

#### Havdalah Event for B'nai Jeshurun Members 35-55

**Saturday, November 17, 5:00-7:00PM**, 88th Street Frankel Hall: Please join us for Havdalah services and light refreshments. This is a wonderful opportunity to spend time with old and new friends. Catered snacks will be provided. Open to BJ members only. R.S.V.P. at [www.bj.org](http://www.bj.org) is required by Wednesday, November 14.

### • Unique Insights into Practical Kabbalah with Daniel Matt

**Sunday, November 18, 9:30AM-1:00PM**, JCC in Manhattan: Spend a memorable Sunday morning with Daniel Matt, translator of *The Zohar: Pritzker Edition*, exploring passages of Kabbalah that offer insight into life's purpose and ways to overcome the challenges we face (or deny) daily. This transformational seminar will draw directly on mystical texts translated by Daniel, focusing on teachings that provide timeless yet practical solutions and possibilities. Co-sponsored by the Carlebach Shul, Sinai Live Publications, and BJ. A light breakfast will be served. Register at [www.jccmanhattan.org](http://www.jccmanhattan.org). Cost is \$20. BJ members may use the code CONGBJ for \$5 discount.

### • Thanksgiving Package Delivery with Dorot and the 35-55s

**Sunday, November 18, 10:00AM-1:00PM**, meet at Congregation Rodeph Sholom, 7 West 83rd Street, 5th floor: Visit seniors in their homes and bring a gift package of traditional foods and holiday items. Volunteers will travel in groups of 2-3 to individual senior homes on the Upper West Side and Upper East Side. R.S.V.P. at [www.bj.org](http://www.bj.org) by Friday, November 9.

### • Mekusharim Book Swap: Bring a Book/Browse a Book/Take a Book

**Sunday, November 18, 11:00AM**, 88th Street: Bring up to three gently used books you loved; no textbooks. Browse and take home as many as you donated. It's a simple, eco-friendly way to replenish your library and meet fellow book-lovers. Refreshments, socializing, and even a prize. Open to the entire BJ community! R.S.V.P. encouraged to Belinda Lasky at [blasky@bj.org](mailto:blasky@bj.org).

## CREATING KEHILLAH

### YOUTH AND FAMILY EDUCATION

#### • Deadlines Approaching for the Domestic and International Service Learning Trips

BJ teens are invited to apply for our Domestic and International Service Learning Trips. Teens in eighth and ninth grade will engage in community service projects in New Orleans over Martin Luther King, Jr. weekend, while teens in tenth, eleventh, and twelfth grades will spend Presidents' Week in Israel, where they will do service work with the local Israeli community. Apply for the Domestic Service Trip using our online application. Email Kristen at [kkersey@bj.org](mailto:kkersey@bj.org) for links to both applications. The deadline to apply for the Domestic Service Learning Trip is Friday, October 19, and the deadline for the International Service Learning Trip is Monday, October 29.

#### • Hanukkah Children's Chorus

**Sundays, October 28-December 9, 9:30-10:30AM and 10:30-12:00PM**, 88th Street Frankel Hall (Nov. 4 only: 86th St.): Children in grades K-5 are invited to participate in a new Hanukkah program led by musician and Purim Spiel composer Jerry Korman. Children will attend weekly Sunday rehearsals (grades K-2, 9:30-10:30AM; grades 3-5, 10:30-12:00PM) leading up to multiple performances for the BJ community the week of December 9. No audition necessary; all are welcome! For more details, email Kristen at [kkersey@bj.org](mailto:kkersey@bj.org).

#### • 4th Grade B'nai Mitzvah Parent Orientation Meeting

**Wednesday, November 7, 7:00PM**, 88th Street: Parents of children in 4th grade, or whose birthdates fall between September 2002 and December 2003, are invited to an informational meeting that will detail each step of the B'nai Mitzvah planning process. Though this meeting is optional, we highly encourage all parents to attend. There will be an opportunity to

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## UPCOMING LIMUD Please visit [www.bj.org](http://www.bj.org) for more information and to register.

#### • Service of the Heart: A Study of Maimonides' Laws of Prayer Rabbi J. Rolando Matalon

**Part II, 4 Tuesdays** (November 27, December 4, 11, 18)

6:30-8:00PM, 88th Street Sanctuary: We will examine the Rambam's approach to prayer in his legal code *Mishneh Torah*—The Book Of Love (*Sefer Ahavah*) and his invaluable teachings about the development of Jewish prayer, including: prayer as fulfillment of the commandments to serve God and to love God; the role of kavannah; what is the place of contemplation?; how can we reconcile spontaneous prayer and mandatory prayer?; can we petition God?; can prayer shape our character and influence our actions? Free of charge; registration required at [www.bj.org](http://www.bj.org).

#### • Stories of the Talmudic Rabbis Rabbi J. Rolando Matalon

**Part II, 4 Thursdays** (November 29, December 6, 13, 20),

12:30-1:30PM Lunch and Learn (please bring your own lunch), Midtown location: We will study stories that reflect the concerns and struggles, fears and fantasies, even the dark side of our Talmudic sages. No knowledge of Hebrew required. Registration for this class is now closed.

