

קול ישורון

KOL JESHURUN



RABBIS:
J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol
HAZZAN & MUSIC DIRECTOR: Ari Priven
BJ RABBINIC FELLOWS: Jonah Geffen • Adam Roffman
CANTORIAL INTERN: Shoshi Rosenbaum

LEKH LEKHA

TORAH: ANNUAL TRIENNIAL Genesis 12:1 - 17:27
Genesis 16:1 - 17:27
1: 16:1 - 16:6
2: 16:7 - 16:9
3: 16:10 - 16:16
4: 17:1 - 17:6
5: 17:07 - 17:17
6: 17:18 - 17:23
7: 17:24 - 17:27
Maftir: 17:24 - 17:27

HAFTARAH Isaiah 40:27 - 41:16

NEXT WEEK: VAYERA

TORAH: ANNUAL TRIENNIAL Genesis 18:1 - 22:24
Genesis 21:1 - 22:24
HAFTARAH II Kings 4:1 - 23

October 26-November 2, 2012

10-17 Heshvan, 5773

FRIDAY, OCTOBER 26

Kabbalat Shabbat Service 6:30 PM – 88th St. Sanctuary
New Member Shabbat Dinner Following Services – 88th St. Frankel Hall

SATURDAY, OCTOBER 27

Shabbat Morning Services 9:30 AM – 86th St. Sanctuary
Bat Mitzvah Sabina Sternklar-Davis
Speaker Gidi Grinstein, President, Re'ut Institute
Children's Services 10:45 AM – 86th St. Chapel and Parlor
Children's Kiddush Following Services – 86th St. Parlor
Community Kiddush Following Services – 86th St. Social Hall

SUNDAY, OCTOBER 28

Habitat for Humanity Workday 9:00 AM – 4:30 PM
Morning Minyan 9:30 AM – 88th St.
Hanukkah Children's Chorus 9:30 AM – 88th St. Frankel Hall

MONDAY, OCTOBER 29

Morning Minyan 7:30 AM – 88th St.
BJ Hebrew School 4:00-6:00 PM
Limud: Introduction to Judaism 7:00 PM – BJ Office (SEE P.3)

TUESDAY, OCTOBER 30

Morning Minyan 7:30 AM – 88th St.
Limud: Great Jews and Their Writings 8:30 AM – 88th St. (SEE P.3)
Limud: Service of the Heart: A Study of Maimonides' Laws of Prayer 6:30 PM – 88th St. (SEE P.3)

WEDNESDAY, OCTOBER 31

Morning Minyan 7:30 AM – 88th St.
Interfaith Committee Presents
Father Michael Lapsley 7:00 PM – 88th St. (SEE P.2)

THURSDAY, NOVEMBER 1

Morning Minyan 7:30 AM – 88th St.
Judith Bernstein Lunch Program 12:00 PM – 88th St. Frankel Hall
Limud: Stories of the Talmudic Rabbis 12:30 PM (SEE P.3)
BJ Hebrew School 4:00-6:00 PM
BJHS Back to School Night 7:00 PM – 88th St.
Limud: Contemplative Practice Classes: Creating Space for Quiet 7:00 PM – 89th St. Chapel (SEE P.2)
Limud: Davening 101 7:00 PM – BJ Office (SEE P.3)

FRIDAY, NOVEMBER 2

Morning Minyan 7:30 AM – 88th St.
Bim Bam 9:15, 10:15, and 11:15 AM – 88th St. Frankel Hall

! SOCIAL ACTION/SOCIAL JUSTICE OPPORTUNITIES OF THE WEEK

• Explorations in Caregiving and Care Receiving—Part 3 Workshop 3: Aging Wisely Education Series

Tuesday, November 13, 7:00-9:00PM, 88th Street:
Join us for round table discussions to address the complexities and changing nature of being a caregiver for family members and/or friends. We will hear from BJ members about their personal experiences with caregiving and receiving. This is a wonderful opportunity to come together, share our stories, hear from others, and work through our questions and challenges as a community. Doors will open at 6:30. Register for the workshop at www.bj.org/aging3.

Ana Bekhoah

אָנאַ בֶּכְחַ גְּדֻלַּת יְמִינְךָ תַּתִּיר צְרוּרָה.
קִבֵּל רִנַּת עַמְּךָ, שְׂגִבְנוּ טַהֲרָנוּ נוֹרָא.

