



Shabbat Parashat Bo

TORAH

Exodus 10:1 - 13:16

TRIENNIAL

Exodus 11:4 - 12:28

HAFTARAH

Jeremiah 46:13 - 46:28

Next week: Parashat B'Shalah

TORAH

Exodus 13:17 - 17:16

TRIENNIAL

Exodus 14:15 - 16:10

HAFTARAH

Judges 4:4 - 5:31



Social Justice Opportunity of the Week!

A Mitzvah You Can Do in Your Sleep!

It's so simple, you don't even have to be awake! The BJ/SPSA Shelter needs more volunteers to sleep at the shelter once a month. Help support one of BJ's longest running social justice programs! Contact us at x340.

RABBIS

Marshall T. Meyer (1985-1993)

J. Rolando Matalon • Marcelo R. Bronstein • Felicia L. Sol

CANTOR & MUSIC DIRECTOR

Ari Priven

MARSHALL T. MEYER RABBINIC FELLOWS

Rabbi Rachel Gartner • Meir Feldman • Jessica Zimmerman

January 10 – January 17, 2003

FRIDAY, JANUARY 10

Kabbalat Shabbat Service	6:00 PM – 88th St.
Kabbalat Shabbat Service	6:45 PM – 86th St.
Singles Oneg Shabbat	after 6:45 PM service – 86th St.

SATURDAY, JANUARY 11

Shabbat Services	9:30 AM – 86th St.
Bat Mitzvah	Rebecca Litt
Children's Services	10:45 AM – 86th St.
Speaker: Dr. Izzeldin Abuelaish	after Shabbat Services – 86th St.
Soroka University Medical Center	
Community Kiddush	12:30 PM – 86th St.
The Three Aspects of Miriam - Song, Protest and Connectivity	4:30 PM – Anshe Chesed

SUNDAY, JANUARY 12

Morning Minyan	9:30 AM – 88th St.
TuBiShevat Family Sing-Along	10:00 AM – 88th St.
Gesher	5:00 PM – 88th St.
Singles: Date Bait	6:30 PM – 88th St.
Book Club	7:00 PM – 88th St.

MONDAY, JANUARY 13

Morning Minyan	7:30 AM – 88th St.
Introduction to Judaism	7:00 PM – 86th St.

TUESDAY, JANUARY 14

Morning Minyan	7:30 AM – 88th St.
Talmud Introduction	8:15 AM – 88th St.
Hebrew Classes:	
<i>Intermediate</i>	6:30 PM – 86th St.
<i>Advanced</i>	8:00 PM – 86th St.
Revelation: The Act of Learning Torah	7:00 PM – 86th St.
Musicians' Havurah	7:00 PM – 88th St.

WEDNESDAY, JANUARY 15

Morning Minyan	7:30 AM – 88th St.
Stories of Talmudic Rabbis	6:30 PM – 88th St.
Creating Modern Midrash	7:30 PM – 86th St.

THURSDAY, JANUARY 16

Morning Minyan	7:30 AM – 88th St.
Judith Bernstein Lunch Program	12:00 PM – 88th St.
Film: Nuestra Cuba (Our Cuba)	6:00 PM – 88th St.
Hebrew Classes:	
<i>Beginner</i>	6:30 PM – 86th St.
<i>Advanced Beginner</i>	8:00 PM – 86th St.
Parashat HaShavu'a	7:00 PM – 86th St.

FRIDAY, JANUARY 17

Morning Minyan	7:30 AM – 88th St.
Early Childhood Shabbat Sing-Along	9:30 AM – 88th St.
6 months - 18 months	
Early Childhood Shabbat Sing-Along	10:15 AM – 88th St.
18 months - 3 years	

ANNOUNCEMENTS

The community of B'nai Jeshurun extends sincere condolences to:

- Sam Schatsky on the death of his beloved brother, Julius Schatsky.
- Susan Reimer Torn on the death of her beloved mother, Mildred Reimer.
- Cindy Miller on the death of her beloved grandmother, Eleanor Leff.

Mazal Tov To The Following Members And Their Families:

- Rebecca, Sara, Andrew and David Litt, Dorothy and Irving Litt, and Ellen, Jonathan, Hannah and Rayna Litt on Rebecca becoming a Bat Mitzvah.
- Eli Meltzer Becker, Ted Becker, and Dana Meltzer on Eli becoming a Bar Mitzvah.

