



RABBIS

Marshall T. Meyer (1985-1993)
J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

CANTOR & MUSIC DIRECTOR

Ari Priven

MARSHALL T. MEYER RABBINIC FELLOWS

Rabbi Meir Feldman • Rabbi Jessica Zimmerman

August 8 - August 15, 2003

10 Av - 17 Av 5763

FRIDAY, AUGUST 8

Kabbalat Shabbat Service 7:00 PM – 88th St.

SATURDAY, AUGUST 9

Shabbat Service 9:30 AM – 88th St.
Children's Service 10:45 AM – 88th St.
Aliyat Hatan Ve Kallah Bena Medjuck & Gustavo Bruckner

SUNDAY, AUGUST 10

Morning Minyan 9:30 AM – 88th St.

MONDAY, AUGUST 11

Morning Minyan 7:30 AM – 88th St.

TUESDAY, AUGUST 12

Morning Minyan 7:30 AM – 88th St.

WEDNESDAY, AUGUST 13

Morning Minyan 7:30 AM – 88th St.
Kesharim 2:00 PM – 88th St.

THURSDAY, AUGUST 14

Morning Minyan 7:30 AM – 88th St.
Judith Bernstein Lunch Program 12:00 PM – 88th St., Frankel Hall

FRIDAY, AUGUST 15

Morning Minyan 7:30 AM – 88th St.

PARASHAT VA-ETHANAN

SHABBAT NAHAMU

TORAH

ANNUAL Deuteronomy 3:23 - 7:11
TRIENNIAL Deuteronomy 5:1 - 6:25

HAFTARAH

Isaiah 40:1 - 26

NEXT WEEK:

PARASHAT EKEV

TORAH

ANNUAL Deuteronomy 7:12 - 11:25
TRIENNIAL Deuteronomy 9:4 - 10:11

HAFTARAH

Isaiah 49:14 - 51.3

Social Justice Opportunity of the Week

•Hazon 3rd Annual Jewish Environmental Bike Ride

August 15-18, East Hampton to Manhattan: Join the BJ cycling team, The BJ Revolutionaries, in this fantastic opportunity to get great exercise, make new friends and raise money for Jewish environmental causes in the US and Israel. We will ride 110 miles over two days, along a beautiful route by the ocean, with an optional Shabbaton. All ages are welcome and no experience is needed; there are training rides throughout the summer. To register, contact team captains Michael Ekstract and Susan Baer at mekstract@comedycentral.com, or visit www.hazon.org and sign up with the BJ Revolutionaries.

Volunteer To Be An Usher For The Yamim Nora'im

It is traditional at B'nai Jeshurun that members of the community share the responsibilities of ushering at High Holy Day services. Won't you help us carry on this vital tradition? To volunteer, look for the "Sign Up To Usher" icon at www.bj.org and sign up online, or complete the yellow form you received with your membership renewal packet and return it to the BJ office. Please indicate which shift/s is/are convenient for you. For more info, or to have your questions answered, please contact Carol Dikman at Cdikman@bj.org or at x255.

High Holy Days Choir Auditions

Wednesday, August 27, 7:00 - 8:00 PM, 88th Street: The BJ Choir will begin rehearsing in preparation for the Yamim Nora'im starting on Thursday, August 28. If you are interested in participating, please come to our auditions.

ANNOUNCEMENTS

Mazal Tov To The Following Members And Their Families

- Bena Medjuck and Gustavo Bruckner on their upcoming wedding.

This Week's Kiddush Is Sponsored By Arnold and Zeeva Bruckner in honor of the wedding of their son, Gustavo, to Bena Medjuk.

•Rosh Hodesh Women's Group

Wednesday, August 28, 7:00 PM, at 88th Street: Join Rabbi Felicia Sol and Marshall T. Meyer Fellow Rabbi Jessica Zimmerman to welcome the new moon on this holiday traditionally associated with women. We will sing, pray, and study together. Please bring something light and kosher/vegetarian to contribute for se'udah shlishit (the third meal). Registration is not required. For info, call Rabbi Sol at x222.

•Did You Lose A Tallit?

We have found a number of tallitot that no one has claimed. If you have lost a tallit, please call Helen Radin, x233, and describe it and we will see if you are one of the lucky winners.