Ana bekhoah gedulat yeminkha tatir tzerura
Kabel rinat amekha sagevenu taharenu nora

To register for classes and events, please visit www.bj.org.

SYNAGOGUE: 257 W. 88th St. • OFFICE: 2109 Broadway (Ansonia), Suite 203, New York, NY 10023 • TEL: 212.787.7600 • FAX: 212.496.7600 • WEBSITE: www.bj.org BJ

BJ's Ner Tamid at 88th St. is powered by the light of the sun.

ANNOUNCEMENTS

HA-MAKOM YENAH'EM

The community of B'nai Jeshurun mourns the death of our beloved member, Martin Igel, and we extend our sincere condolences to his wife Halina Igel and their entire family.

The community of B'nai Jeshurun extends our sincere condolences to Carol Silberfeld and her entire family on the death of her father, Albert Silberfeld.

MAZAL TOV

To the following members and their families:

- Sabina Sternklar-Davis, her parents Sarah Sternklar and Marvin Davis, and her brother Benjamin on Sabina becoming a Bat Mitzvah.
- Jordana Horn Gordon, Jon Gordon, Zev Marinoff, Rami Marinoff, and Gabriella Gordon on the birth of their daughter and sister, Orli Rachel Gordon.

• Julia Kirsh, her parents Rona Kirsh Davis and Phillip Kirsh and Fred Davis, and her siblings Jonathan and Talia Kirsh and Austin and Charlie Davis on Julia becoming a Bat Mitzvah.

TODAH RABBAH

- This week's Community Kiddush and flowers for the bimah are sponsored by Sarah Sternklar and Marvin Davis in honor of their daughter, Sabina, becoming a Bat Mitzvah.
- This week's Children's Kiddush is sponsored by Julie and Josh Penzner in honor of the 98th birthday of Joshua's grandfather, Mike Marcus.

B'RUKHIM HABA-IM

- New members who are attending the New Member Shabbat Dinner.
- Rabbi Sam Weinstein and Confirmation Class, Temple Shomer Emunim, Sylvania, Ohio.
- Rabbi Josh Brown and 9th Grade Class, Temple Israel, Omaha, Nebraska.
- Larry Kligman and students from Heschel Day School, Northridge, California.

COMMUNITY ACTIVITIES

• Interfaith Committee Presents Father Michael Lapsley

Wednesday, October 31, 7:00-8:30PM, 88th Street: The Interfaith Committee welcomes the whole community to join us for a dialogue and interfaith text study with Father Michael Lapsley of the Institute for Healing of Memories. An Anglican priest who was active in the struggle against apartheid in South Africa, Father Lapsley lost both hands and an eye opening a letter bomb in 1990. He will share his courageous tale and inspiring efforts as well as highlights from his book *Redeeming the Past: My Journey from Freedom Fighter to Healer*. R.S.V.P. to Belinda Lasky at blasky@bj.org.

• Hakhanah laTefillah: Preparing for Prayer

Saturdays (November 3, November 24, December 8 and December 22), 8:45-9:20AM, 86th Street Chapel: Please join Rabbi Roly Matalon to prepare the soul and open the heart for Shabbat morning prayers through the singing of piyutim and reflections on kavannah.

• Special Needs Havdalah Service

Saturday, November 3, 5:45-7:00PM, 88th Street: Join BJ spiritual leaders and musicians for an interactive, warm, and inviting musical Havdalah service that will include Sam Antar becoming a Bar Mitzvah. As a demonstration of our commitment to inclusion, this will be an accessible Havdalah service, sensitive to children and young adults with physical and intellectual disabilities. Everyone is welcome, including members and non-members. R.S.V.P. is essential, as we will provide preparatory materials in advance. Please contact Hilary Schumer at hschumer@bj.org or R.S.V.P. or with any questions.

• Hebrew Marathon

Sunday, November 4, 9:00AM-1:00PM, location given upon R.S.V.P.: Want to feel more comfortable in the prayer service but feel inhibited because you can't read Hebrew? Have you been meaning to learn the language but somehow never seemed to have the time? This unique seminar is perfect for you. Come for an intensive Hebrew marathon with teacher Michal Nachmany that will leave you wanting more. Learn the letters and vowels, and by the end of the day you will be reading Hebrew. Cost: \$60 for members. Registration required at www.bj.org.