B'ruchim haba-im To:

- Our new members who have recently completed the New Member Orientation Program and are joining us for their first aliyah as members of B'nai Jeshurun.
- Professor Karla Suomala and students, Luther College, Decorah, Iowa.
- Rabbi Jonah Pesner, Youth Director Suzanne Korkein, and 8th Graders, Temple Israel, Boston, Massachusetts.

This Week's Kiddush Is Sponsored By:

- Andrew Sherman and Joanne Palmer in honor of Rabbi Dianne Cohler-Esses.

WINTER SERVICE SCHEDULE

Friday Kabbalat Shabbat Service	6:00 PM – 88th Street
Friday Kabbalat Shabbat Service	6:45 PM – 86th Street
Family Kabbalat Shabbat Service <i>Friday, February 7</i>	6:00 PM – 88th Street
Wandering Minyan <i>Friday, February 7</i>	6:00 PM – 88th Street
Tot Shabbat <i>Friday, January 17</i>	5:45 PM – 86th Street
Saturday Shabbat Service	9:30 AM – 86th Street

Tax deductible contributions in memory of Dr. Carlos Aisen may be made out to the *Carlos Aisen Scholarship Fund*, which provides scholarships to the Summer Camp of Comunidad Amijai of Buenos Aires. Mail your check to Susan Zemsky, Kehila Chadasha, 1622 Martha Terrace, Rockville, MD, 20852.

LIMUD/LEARNING

CLASSES To Register, visit www.bj.org.

Revelation: The Act of Learning Torah from Sinai to the Present
Five Tuesdays (started January 7), 7:00 PM, at 86th Street: By studying classical and contemporary texts, we will explore how our tradition came to understand the word *Torah*, the great moment of revelation (Exodus 19), and its implications for learning and living out of Torah today. Taught by Rabbi Felicia Sol. Cost: Free. Code: 324.

Stories of the Talmudic Rabbis
Seven Wednesdays, starting January 15, 6:30 PM, at 88th Street: We will study stories that reflect the concerns and struggles, fears and fantasies of our Talmudic sages. Hebrew not required. New participants welcome. Taught by Rabbi J. Rolando Matalon. Cost: Free. Code: 306.

Tallit and Tefillin: I Betroth Myself To You . . .
Thursday, January 23, 7:00 PM, at 88th Street: Tallit and tefillin are intended to generate a tangible experience of God. Join us for a learning on the rituals of tallit and tefillin. Taught by Marshall T. Meyer Fellow Meir Feldman. Cost: Members - free; non-members, \$20. Code: 387.

Siddur (Prayerbook) Hebrew
Ten sessions, starting January 14, at 86th Street: Siddur Hebrew classes will be offered at four levels (see below). **Advanced registration is requested.** For questions about level placement, contact the teacher Jeni Friedman at (212) 678-8895 or jefriedman@jtsa.edu. Cost: \$100 members / \$150 non-members.
Beginner: 6:30 PM Thursdays. Code: 326.
Advanced Beginner: 8:00 PM Thursdays. Code: 330.
Intermediate: 6:30 PM Tuesdays. Code: 327.
Advanced: 8:00 PM Tuesdays. Code: 329.

ACTIVITIES

Speaker: Dr. Izzeldin Abuelaish
Saturday, Jan 11, at the end of Shabbat services: We will hear from Dr. Izzeldin Abuelaish, the first Palestinian specialist in obstetrics and gynecology at Soroka University Medical Center, who is committed to the idea that medicine can serve as a bridge to peace.

The Three Aspects of Miriam - Song, Protest and Connectivity: An Afternoon of Learning in Memory of Shira Palmer-Sherman
Saturday, January 11, 4:30 PM, at Anshe Chesed, 251 West 100th Street: Join us for a Shabbat learning with Rabbi Dianne Cohler-Esses as we explore Biblical and Rabbinic texts on the character of Miriam. Emphasis will be placed on examining and evaluating the politics of Miriam and asking whether they speak to issues currently confronting us as Americans and Jews. Cost: Free. Registration not required.

Book Club
Sunday, January 12, 7:00 PM, at 88th Street: The BJ Book Club is reading *Paradise Park* by Allegra Goodman, in which the main character, Sharon Spiegelman, has moved to Hawaii from Boston and then begins a spiritual return trip home.