Office Move: Telephone & Email Info

Due to our office move and the probable Verizon strike, BJ will have no phone or email service from Friday, August 1 until Monday, August 11. If there is a death or other emergency, please call (917) 721-4431. Please note, this number is strictly for emergencies. We will be unable to receive or retrieve any email, so please do not attempt to send any.

JULY / AUGUST SHABBAT SERVICE SCHEDULE

| | |
|---------------------------------------|--------------------|
| Friday Night Kabbalat Shabbat Service | 7:00 PM – 88th St. |
| Saturday Shabbat Service | 9:30 AM – 88th St. |
| Children's Service: Frankel Hall | 10:45 AM |

•Guidelines For Summer Shabbat Services

Because of limited space in the 88th Street Sanctuary, we ask that you observe the following guidelines:

- Please arrive on time.
- Please do not save seats and please discourage others from doing so.
- Please respect the "Special Needs Seating" and "Reserved" signs.
- Please be understanding if the Sanctuary is full and we are unable to admit more congregants.
- If you arrive late:
 - Please cooperate with the ushers during standing prayers, especially the Amidah, and wait at the back until the congregation is seated before entering the Sanctuary.
 - Please do not use the center aisle when someone is speaking at the bima.

New BJ Office Address

Beginning on Monday, August 11, we will be located at **2109 Broadway (The Ansonia), Suite 203**, New York, NY 10023, same telephone number. Please note: you enter the building on 73rd Street between Broadway and West End Avenues.

LIMUD/LEARNING

CLASSES

•LISHMAH: "A Day Of Traditional Learning And Untraditional Learning"

September 14, 9:00 AM-7:00 PM, Skirball Center for Adult Jewish Learning, 10 E. 66th St.: Join Jews from all walks of Jewish life for a day in which the many paths of Torah converge in one place. LISHMAH convenes leading rabbis, writers, musicians, social activists, storytellers, scholars, and more for a day of lectures, panel discussions performances, and workshops that reflect the multiple perspectives Jewish text and tradition inspire. **Rabbi Felicia L. Sol** is a co-founder of LISHMAH and will participate, as will **Rabbis J. Rolando Matalon and Marcelo Bronstein**. We will have the chance to encounter teachers with whom we may not have studied, as well as some familiar to the BJ community. We will also learn with Jews whom we might not otherwise know. Cost: \$18 pre-registration and students; \$25 registration at the door. For more info, visit www.lishmah.org.

•There's Plenty Of Time For Summer, Lemonade, And Hebrew

It's time to prepare for the High Holy Days, or just brush up on modern Hebrew, away from the heat. Day and evening classes are available. To sign up, call Michal Nachmany at (212) 865-4050.

HEBREW SCHOOL

•BJ Hebrew School 2003/2004 Registration

We are registering returning students. If you have not received an application, download it at www.bj.org >Hebrew School >BJHS Registration. New families should contact Linda Specht, x242 for more info.

•BJ Hebrew School Seeks Hebrew And Judaic Arts Teachers For The 2003/2004 School Year

The Hebrew School is seeking staff who have a professional background in teaching the Hebrew language. We are also looking for people to serve as Judaic art specialists. If you are interested in applying for a position, please email Assistant Principal Elizabeth Richman at erichman@bj.org.

COMMUNITY ACTIVITIES

•Artists: Join Us To Launch Our New Havurah

Are you an artist or an artist at heart? Does your Jewishness inform your art, or your art inform your Jewishness? If you want to get together with other artists and share inspiration/theory/theology help start the Artists' Havurah, contact Emma Tankel at emtankel@nyc.rr.com

**Coming This Fall
BJ Will Honor Its Authors**

BJ will host an exciting evening honoring the many authors in our community, with readings, discussions, a children's program and book sales. All authors who have recently had a book published, fiction or non-fiction, and would like to participate, please call Anne Kohnh at x240.

Readers, Rejoice!

Help Us Usher In Summer At B'nai Jeshurun

This summer the weather may be hot, but we still need your warmth – the warmth of the welcome only you can provide as a BJ usher. And we need it urgently as we come together to worship in the sanctuary. You won't get a tan, but you'll bask in the warm glow of knowing you're helping to make your synagogue an even more welcoming place to pray and to be. To volunteer for this important mitzvah, call Deborah Pinsky, x254 or see your head usher: Friday nights, Jeff Yablonka; Saturday mornings, Glenda Frank.