• Something New: Yozma Shabbat Dinner for 35-55s

Friday, November 9, 8:00PM, 88th Street Frankel Hall: You've been hearing about the "Yet To Be Named" group for 35-55s... we now have a name! Please join us for a dinner to mark the official launch of Yozma (meaning "new initiative," something different and exciting). Share Shabbat with friends new and old as we celebrate this season of transition and Thanksgiving. Cost: \$36 members/\$46 non-members. Register at www.bj.org by Monday, November 5.

• Book Reading and Discussion with Ellen Schecter— *Fierce Joy: A Memoir*

Saturday, November 10, 1:00PM, 86th Street Chapel: Join the BJ Book Group in a discussion with BJ member Ellen Schecter, author of *Fierce Joy: A Memoir*, a medical mystery, a spiritual adventure, and a love story.

CONTEMPLATIVE PRACTICE AT BJ

• Qigong Workshop

Sunday, December 2, 9:00AM-1:30PM, 88th Street: The BJ Contemplative Hevra and Rabbi Marcelo Bronstein invite you to an introduction to Qigong, an ancient Chinese healing art that involves easy physical movements, gentle breathing and a relaxed meditative state of mind with Master Anthony Korahais, the director of the Flowing Zen Center in Florida. We'll start and end with Jewish meditation. Please arrive on time and wear comfortable clothing. There will be snacks available. Registration is required at www.bj.org. Contact Naomi at ngoodhart@bj.org with questions.

• Contemplative Living Rooms

Mondays (November 12, December 10, January 14, February 11, March 11, April 8 and May 13), 7:00-8:30PM, at members' homes: There will be a contemplative Arvit service on the second Monday of the month starting November 12 with Rabbis Marcelo Bronstein and Rachel Cowan. Registration is first come, first served. Location will be given upon registration at ngoodhart@bj.org.

• Contemplative Practice Classes: Creating Space for Quiet Rabbis Rachel Cowan and Marcelo Bronstein

5 Thursdays (remaining classes November 8, 15, 29, December 6, 13), 7:00-9:00PM, 89th St. Chapel: At the core of many religions is a contemplative practice involving meditation, reflection, deep listening and cultivation of loving-kindness, compassion, truthfulness and clarity. BJ has been in the forefront of renewing this tradition in the synagogue setting. This class combines regular practice for experienced meditators with instruction suitable for beginners. Free: registration required at www.bj.org.

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COMMUNITY ACTIVITIES *(continued from page 2)*

When Ellen was diagnosed with a rare, potentially fatal disease, she lost the career she loved, found her way to BJ, and rediscovered her soul.

Co-sponsored with Bikkur Holim.

• **Eat. Pray. Schmooze.**

Havdalah Event for B'nai Jeshurun Members 35-55

Saturday, November 17, 5:00-7:00PM, 88th Street Frankel Hall: Please join us for Havdalah services and light refreshments. This is a wonderful opportunity to spend time with old and new friends. Catered snacks will be provided. Open to BJ members only. R.S.V.P. at www.bj.org is required by Wednesday, November 14.

• **Thanksgiving Package Delivery with Dorot and the 35-55s**

Sunday, November 18, 10:00AM-1:00PM, meet at Congregation Rodeph Sholom, 7 West 83rd Street, 5th floor: Visit seniors in their homes and bring a gift package of traditional foods and holiday items. Volunteers will travel in groups of 2-3 to individual senior homes on the Upper West Side and Upper East Side. R.S.V.P. at www.bj.org by Friday, November 9.

• **Mekusharim Book Swap: Bring a Book/Browse a Book/Take a Book**

Sunday, November 18, 11:00AM, 88th Street: Bring up to three gently used books you loved; no textbooks. Browse and take home as many as you donated. It's a simple, eco-friendly way to replenish your library and meet fellow book-lovers. Refreshments, socializing, and even a prize. Open to the entire BJ community! R.S.V.P. encouraged to Belinda Lasky at blasky@bj.org.

CREATING KEHILLAH

YOUTH AND FAMILY EDUCATION

• **Deadlines Approaching for the Domestic and International Service Learning Trips**

BJ teens are invited to apply for our Domestic and International Service Learning Trips. Teens in eighth and ninth grade will engage in community service projects in New Orleans over Martin Luther King, Jr. weekend, while teens in tenth, eleventh, and twelfth grades will spend Presidents' Week in Israel, where they will do service work with the local Israeli community. Apply for the Domestic Service Trip using our online application. Email Kristen at kkersey@bj.org for links to both applications. The deadline to apply for the Domestic Service Learning Trip is Friday, October 19, and the deadline for the International Service Learning Trip is Monday, October 29.