#### • Great Jews and Their Writings Rabbi Hillel Friedman

**Tuesdays** (through June 11), 8:30AM, 88th St. Sanctuary: We will study the lives and works of Jews from different periods of our history, and examine their contributions to our understanding of Judaism today. Rabbi Hillel Friedman, a longtime member of our community, has been teaching adult courses at BJ for the past nine years. Registration required: members \$100/non-members \$150 at [www.bj.org](http://www.bj.org).

#### • Davening 101

##### Jonah Geffen, BJ Rabbinic Fellow

**Thursdays** (through May 30), 7:00-8:30PM, BJ Office, Conference Room: The siddur is the guidebook of tefillah, and though central to our practice of prayer, the siddur is all too often difficult or impossible to access. Its structure is a mystery, its words foreign, its relevance to our own experience unclear. And yet, it is entirely knowable. Together we will explore the deep meaning of the words of our people's prayers, gain greater understanding of the structure of services, and learn the techniques and choreography of tefillah. Registration encouraged at [www.bj.org](http://www.bj.org).

## WELCOME TO B'NAI JESHURUN!

• **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our fair share dues system ensures no one will be turned away based on financial reasons. For more information, contact Lisa Friedman, Membership Associate, at x250 or lfriedman@bj.org.

• **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.

• **Scent-Free Policy at Services:** In consideration of the many people who have adverse respiratory reactions to the smells of perfume, cologne, and other chemicals, please refrain from wearing perfume or strong cologne to services.

• **Assistive Listening Devices for Services at BJ** are available during services at both 88th and 86th Streets. Ask an usher if you need one and please return the device when you leave.

• **Expand Your Social and Professional Network on LinkedIn and Facebook!** Hundreds of BJ members connect with each other through LinkedIn and Facebook. Become a member of the private "B'nai Jeshurun - New York City" LinkedIn group and benefit from your connection to this large community. You can share your professional information, post jobs, and be part of ongoing discussions. "Like" BJ's Facebook page, "B'nai Jeshurun NYC," and stay up-to-date with what's happening in the community.

**JOIN US AT THE BJ MORNING MINYAN:** Find current Morning Minyan information at [www.bj.org/minyan](http://www.bj.org/minyan). To receive a weekly minyan schedule by email, contact Ari Priven at [apriven@bj.org](mailto:apriven@bj.org).

## CREATING KEHILLAH (continued from page 3)

ask questions. Date applications (which will be received in the mail along with date/service selection information) may be turned in at that time. For more information contact Arlene Brandon at [abrandon@bj.org](mailto:abrandon@bj.org) or x223.

### TZE'IRIM: 20s/30s

• **Tze'irim's First Catered Shabbat Dinner of 5773**

**Friday, November 16, 8:00PM**, 88th Street Frankel Hall: Looking to have Friday night Shabbat dinner with 75-100 of your closest friends? Join Tze'irim for our first catered kosher meal of the new year. Bring your friends or come to make new ones. Either way, you do not want to miss this event. Seating is limited. Cost for BJ members is \$29 and cost for non-members is \$39. Registration is now open at [www.bj.org/tzeirim](http://www.bj.org/tzeirim).

• **Tze'irim Serving Sunday Lunch to Seniors**

**Sunday, November 18, 12:00-2:30PM**, Metropolitan Council on Jewish Poverty: Join us as we make an inter-generational impact brightening up the lives of seniors! We will be serving a hot kosher lunch and socializing with low income seniors at the Metropolitan Council on Jewish Poverty. This is a really great way to help those in need and to have a lot of fun while doing it! After we finish, we can always get some food ourselves! Register at [www.bj.org/tzeirim](http://www.bj.org/tzeirim) by Thursday, November 15.

### HAVUROT

• **BJ Mastermind Havurah**

**Thursday, November 15, 6:30PM**, BJ member's home on the Upper West Side: All members of BJ who are business owners or founders of a non-profit organization are welcome to attend. We share our successes and challenges, offer each other advice, and give each other support. For more information, call Les at 718-530-5074 or send an e-mail to [lesjudd@aol.com](mailto:lesjudd@aol.com).

### EVENTS OF INTEREST

• **Yitzhak Rabin 17th Memorial Ceremony**

**Saturday, November 3, 3:00-5:00PM**, The JCC in Manhattan, 334 Amsterdam Avenue: Hashomer Hatzair, (Zionist Youth Movement) invites you to an educational activity for kids and a conversation with Dr. Anat Maor, former Meretz Knesset Member and current lecturer at NYU, for adults at 3:00PM followed by the Memorial Ceremony at 4:00PM.

## Ana Bekhoah

Ana bekhoah gedulat yeminkha tatir tzerura  
Kabel rinat amekha sagevenu taharenu nora

אָנָּא בְּכֹחַ גְּדוּלַת יְמִינְךָ תַּתִּיר צָרוֹרָה.  
קִיבֵל רִנַּת עַמְּךָ, שְׂגִבְנוּ טְהָרְנוּ נוֹרָא.

Please visit BJ online at [www.bj.org](http://www.bj.org) for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events  
ASL Interpreter available upon request.

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