

קול ישראל

KOL JESHURUN

B'nai
Jeshurun
בני ישראל

RABBIS:

J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

HAZZAN & MUSIC DIRECTOR: Ari Priven

BJ RABBINIC FELLOWS: Jonah Geffen • Adam Roffman

CANTORIAL INTERN: Shoshi Rosenbaum

SHABBAT HOL HAMO'ED SUKKOT

TORAH	Exodus 33:12 - 34:26
	1: 33:12 - 33:16
	2: 33:17 - 33:19
	3: 33:20 - 33:23
	4: 34:01 - 34:03
	5: 34:04 - 34:10
	6: 34:11 - 34:17
	7: 34:18 - 34:26
	Maftir: Numbers 29:26 - 31
HAFTARAH	Ezekiel 38:18 - 39:16

NEXT WEEK: BERESHIT

TORAH: ANNUAL	Genesis 1:1 - 6:8
TRIENNIAL	Genesis 5:1 - 6:8
HAFTARAH	Isaiah 42:5 - 21

October 5-12, 2012

FRIDAY, OCTOBER 5

Tot Shabbat and Dinner
Kabbalat Shabbat Service

SATURDAY, OCTOBER 6

Shabbat Morning Services
Junior Congregation
Children's Services
Community Kiddush
BJ Sings Havurah

SUNDAY, OCTOBER 7

Services
Hoshanah Rabbah Brunch

Shemini Atzeret Evening Service

MONDAY, OCTOBER 8

BJ OFFICE CLOSED

Morning Services
Children's Services
BJ Hebrew School

Simhat Torah Family Evening Service

Simhat Torah Adult Evening Service

TUESDAY, OCTOBER 9

BJ OFFICE CLOSED

Morning Services
Community Brunch

WEDNESDAY, OCTOBER 10

Morning Minyan

THURSDAY, OCTOBER 11

Morning Minyan
Judith Bernstein Lunch Program
BJ Hebrew School

FRIDAY, OCTOBER 12

Morning Minyan
Bim Bam

19-26 Tishrei, 5773

HOL HAMO'ED SUKKOT

5:15 PM - 88th St. Sanctuary
6:30 PM - 88th St. Sanctuary

SHABBAT HOL HAMO'ED SUKKOT

9:30 AM - 86th St. Sanctuary
10:30 AM - 86th St. Social Hall
10:45 AM - 86th St. Chapel and Parlor
Following Services - 86th St. Sukkah
1:30 PM - 86th St. Sukkah

HOSHANAH RABBAH

9:30 AM - 88th St.
Following Services - 88th St. Frankel Hall

6:30 PM - 88th St.

SHEMINI ATZERET (YIZKOR)

9:30 AM - 88th St.
10:45 AM - 88th St. Frankel Hall
Closed today

6:00 PM - 88th St.

7:00 PM - 88th St.

SIMHAT TORAH

9:30 AM - 88th St.
Following Services - 88th St. Frankel Hall

7:30 AM - 88th St.

7:30 AM - 88th St.
12:00 PM - 88th St. Frankel Hall
4:00-6:00 PM

7:30 AM - 88th St.
9:15, 10:15, and 11:15 AM -
88th St. Frankel Hall



FALL SERVICE SCHEDULE

PLEASE NOTE CHANGE OF TIME! Beginning Friday, October 5, the Kabbalat Shabbat service will start at 6:30PM.



SOCIAL ACTION/SOCIAL JUSTICE OPPORTUNITY OF THE WEEK

• Join BJ in Volunteering with Habitat for Humanity
Sunday, October 28, 9:15AM-4:30PM, 830 Jefferson Avenue, Brooklyn: We have been invited to join Habitat for Humanity in rehabbing eight green, affordable condominiums for families in a four-story walk up building. This project is part of Habitat-NYC's 100 Homes in Brooklyn initiative to improve an iconic neighborhood through both new construction and rehabilitation of affordable homes. It is the perfect opportunity to bring a friend and get your hands dirty for a great cause. For more information or to sign up, contact Larissa at lwohl@bj.org or call x272.