• **Hanukkah Children's Chorus**

Sundays, October 28-December 9, 9:30-10:30AM and 10:30-12:00PM, 88th Street Frankel Hall: Children in grades K-5 are invited to participate in a new Hanukkah program led by musician and Purim Spiel composer Jerry Korman. Children will attend weekly Sunday rehearsals (grades K-2, 9:30-10:30AM; grades 3-5, 10:30-12:00PM) leading up to multiple performances for the BJ community the week of December 9. No audition necessary; all are welcome! For more details, email Kristen at kkersey@bj.org.

• **4th Grade B'nai Mitzvah Parent Orientation Meeting**

Wednesday, November 7, 7:00PM, 88th Street: Parents of children in 4th grade, or whose birthdates fall between September 2002 and December 2003, are invited to an informational meeting that will detail each step of the B'nai Mitzvah planning process. Though this meeting is optional,

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UPCOMING LIMUD Please visit www.bj.org for more information and to register.

• **Service of the Heart: A Study of Maimonides' Laws of Prayer** Rabbi J. Rolando Matalon

Part I, 3 Tuesdays (remaining class October 30)

Part II, 4 Tuesdays (November 27, December 4, 11, 18)

6:30-8:00PM, 88th Street Sanctuary: We will examine the Rambam's approach to prayer in his legal code Mishneh Torah—The Book Of Love (*Sefer Ahavah*) and his invaluable teachings about the development of Jewish prayer, including: prayer as fulfillment of the commandments to serve God and to love God; the role of kavannah; what is the place of contemplation?; how can we reconcile spontaneous prayer and mandatory prayer?; can we petition God?; can prayer shape our character and influence our actions? Free of charge; registration required at www.bj.org.

• **Stories of the Talmudic Rabbis** Rabbi J. Rolando Matalon

Part I, 3 Thursdays (remaining class November 1)

Part II, 4 Thursdays (November 29, December 6, 13, 20),

12:30-1:30PM Lunch and Learn (please bring your own lunch), Midtown location: We will study stories that reflect the concerns and struggles, fears and fantasies, even the dark side of our Talmudic sages. No knowledge of Hebrew required. Registration for this class is now closed.

• **Introduction to Judaism** Adam Roffman, BJ Rabbinic Fellow

Mondays (through May 13), 7:00-9:00PM, BJ Office, Conference Room:

This course offers an overview of the core beliefs, practices, and history of Judaism and the Jewish people. We hope to deepen the understanding of those just beginning to explore Jewish life as well as of those who would like to participate more fully in the life of the Jewish community. No prior knowledge or experience necessary. Registration for this class is now closed.

• **Great Jews and Their Writings** Rabbi Hillel Friedman

Tuesdays (through June 11), 8:30AM, 88th St. Sanctuary: We will study the lives and works of Jews from different periods of our history, and examine their contributions to our understanding of Judaism today. Rabbi Hillel Friedman, a longtime member of our community, has been teaching adult courses at BJ for the past nine years. Registration required: members \$100/non-members \$150 at www.bj.org.

• **Davening 101** Jonah Geffen, BJ Rabbinic Fellow

Thursdays (through May 30), 7:00-8:30PM, BJ Office, Conference Room: The siddur is the guidebook of tefillah, and though central to our practice of prayer, the siddur is all too often difficult or impossible to access. Its structure is a mystery, its words foreign, its relevance to our own experience unclear. And yet, it is entirely knowable. Together we will explore the deep meaning of the words of our people's prayers, gain greater understanding of the structure of services, and learn the techniques and choreography of tefillah. Registration encouraged at www.bj.org.

WELCOME TO B'NAI JESHURUN!

• **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our fair share dues system ensures no one will be turned away based on financial reasons. For more information, contact Lisa Friedman, Membership Associate, at x250 or lfriedman@bj.org.

• **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.

• **Scent-Free Policy at Services:** In consideration of the many people who have adverse respiratory reactions to the smells of perfume, cologne, and other chemicals, please refrain from wearing perfume or strong cologne to services.

• **Assistive Listening Devices for Services at BJ** are available during services at both 88th and 86th Streets. Ask an usher if you need one and please return the device when you leave.