•807 On The Elist... Zooming Along!

BJ Members: Add Your Name To The BJ Community Elist

If you're a BJ member and you'd like to keep conveniently informed, join the Elist. You'll receive the *Kol Jeshurun*, community announcements and condolence announcements right at your desk! To join, please send a message to bjcommunity@bj.org. Include your first and last names and your email address. We'll add you to the list as soon as possible. In the future, if your address changes, let us know and we'll update your information.

SINGLES

•A Day At The Beach

Sunday, August 17, 9:45 AM, Meet At McDonald's At The LIRR (Penn Station): Catch some rays, get wet and run your toes through the sand with the BJ clan. Buy your ticket (\$15 for a round-trip train and beach pass) at the LIRR and meet us near McDonald's at 9:45 AM for a 10:19 departure. If you miss us, meet us at the Long Beach train station parking lot at approximately 11:00 AM. We'll go left at the beach, so find us on the sand and join us ASAP. Other trains run every hour on the :48 and take 55 minutes. Stay as long as you like and feel free to leave whenever you're ready. Bring your own food and beverages. We'll bring some balls and games, so bring what you have, too, and the day should be a blast!! To RSVP, email Michael at Mkelberg@bj.org or call x306 by August 13, so we know to expect you. Questions or any special arrangements for that day can also be directed to Michael.

•Summer Singles' Night: "CITIZEN MENDEZ" At The New York International Fringe Festival 2003

Wednesday, August 20, 7:45 PM, Our Lady of Pompeii Demo Hall (240 Bleecker, corner of Carmine): "Citizen Mendez" interweaves three stories to tell of the plight of Jose and Marta as they attempt to cross the border from Mexico to America in search of a better life for themselves and their unborn son. Written by Jack Shea and featuring BJ Singles Coordinator Michael Kelberg, this Blueye Production is a powerful and compelling commentary on the American Dream and the price people are willing to pay to realize it. Cost: \$15. For tickets visit www.FringeNYC.org or call (212) 279-4488 in New York City or (888) FringeNYC outside of New York. There will also be a performance on Tuesday, August 12 at 9:30 PM, and you can check the Fringe website for other dates and times.

•Get Ready Now For The BJ Singles Retreat

Friday, October 31 – Sunday, November 2, Block and Hexter Vacation Center, Poyntelle, Pennsylvania: Join Rabbi Marcelo Bronstein, the Marshall T. Meyer Rabbinic Fellows and a cast of BJ characters for a weekend not to be missed. People raved about last year's retreat, and this one will be even better!!! The best way to meet new people and make connections within our community is by sharing a Shabbat filled with food, learning and fun, including boating, swimming, campfires and Torah!! Plus special Friday and Saturday night programs. What's not to love? For info or for advance registration call x306, and take advantage of our "early bird" registration savings. You can also pick up an application at the back of the Sanctuary, or apply online, at www.bj.org.

SOCIAL ACTION/SOCIAL JUSTICE

•Searching For Retirees To Volunteer At The Judith Bernstein Lunch Program

Thursdays, 8:30 AM - 10:30 AM, 88th St., Kitchen: Are you retired and looking for a worthwhile activity to add to your schedule? Become an expert sandwich maker at our Lunch Program! Try out your culinary and dishwashing skills while helping to prepare lunches for 150 people. We invite you to be a part of this important community program. Preparing lunch begins at 8:30 and runs until 10:30 AM. Work for an hour or for the entire time. For more info, contact Susan Samuels at ssamuels@aol.com.

•Stand up for Justice and Workers Rights

The Greater New York Labor-Religion Coalition is currently fighting for the rights of workers at the CINTAS Corporation, North America's largest uniform laundry service, where employees have been experiencing high levels of discrimination and harassment, and earning poverty level wages. You can help by:

- Attending local rallies in support of the workers
- Endorsing the "Pledge of Support for Sweat-Free Uniforms and Laundry Services"
- Participating in a letter writing campaign to protest on behalf of workers.