•Simhat Torah

Tuesday, October 9, 9:30AM, 88th Street: The blessing of Simhat Torah Kallah (bride) and Hatan (groom) are bestowed upon two exceptional members of the BJ community. This year, we celebrate two members who exemplify varied areas of the BJ spectrum. Nancy Wolkenberg Greenblatt is this year's Kallat Torah. She will have the honor of receiving the aliyah of the completion of the Torah on Simhat Torah morning while Hatan Bereshit, Jeremy Hamburg, will have the honor of receiving the aliyah as we start the cycle again.

To register for classes and events, please visit www.bj.org.

SYNAGOGUE: 257 W. 88th St. • OFFICE: 2109 Broadway (Ansonia), Suite 203, New York, NY 10023 • TEL: 212.787.7600 • FAX: 212.496.7600 • WEBSITE: www.bj.org BJ

BJ's Ner Tamid at 88th St. is powered by the light of the sun.

ANNOUNCEMENTS

HA-MAKOM YENAHĒM

The community of B'nai Jeshurun mourns the death of our beloved member Linda Frankel, and we extend our sincere condolences to her entire family.

B'RUKHIM HABA-IM

Muriel Schlefstein and women from the Brandeis National Council of Staten Island.

COMMUNITY ACTIVITIES

• BJ Sings in the Sukkah

Saturday, October 6, 1:30-3:00PM, 86th Street Sukkah: If you've ever thought about extending your Shabbat observance with Jewish music, then BJ Sings is for you. If you've ever felt frustrated because you don't know some of the melodies used at BJ, then BJ Sings is for you. If you've ever wanted to meet other BJ members individually, then BJ Sings is for you. This year we will meet monthly to sing together. Please join us in the sukkah after lunch for our first session.

• All Aboard for a Mekusharim Doubleheader

Wednesday, October 17, 6:30PM, 88th Street Sanctuary: Begin the journey with wine and cheese and at 7:00PM we will learn the inside story of the rebirth of the High Line and about its impact and plans for expansion northward from BJ member David Karnovsky, general counsel to the New York City Department of City Planning and the City Planning Commission, who helped make it happen. Registration encouraged at www.bj.org.
Sunday, October 21, 11:00AM, meeting location given with registration: A guided tour of the High Line and optional Sunday brunch at The Park (118 10th Avenue). Rain or shine. Registration required at www.bj.org.

• New Member Shabbat Dinner

Friday, October 26, following the 6:30PM service, 88th Street: If you are a new member, experience the joy and warmth of Shabbat with us at BJ! Meet other new members who will later join you at the New Member Orientation Program. R.S.V.P. to Lisa at lfriedman@bj.org.

• YTBN Shabbat Dinner

Friday, November 9, following the 6:30PM service, 88th Street Frankel Hall: Save the date for a special Shabbat dinner for the 35-55 group. Stay tuned for more details.

• BJ Contemplative Retreat In Nature—Costa Rica, January, 2013

Sunday, January 20-Sunday, January, 28, Costa Rica: During a week of simple living in the rich ecology of the Costa Rican rain forest we will explore Jewish Contemplative Practice as a way to connect more deeply with our soul, our truest values, and with God and God's creation. Each day we will pray, meditate, set a kavanah (intention), follow integrative body movement practices and experience nature. This retreat is being led by Rabbi Marcelo Bronstein, Rabbi Rachel Cowan, Sol Gonzalez and local nature guides. Learn more and apply at www.bj.org/costarica.

Sukkah at 86th St. Open to the Community:

Friday, October 5	12:00-2:00PM
Saturday, October 6	4:00-9:00PM
Sunday, October 7	12:00-2:00PM

CREATING KEHILLAH

SOCIAL ACTION/SOCIAL JUSTICE

• Mitzvah In Your Sleep: Become a Shelter Sleepover Volunteer

Sunday-Thursday, 9:00PM-7:00AM, 88th Street Frankel Hall or 86th Street Social Hall: Homelessness is on the rise in NYC and now, more than ever, we need to be supporting those in our community who do not have a safe place to sleep. As we enter the High Holy Days, what better way to start anew than by volunteering our time. This is a great opportunity to fulfill the mitzvah of providing hospitality with dignity, all while sleeping through the night. To volunteer or learn more, please contact Larissa at lwohl@bj.org or call x272.