Shabbat B'Yahad with Melila Hellner-Eshed
• *Friday, January 17*, after the 6:00 PM service, at 88th Street: Join us for a catered Tu BiShevat Shabbat dinner with Mehilla Hellner-Eshed. Cost: \$35/members; \$45/non-members, if space is still available. To register, call x304 with your name and phone number AND send a check to the BJ office marked *1/17 SBY Dinner*.
• *Saturday, January 18*, 4:00 PM, at 86th Street: Join us for Shabbat learning on spiritual practices of the Zohar with Melila Hellner-Eshed. Registration not required.

COMMUNITY

•BJ Musicians' Havurah

Tuesday, January 14, 7:00 PM, at 88th Street: BJ Musicians - here's an opportunity to meet, play the songs we love, and share our musical knowledge. Bring your instrument and come jam, teach, and compose with us. For more info, contact Matt Fried at mattf@aol.com or Matt Turk at matt@turktunes.com.

•Nuestra Cuba (Our Cuba) - Encore Performance

Thursday, January 16, 6:00 PM sharp, at 88th Street: Join the BJ Latin America Committee for a special encore performance of Nuestra Cuba (Our Cuba), a multimedia presentation about the recent BJ trip to Cuba. Running time: 30 minutes. Cost: free. For more info or to join our email list, call x371 or email BJLatinAmerica@yahoo.com.

•BJ Community In-Home Shabbat Luncheon

Saturday, January 18, after morning services, at 12:30 PM: Join BJ's community-wide effort to celebrate Shabbat lunch at home with friends and family. Arrange your own guest list, consider hosting assigned guests, or be a guest in someone's home! To participate, please contact Elana Weinberg and Toby Baldinger, Chair of Hakhnasat Or^him, at x351 or email hospitality@bj.org.

•Ledor Vador Shabbat Intergenerational Lunch

Saturday January 25, 1:00 PM, at 88th Street, in Frankel Hall: Please join us with friends and family to celebrate Shabbat with Lucille Gudis of the Jewish Genealogy Society, who will help us discover our family tree and discuss how genealogy led her to visit the homes of her family in Eastern Europe. Then Matt Fried will present original songs and niggunim, accompanied by Noah Hoffeld. Please RSVP by **January 16** by sending a check for \$12/members; \$15 non-members (per person) to the BJ office, attention LDVD Lunch 1/25.

•L'Chayim Comrade Stalin! - Film and Concert with Yale Strom

Saturday, January 25, 7:30 PM, at 88th Street: Join us for the NY premier of Yale Strom's latest film, *L'Chayim Comrade Stalin!*, a film about the Jewish Autonomous Region, better known as Birobidzhan, in the far eastern Soviet Union, followed by a special *leybedik* dance concert with Yale Strom's band, Hot P'stromi. All of Yale Strom's CDs and his book *The Book of Klezmer* will be available for purchase. Cost: \$15 members / \$20 non-members. To register, send your check to the BJ office marked *1/25 Yale Strom Program* by January 17 or register online. Mark your calendars for this unique and exciting evening.

•Night of 100 Dinners: Guess Who's Coming to Dinner!

Saturday, March 1: Hundreds of BJ members and friends will enjoy a main course at members' homes. Then, at 9:00 PM, we'll move the party to 88th Street for desserts and dancing to the music of the Shalom Orchestra. Which dinner will you opt for when all the choices sound so right? Guest sign-up has begun. Sign-up forms are available at the back of the sanctuary or online. A list of dinner choices, with themes ranging from *meat-and-potatoes* to *vividly vegetarian* to *children are welcome here*, is on the form and on the website (and will be updated regularly). Sign up early to get your first choice dinner assignment. Meanwhile, you can still host a dinner. Whether your specialty is traditional Jewish, down-home bar-b-cue or perfectly French, we'll fill your table for this special evening, or you can invite your own guests. (Guests make a donation to BJ for your hospitality). For more info, please call x307. **Also**: Please take this opportunity to contribute to the production of a special Songbook for BJ's new Passover CD, which will be released at the Night of 100 Dinners party. For more info, refer to BJ's website or call x224.