For information on how you can get involved, please contact Rabbi Michael Feinberg at the Greater New York Labor-Religion Coalition, (212) 406-2156, x4637.

•We Need Summer Volunteers To Sleep Over At The BJ/SPSA Homeless Shelter

Many shelters close during the summer when volunteers are on vacation; but ours continues normally throughout the summer, feeding and housing up to 10 guests, Monday through Thursday. We need volunteers to replace the regulars: to commit to one night each month to sleep over, or set up meals and beds, or prepare or donate food. One night a month is not a huge commitment. We hope you will come forward at this time of need. For info, contact Robert Imershein at Rimershein@capstarny.com or (212) 339-4250.

•Join The BJ Team For The Race/Walk For The Cure

Registration begins in June for the September 14 walk in Central Park: We need community support to raise funds and consciousness to combat and someday eliminate breast cancer. Men are also welcome, so families and friends can show their support together. For info, contact Glenda Frank at glfrank@erols.com or (212) 749-0160.

•9/11-Related Mental Health Program Is Available

The September 11th Fund (under the Mental Health Association) is sponsoring a program that will pay \$3,000 for psychotherapy per person to the therapist of one's choosing if the person has no insurance or has out-of-pocket costs associated with therapy. To be eligible, an individual (or dependent) who was directly affected by 9/11 events, i.e., worked near the WTC; worked near the WTC and lost their job or are now underemployed (earning 70% or less of their pre 9/11 salary); or lived south of Canal Street and were dislocated from their homes. Benefits are retroactive to 9/11. For more info on the program and eligibility, call (800) 543-3638 or visit www.bj.org.

Contributions In Memory Of Dr. Carlos Aisen

Tax deductible contributions in memory of Dr. Carlos Aisen may be made out to the *Carlos Aisen Scholarship Fund*, which provides scholarships to the Summer Camp of Comunidad Amijai of Buenos Aires. Mail your check to Susan Zemsky, Kehila Chadasha, 1622 Martha Terrace, Rockville, MD 20852.

Do You Love The Music Of BJ's Shabbat Services?

You can take it home with you by purchasing our CD, "With Every Breath," featuring Rabbis Roly Matalon and Marcelo Bronstein, and Cantor Ari Priven. Cost: \$18. Buy online at www.bj.org, or drop by the office between 9:00 and 4:30, Monday to Thursday, and until 3:30 on Friday.

GENERAL INFORMATION

Membership at B'nai Jeshurun

Are you considering joining BJ? Would you like information about becoming a member? Call Hillary Oberstein, Director of Membership, at x224 or email Hillary at hoberstein@bj.org.

Large Print Texts

Large print siddurim are available at the back of the sanctuary. Please ask an usher for assistance if you would like one.

A Note from the Ushers

For those attending the Friday night service at 88th St., please return your siddurim to the back of the sanctuary as you leave. Place damaged books or tallitot in the boxes at the back of the sanctuary. We also ask that men wear kippot during services.

So that we may make preparations for the comfort and security of all, doors open 30 minutes prior to the beginning of services.

We attempt to be as accurate as possible concerning the information contained in the Kol Jeshurun. Due to the tight deadlines under which we work, errors can sometimes occur. We apologize in advance for any mistakes. If you need any Hebrew words translated, please call Rabbi Jessica Zimmerman, x253 or Rabbi Meir Feldman, x264.

D'var Tefillah

"Kol ha'neshama tehalal Yah." Let every soul, every single breath we take, bless Yah, God, the source of life, love and meaning. This is less a duty than it is a profound opportunity and privilege. There are 150 Psalms in the Book of Psalms, and the final verse of the final psalm says, 'let every breath bless that which is divine in the world.' Here, at the very end of the Book of Psalms, we are called to imagine a life in which every breath contains an awareness of the divine, every word is l'shem shamayim, for the sake of Heaven, and every deed is aimed toward tikun olam, the mending of our broken world.

Rabbi Meir Feldman

PLEASE SEE THE BACK OF THE SANCTUARY FOR FLYERS AND MORE INFO ON:

- Welcome to BJ • Membership at BJ • Membership Packets • BJ Annual Catalogue • Limud Catalogue • Bikkur Holim • New Havurot Applications