YOUTH AND FAMILY EDUCATION

• October Tot Shabbat and Dinner

Friday, October 5, 5:15PM, 88th Street: Families will enjoy a kid-friendly Kabbalat Shabbat service filled with singing and dancing. Services begin at 5:15PM in the main sanctuary, followed by a dinner at 5:45PM downstairs in Frankel Hall complete with Shabbat blessings and songs. Dinner will include delicious choices for adults as well as children, and vegetarian options will be available; dietary laws observed. While adults are finishing their meal, teen volunteers will engage children in games and more songs! Register online at www.bj.org by Wednesday, October 3, and contact Kristen Kersey at kkersey@bj.org with any questions or specific dietary requests.

• Bim Bam's Sukkah Breakfast

Sunday, October 7, 10:00-10:45AM, BJ Sukkah at 86th Street: Children aged three and under and their families are invited to the BJ Sukkah to

sing, dance, socialize, and eat a late breakfast as we read the PJ Library book *Sadie's Breakfast in the Sukkah*. This special Sukkot Bim Bam event is open to all of our Bim Bammers and youngest BJ members and will be led by an experienced musician. Cost is \$18 per family and space is limited. Please register online at www.bj.org and contact Emily at ewalsh@bj.org with questions.

• Shemini Atzeret Children's Services

Monday, October 8, 10:45AM-12:00PM, 88th Street Frankel Hall: Families with children ages 6 and younger can celebrate the beginning and end of Sukkot at this dynamic service will be filled with singing, dancing, and Torah reading.

• Simhat Torah Family Service

Monday, October 8, 6:00-7:30PM, 88th Street: Bring your flags and stuffed Torah, and be ready to dance with the Torah! Families with children ages 12 and younger will celebrate the end of the Torah being read by singing and dancing. Young musicians will play as the BJ Rabbis and Educators lead the seven hakafot (marches).

• 6th Grade Family Retreat

Friday, October 19-Sunday, October 21, Isabella Freedman Retreat Center: A generous donation has made it possible to subsidize this retreat for each child and one parent at a cost of \$325. Siblings and parents (not already included in the Reach For Shabbat Hebrew School Retreat) can attend for an additional cost per person. Register online at www.bj.org. Families will join the Hebrew School for services, meals and other pro-

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grams in addition to programs and rituals only for 6th grade families. Contact Emily at ewalsh@bj.org with questions.

TZE'IRIM: 20s/30s

• **Tze'irim at Hoshanah Rabbah**

Sunday, October 7, 9:00AM, 88th Street: Hoshanah Rabbah is one of the lesser known but by no means less interesting Jewish practices during the fall holiday season. Tze'irim would like to take advantage of the more palatable hour and increase the representation of 20s and 30s. The service will feature prayer, song, shofar blowing, and a lot of leaves on the floor. Participants are asked to bring shofars and lulav/etrog sets if they have them. The service will be followed by a free brunch.

INTERFAITH

• **Interfaith Committee Presents Father Michael Lapsley**

Wednesday, October 31, 7:00-8:30PM, 88th Street: The Interfaith Committee welcomes you to join us for a dialogue and interfaith text study with Father Michael Lapsley of the Institute for Healing of

Memories. An Anglican priest who was active in the struggle against apartheid in South Africa, Father Lapsley lost both hands and an eye opening a letter bomb in 1990. He will share his courageous tale and inspiring efforts as well as highlights from his book *Redeeming the Past: My Journey from Freedom Fighter to Healer*. R.S.V.P. to Belinda Lasky at blasky@bj.org.

EVENTS OF INTEREST

• **REPAIR: Tikkun Olam Festival of Performance**

Wednesday, October 31, 7:00-8:30PM, The JCC in Manhattan, 334 Amsterdam Avenue at 76 Street: Join us at the REPAIR Salon, part of the first annual REPAIR Festival dedicated to presenting new theater, music, and dance by artists whose goal is to build community by drawing on the Jewish value of Tikkun Olam. It's a night to share songs, music and stories—not as our audience but as our guests. Neither a performance nor a Shabbat service, the salon is a time set aside to repair the world, together. Refreshments will be served. R.S.V.P. to Larissa at lwohl@bj.org.