HEBREW SCHOOL

•BJHS Kitah Dalet (Fourth Grade) Shabbat Dinner

Friday, January 24, at 88th Street (following the 6:00 PM service): Let's celebrate Shabbat together! There will be a Shabbat dinner for all Kitah Dalet students and their parents. It is not too late to register! Cost: \$20 adults/\$10 children. To sign up, Call Dalya Hertzberg at x241.

•BJHS Kitah Bet (Second Grade) Sim^hat Talmud Torah

Friday, February 7 and Saturday, February 8: BJHS Kitah Bet families are invited to celebrate Sim^hat Talmud Torah, which marks a child's achievement of learning the Hebrew alphabet. Festivities begin with Shabbat Dinner on Friday at 86th Street in the Parlor, Chapel and Board Rooms, after the 6:00 PM service at 88th Street. Kitah Bet families are also invited to Shabbat morning services and a special Kiddush for Kitah Bet families on Saturday, February 8. Cost for both the Dinner and the Kiddush: \$20 adults/\$10 children. In order to guarantee your reservation, we must receive your phone reservation and all checks by **Wednesday, January 29** (no exceptions). To sign up, call Dalya at x241.

FAMILIES

•Tu BiShevat Family Sing-Along

Sunday January 12, 10:00 AM, at 88th Street: Join songleader extraordinaire Shira Kline for singing, dancing, and stories about Tu BiShevat, the New Year for the trees. For more info or to RSVP, please contact Hollis at x244 or hgauss@bj.org

•Tot Shabbat

Friday, January 17, 5:45 PM, at SPSA: Join us for our monthly Tot Shabbat, a service for families with children 5 and under, followed by a light kiddush in the Parlor. For more info about Tot Shabbat, please contact Hollis at x244 or hgauss@bj.org.

•Town Hall Meeting for Parents of 6-12 Year Old Children

Thursday, January 23, 7:00 PM, at the BJ office, 100A West 89th Street: If you are the parent of a child between the ages of 6 and 12, you might be wondering what BJ should be doing for children in this age group. Too old for tot programming, yet not quite bar/bat mitzvah age, these kids might feel a little bit lost. Help us find the right place for them by sharing your voice, thoughts, and ideas. This meeting is for parents only (kids will have a chance to be heard later in the semester). For more info or to RSVP, please contact Hollis at x244 or hgauss@bj.org.

•Kids Purim Play Auditions

Tuesday, January 28 and Wednesday, January 29, 4:00 PM - 5:30 PM, at 88th Street: Come prepared to sing, act, and dance either day. Four and five years-olds who want to participate can be in the chorus and should call Michael at x260 for info.

SINGLES

•Oneg Shabbat

Friday, January 10, after the 6:45 PM service, at 86th Street: Food, fun and friends at our monthly gathering. See you there!

•Date Bait For Singles In Their 30s and 40s

Sunday January 12, 6:30 PM, at 88th Street: Your favorite singles event is back! Cost: \$40 walk-ins, if space available.

•Shabbat Dinner and Speaker

Friday, January 31, after the 6:00 PM service, at the JCC: Cissy Blumberg, author of *Remember the Catskills*, joins us to recall her days as the Inn Keeper of the Green Acres Hotel. Cost: \$35/BJ & JCC members; \$40/non-members; or \$15 just program & dessert. Code: PSHABUJFSW3. To register, call the JCC at (646) 505-5708.

•**At-home Catered Dinner** - Coming up on February 7. See www.bj.org for more info. Co-sponsored with Hakhnasat Or^him.

Israeli Children's Art Show - Peace through Humor

Now Showing at 88th Street in Frankel Hall: The BJ Israel Committee is proud to present an exhibition of Israeli children's art from schools all over Israel, which will be on display until January 13. Sponsored by the Miriam L. Siroky Fund for Family Education.

Same Difference

Through January 19, The West End Theater at SPSA, 86th Street: **Same Difference** is a theatrical event with original music and dance based on interviews with Christians, Muslims and Jews in New York City before and after 9/11. For performance times and to reserve your seats, call the Theatre Outrageous box office at (212) 539-6506. Interfaith dialogues follow performances on January 9, 12, 16, and 19. Suggested donation: \$15. (Not suitable for very young children).