• **Expand Your Social and Professional Network on LinkedIn and Facebook!** Hundreds of BJ members connect with each other through LinkedIn and Facebook. Become a member of the private "B'nai Jeshurun - New York City" LinkedIn group and benefit from your connection to this large community. You can share your professional information, post jobs, and be part of ongoing discussions. "Like" BJ's Facebook page, "B'nai Jeshurun NYC," and stay up-to-date with what's happening in the community.

JOIN US AT THE BJ MORNING MINYAN: Find current Morning Minyan information at www.bj.org/minyan. To receive a weekly minyan schedule by email, contact Ari Priven at apriven@bj.org.

CREATING KEHILLAH (continued from page 3)

we highly encourage all parents to attend. There will an opportunity to ask questions. Date applications (which will be received in the mail along with date/service selection information) may be turned in at that time. For more information contact Arlene Brandon at abrandon@bj.org or x223.

TZE'IRIM: 20s/30s

• Tze'irim Cooks for the Shelter

Monday, October 29, 6:00-7:30PM, 88th Street Kitchen: Join us as we make dinner for the BJ/SPSA Homeless Shelter. We'll meet at 6:00PM downstairs in the kitchen (88th Street between Broadway and West End). As usual, there is a suggested donation to help cover the cost of groceries (\$6-10), and no cooking experience is necessary. R.S.V.P. by Sunday, October 28 at www.bj.org/tzeirim.

• Tze'irim's First Catered Shabbat Dinner of 5773

Friday, November 16, 8:00PM, 88th Street Frankel Hall: Looking to have Friday night Shabbat dinner with 75-100 of your closest friends? Join Tze'irim for our first catered kosher meal of the new year. Bring your friends or come to make new ones. Either way, you do not want to miss

YASHER KOAH

Yasher Koah: A column running at the end of each month highlighting a BJ member's recent achievement.



Yasher Koah Judith Trachtenberg and Renie Rutchick!

When Judith Trachtenberg and Renie Rutchick met at a conference 23 years ago, marriage wasn't considered; it simply wasn't an option. However, as they lobbied in Albany with the Marriage Equality Hevra, Judith and Renie thought maybe they should get married. Soon after marriage equality passed last June, plans began. The date

was chosen, the venue secured, the ketubah created, poems for vows were selected, and on July 1, 2012, in front of friends and family, Judith and Renie became the first same-sex couple to be married by a BJ rabbi after the passing of marriage equality. "It was a perfect wedding" with Renie in a gold silk dress and Judith in an off-white pantsuit with gold blouse. The first dance set the tone for the evening, as the brides showed off their dancing skills to "The Best is Yet to Come," and then welcomed the guests for three more hours of dancing. The decision to have a wedding, rather than going to city hall, was easy for Judith and Renie—they wanted to make a public statement, to say thank you to everyone who has supported them and the fight for marriage equality, and also to acknowledge that there is more work to be done. Those missions were accomplished; for Judith, her wedding day was "the most special day of my life," and for Renie, "it was just perfect." Judith and Renie not only made history at BJ. An inscribed kippah from their wedding is the first artifact from a same-sex marriage to become part of the collection of the Museum of Jewish Heritage—A Living Memorial to the Holocaust. And as for the most often asked question, Renie and Judith's family is complete as is, with no plans for children in the future!

If you know a BJ member who deserves a yasher koah, email Sue Daniels at bd4fan@gmail.com.

this event. Seating is limited. Cost for BJ members is \$29 and cost for non-members is \$39. Registration is now open at www.bj.org/tzeirim.

INTERFAITH

• Interfaith Storytelling Feast

Sunday, November 11, 5:00-7:30PM, 86th Street Social Hall: We'll join our Christian and Muslim friends to hear storytellers from our traditions and write stories together over a vegetarian potluck dinner. Space is limited and preregistration required; priority given to BJ members. R.S.V.P. by Sunday, October 28 to storyfeast@earthlink.net (preferred) or x379. Please provide all names and your phone number. There is no charge. Registration is not complete until you receive confirmation.

EVENTS OF INTEREST

• Yitzhak Rabin 17th Memorial Ceremony

Saturday, November 3, 3:00-5:00PM, The JCC in Manhattan, 334 Amsterdam Avenue: Hashomer Hatzair, (Zionist Youth Movement) invites you to an educational activity for kids and a conversation with Dr. Anat Maor, former Meretz Knesset Member and current lecturer at NYU, for adults at 3:00PM followed by the Memorial Ceremony at 4:00PM.

Please visit BJ online at www.bj.org for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events
ASL Interpreter available upon request.

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