UPCOMING LIMUD Please visit www.bj.org for more information and to register.

• **Introduction to Judaism**

Adam Roffman, BJ Rabbinic Fellow

Mondays (October 15-May 13), 7:00-9:00PM, BJ Office, Conference Room: This course offers an overview of the core beliefs, practices, and history of Judaism and the Jewish people. We hope to deepen the understanding of those just beginning to explore Jewish life as well as of those who would like to participate more fully in the life of the Jewish community. No prior knowledge or experience necessary. Registration required at www.bj.org. Cost: individuals \$420/\$636, couples \$630/\$945.

• **Great Jews and Their Writings**

Rabbi Hillel Friedman

Tuesdays (October 16-June 11), 8:30AM, 88th St. Sanctuary: We will study the lives and works of Jews from different periods of our history, and examine their contributions to our understanding of Judaism today. Rabbi Hillel Friedman, a longtime member of our community, has been teaching adult courses at BJ for the past nine years. Registration required: members \$100/non-members \$150 at www.bj.org.

• **Service of the Heart: A Study of Maimonides' Laws of Prayer**

Rabbi J. Rolando Matalon

Part I, 3 Tuesdays (October 16, 23, 30)

Part II, 4 Tuesdays (November 27, December 4, 11, 18)

6:30-8:00PM, 88th Street Sanctuary: We will examine the Rambam's approach to prayer in his legal code Mishneh Torah—The Book Of Love (*Sefer Ahavah*) and his invaluable teachings about the development of Jewish prayer, including: prayer as fulfillment of the commandments to serve God and to love God; the role of kavannah; what is the place of contemplation?; how can we reconcile spontaneous prayer and mandatory prayer?; can we petition God?; can prayer shape our character and influence our actions? Free of charge; registration required at www.bj.org.

• **Stories of the Talmudic Rabbis**

Rabbi J. Rolando Matalon

Part I, 3 Thursdays (October 18, 25, November 1)

Part II, 4 Thursdays (November 29, December 6, 13, 20), 12:30-1:30PM Lunch and Learn (please bring your own lunch), Midtown location provided upon registration: We will study stories that reflect the concerns and struggles, fears and fantasies, even the dark side of our Talmudic sages. We will attempt to look at ourselves in the mirror of the Talmud in order to understand and confront our own nature. No knowledge of Hebrew is required. Free of charge; registration required at www.bj.org.

• **Contemplative Practice Classes: Creating Space for Quiet**

Rabbis Rachel Cowan and Marcelo Bronstein

5 Thursdays (October 18, November 8, 15, 29 and December 6),

7:00-9:00PM, 88th St. Sanctuary: At the core of many religions is a contemplative practice involving meditation, reflection, deep listening and cultivation of loving-kindness, compassion, truthfulness and clarity. BJ has been in the forefront of renewing this tradition in the synagogue setting. This class combines regular practice for experienced meditators with instruction suitable for beginners. Free: registration required at www.bj.org.

• **Davening 101**

Jonah Geffen, BJ Rabbinic Fellow

Thursdays (October 18-May 30), 7:00-8:30PM, BJ Office, Conference

Room: The siddur is the guidebook of tefillah, and though central to our practice of prayer, the siddur is all too often difficult or impossible to access. Its structure is a mystery, its words foreign, its relevance to our own experience unclear. And yet, it is entirely knowable. Together we will explore the deep meaning of the words of our people's prayers, gain greater understanding of the structure of services, and learn the techniques and choreography of tefillah. Registration encouraged at www.bj.org.

• **Membership at B'nai Jeshurun:** We invite you to become a member of our living, thriving community. The simple act of joining BJ is transformative. It is an acknowledgement that BJ is your community, its rabbis are your rabbis, and its sanctuary is your space. Our fair share dues system ensures no one will be turned away based on financial reasons. For more information, contact Lisa Friedman, Membership Associate, at x250 or lfriedman@bj.org.

• **A Note From the Ushers:** To prepare for the comfort and security of all, doors open 30 minutes before services begin. Both kippot and tallitot are available in the back of the Sanctuary. Photography, cell phone use, writing and food are not permitted in the Sanctuary. Damaged books may be brought to the back of the Sanctuary.