Stand Up for Your Synagogue – Be a BJ Usher

Want to make BJ an even more welcoming community? Well, then, don't just sit there! Help greet and seat your fellow members as a BJ usher. To volunteer, call x254. Or see one of the Head Ushers in the back after services: Friday at 6:00 PM: Jeff Yablonka; Friday at 6:45 PM: Michael Miller; Saturday Morning: - Glenda Frank.

A Mitzvah You Can Do in Your Sleep!

It's so simple, you don't even have to be awake! The BJ/SPSA Shelter needs more volunteers to sleep at the shelter once a month. Help support one of BJ's longest running social justice programs. Contact us at x340.

Learn to Serve at the BJ Judith Bernstein Lunch Program!

Put your culinary and dishwashing skills to work at the BJ Judith Bernstein Lunch Program. We need volunteers to serve our guests on Thursdays from 12:00 PM - 1:00 PM and assist with clean up from 1:00 PM - 2:00 PM. Contact x338 if you are interested.

UJA-Federation of NY Presents VDay 2003: Benefit Performance

Wednesday, February 12, 7:30 PM, at Town Hall, 123 West 43rd Street: Join us for a one-night only performance of *The Vagina Monologues*. Proceeds benefit several UJA domestic violence projects as part of VDay 2003, a worldwide effort to end violence against women and girls. For event info and ticket price range, call (212) 836-1554 or email formanl@ujafedny.org.

Let it Be Me: A Celebration of Women Songwriters

Two Tuesdays, January 14 and 21, 8:30 PM, at Don't Tell Mama, 343 West 46th Street: Attend a benefit concert for NY Jobs with Justice

with singer/actress Olivia Jane Greer. Let it Be Me records and celebrates the history of social movements in America through songs written by women. Cost: \$12 cover, plus 2 drink minimum. Reservations recommended. To reserve, call (212) 757-0788.

Holocaust Insurance Claims Extended

The International Commission on Holocaust Era Insurance Claims has extended the deadline to obtain benefits from Holocaust-era insurance policies to **March 30, 2003**. For help or more info, contact the New York Holocaust Claims Processing Office at (800) 695-3318.

Blood Donations Needed: Pikuah Nefesh (Saving a Life)

Hugo Frank, the grandson of a BJ member, needs blood donations to fight leukemia. You must be 17-75 and in good health. Please call Marion Novack at (212) 639-8177 for complete details.

GENERAL INFORMATION

Membership at B'nai Jeshurun

Are you considering joining BJ? Would you like information about becoming a member? Call Hillary Oberstein, Director of Membership, at x224 or email Hillary at hoberstein@bj.org.

Large Print Texts

Large print siddurim are available at the back of the sanctuary. Please ask an usher for assistance if you would like one.

A Note from the Ushers

For those attending the Friday night service at 88th St., please return your siddurim to the back of the sanctuary as you leave. Please place damaged books or tallitot in the boxes at the back of the sanctuary. We also ask that all men wear kippot during services.

So that we may make preparations for the comfort and security of all, doors open 30 minutes prior to the beginning of services. To avoid a lengthy wait outside as the temperatures drop, we ask you to please time your arrival accordingly.

We attempt to be as accurate as possible concerning the information contained in the Kol Jeshurun. Due to the tight deadlines under which we work, errors can sometimes occur. We apologize in advance for any mistakes. If you need any Hebrew words translated, please call Rabbi Rachel Gartner at x253.



D'var Tefillah: On Prayer

Of prayer, the Talmud teaches: "The Merciful One seeks the heart." Rabbi Arthur Green teaches: "The words are the vehicle to allow this flow from the heart to take place." The Bal Shem Tov teaches: "Know that every word is a complete body (lit *measure* or *stature*), and we need to put all our strength in each word - if not, it will be as if the word is missing a limb."

This and every Shabbat, strive to pour all your being into your words of prayer. You may want to begin by focusing on one word or phrase, contemplating its nuances, concentrating on how it sounds, and repeating it to yourself at various times throughout the week.

PLEASE SEE THE BACK OF THE SANCTUARY FOR FLYERS AND MORE INFO ON:

- Welcome to BJ • Membership at BJ • Membership Packets • BJ Annual Catalogue • Limud Catalogue • Bikkur Holim • New Havurot Applications
- Upcoming Singles Events • Night of 100 Dinners Sign-up Form • Haknasat Orhim Lunch Sign-up Form • LeDor VaDor Lunch Sign-up Form