• **Scent-Free Policy at Services:** In consideration of the many people who have adverse respiratory reactions to the smells of perfume, cologne, and other chemicals, please refrain from wearing perfume or strong cologne to services.

• **Assistive Listening Devices for Services at BJ** are available during services at both 88th and 86th Streets. Ask an usher if you need one and please return the device when you leave.

• **Expand Your Social and Professional Network on LinkedIn and Facebook!** Hundreds of BJ members connect with each other through LinkedIn and Facebook. Become a member of the private "B'nai Jeshurun - New York City" LinkedIn group and benefit from your connection to this large community. You can share your professional information, post jobs, and be part of ongoing discussions. "Like" BJ's Facebook page, "B'nai Jeshurun NYC," and stay up-to-date with what's happening in the community.

JOIN US AT THE BJ MORNING MINYAN: Find current Morning Minyan information at www.bj.org/minyan. To receive a weekly minyan schedule by email, contact Ari Priven at apriven@bj.org.

Ana Bekhoah

Ana bekhoah gedulat yeminkha tatir tzerura
Kabel rinat amekha sagevenu taharenu nora
Na gibor dorshei yehudkha kevavat shomrem
Barkhem taharem rahamei tzidkatkha tamid gomlem
Hasin kadosh berov tuvekha nahel adatekha
Yahid ge-e le'amekha pene zokhrei kedushatekha
Shav'atenu kabel ushma tza'akatenu yode'a ta'alumot

Barukh shem kevod malkhuto le'olam va'ed

אָנאַ בִּכְחַ גְּדֻלַּת יְמִינְךָ תִּתִּיר צְרוּרָה.
קִבֵּל רִנַּת עַמְּךָ, שְׂגִבְנוּ טְהוּרָנוּ נוֹרָא.
נָא גִבּוֹר, דּוֹרְשֵׁי יְהוּדָךָ, כִּבְבַת שְׁמֵרָם.
בְּרַכֵּם טְהוּרָם רַחֲמֵי צְדִקְתְּךָ תִּמְיֵד גְּמֻלָּם.
חֲסִין קְדוֹשׁ בְּרוּב טוֹבְךָ נָהַל עֲדָתְךָ.
יְחִיד גָּאֹה לְעַמְּךָ פְּנֵה זֹכְרֵי קְדוּשַׁתְּךָ.
שׁוּעַתְנוּ קִבֵּל וּשְׁמַע צַעֲקוֹתֵנוּ יוֹדֵעַ תַּעֲלוּמוֹת.
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֵד.

Please, with Power
Please, with the power of Your great right hand
free the bound.
Accept the song of Your people, empower us,
make us pure, Awesome One!
Please, Mighty One, the seekers of Your unity,
watch them like the pupil of an eye.
Bless them, make them pure,
have mercy on them; Your justness

bestow upon them always.
Tremendous Holy One, in Your abundant
goodness lead Your community.
Unique One, Exalted One, face Your people
who remember Your holiness.
Accept our prayer, hear our cry,
Knower of secrets.
Blessed is the name
of the Glory of the Kingdom

Hamalakh hago-el oti mikol-ra
yevarekh et-hane'arim veyikare vahem shemi
veshem avotai Avraham veYitzhak
veyidgu larov bekerev ha-aretz.

— Genesis 48:16

הַמַּלְאָךְ הַגָּאֵל אֶתִּי מִכָּל־רָע
יְבָרֵךְ אֶת־הַנְּעָרִים וַיְקַרָּא בְּהֵם שְׁמִי
וַיִּשֶׂם אֲבֹתַי אַבְרָהָם וַיִּצְחָק
וַיְדַגּוּ לְרַב בְּקָרֵב הָאָרֶץ :

The Angel who has redeemed me from all harm
Bless the lads. In them may my name be recalled,
And the names of my fathers Abraham and Isaac,
And may they be teeming multitudes upon the earth.

Please visit BJ online at www.bj.org for more information: Membership at BJ • Class and Event Registration • BJ Publications • Calendar of Events
ASL Interpreter available upon request.

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