



October 24 – October 30, 1997

Friday, October 24

Kabbalat Shabbat Service 6:00 PM – 88th
Street
Kabbalat Shabbat Service 6:45 PM – 86th
Street

Saturday, October 25

Shabbat Services 9:30 AM – 86th
Street
Parashah: Bereshit, Genesis 1:1 – 6:8 Pg. 18
Triennial: Genesis 5:1 – 6:8 Pg. 51
Haftarah: Isaiah 42:5 – 43:10 Pg. 320
Mevarkhim Hahodesh

Minyan Hazzanut (ages 8-12) 10:15 AM –
Chapel

Children's Services (all ages) 10:45 AM –
Chapel

Following the service these minyanim meet:

Minyan HaK'tanim (pre-K, ages 2-4) Parlor Room
Minyan Gan Aleph (ages 5-7) Board Room

Naming of Samantha
Chanko

Bat Torah Renee Cherow-O'Leary

Kiddush honoring High Holy Day volunteers
Following Services – 86th
Street

Bat Torah of Penny Dannenberg 4:30 PM – 88th
Street

Sunday, October 26

BJ COTS Meeting 6:00 PM – 86th
Street
Junior Youth Group Rollerskating 2:00 PM – 86th
Street
BJ/SPSA Shelter for the Homeless 86th
Street
Sunday, Monday, Tuesday, Wednesday & Thursday nights.

Monday, October 27

Introduction to Judaism 6:30 PM – 88th
Street

Beit Midrash 6:30 PM – 88th

Street
Choir Rehearsal 8:00 PM – 86th
Street

Tuesday, October 28

Employment Bank Support Group 6:30 PM –
Montana Apartment
Building

Wednesday, October 29

Kesharim 2:00 PM – 88th
Street

Parenting Discussion with Ron Taffel 7:30 PM –
88th

Street

Thursday, October 30

Volunteer Fair 7:30 PM – 88th Street

Next Week's Parashah: Noah
Torah: Genesis 6:9 – 11:32 Pg. 57
Triennial: Genesis 11:1 – 11:32 Pg. 80
Maftir: Numbers 28:9 – 15 Pg. 1210
Haftarah: Isaiah 66:1 – 24 Pg. 326

SCHEDULE FOR MORNING MINYAN
Monday - Friday - 7:30 AM – 88th Street
Sun & Nat'l Holidays - 9:30 AM – 88th Street

It is Our Custom:

Quiet is the proper setting for prayer and meditation. Kindly refrain from conversation while the organ is playing prior to the beginning of services. Families are requested to be responsible for their children throughout the Service.

Shortly before the beginning of the Service, music signals that our tefillot are about to begin. These few minutes preceding the opening of services are intended as a bridge between the clamor of daily pursuits and the quiet devotion of prayer and Shabbat tranquillity.

We encourage you to participate in the liturgy and to sing with the congregation. If the melodies are not familiar, try to sing along and you will quickly learn them. For those of you who do not read Hebrew, we have prepared phonetic transliterations of the services that are in a special booklet appended to the Prayerbook. Our congregation's participation enhances the experience of prayer and the study of Torah for all. If you are unfamiliar with our services, and would like to sit with someone who can help orient you, our ushers will be happy to direct you to such a person.

If you have any questions or comments, the ushers or members of our membership committee will be glad to assist you. Membership application forms are available on the back table.

Shabbat Shalom

ANNOUNCEMENTS

Please call our office to let us know about family events such as births, celebrations, illness, or death, so that we can inform the Rabbis and make the appropriate announcement to our Community.

Attention: All announcements, blurbs or flyers for the next Kol Jeshurun are due at the BJ office on the Tuesday before printing at 12:00 noon.

Condolences

The Community of B'nai Jeshurun extends its sincere condolences to Ilene Katz on the death of her beloved father, Charles Katz.

Mazal Tov To:

- Judith Kahn on the naming of her daughter, Emma Miriam.
- Samuel, Evelyn, and Joshua Rittenberg on the naming of their daughter and sister, Hanna Francesca.
- Eric and Susan Chanko, Nancy Crane, Anita and Mark Chanko, Todd Chanko and Ami Weil, Pamela Chanko, and Sasha Chanko on the naming of their daughter, granddaughter, niece, and cousin, Samantha Claire Chanko.
- John O'Leary and Renee Cherow-O'Leary, and Kara and David O'Leary on the occasion of Renee's Bat Torah.
- Steven and Penny Dannenberg on the occasion of Penny's Bat Torah.
- David Lehman and Laura de la Haba, Joseph Greco and Lois de la Haba on David and Laura's recent engagement.
- Ted Merwin and Andrea Lieber on their recent engagement.

Todah Rabbah To

- Anita and Mark Chanko for sponsoring the kiddush in honor of their granddaughter's naming.
- Renee Cherow-O'Leary and family for sponsoring the kiddush in honor of her Bat Torah.
- William Ashkin for sponsoring the kiddush in honor of his 97th birthday.

Brukhim HaBa'im To

- Rabbi Jonathan Biatch, Jodi Finn, and the confirmation class of Beth El Hebrew Congregation in Alexandria, Virginia.
- The confirmation class of Temple Shalom in Chevy Chase, Maryland.
- Rabbi Aryeh Azriel and the confirmation class of Temple Israel in Omaha, Nebraska.
- Rabbi Dennis Sasso and the confirmation class of Congregation Beth El Zedek in Indianapolis, Indiana.

Helping Hands

Join your fellow BJ psychotherapists by donating your time to work with a child. School referrals for pro bono therapy in your office available. Call Trudy Schwartz at 875-8152.

If You Liked BJ Softball, You'll Love BJ Volleyball

BJ is joining Ansche Chesed in sponsoring a weekly evening of volleyball and schmoozing (preferably not at the same time!). We will play Tuesday nights, 7:30 – 10:00 at Ansche Chesed (251 West 100th Street, at West End Avenue) throughout the winter, beginning on Tuesday, **November 4th**. \$3 members/\$5 non-members. All levels of skill welcome. For more info, call BJ member Craig Sumberg at (212) 787-1390.

Donations Needed

Conditions in Bosnia remain extremely difficult. In many villages, there are shortages of food, clothing, and electricity. Conditions for the women and child survivors of the massacre at Srebrenica (the largest massacre of civilians in Europe since the Holocaust) remain arduous. Please help us collect supplies for these women and child survivors. To speak with us regarding donations, contact (212) 496-4550.

BJ's Adult Education

Our adult education classes will begin in earnest next week. The first courses being offered are *Introduction to Judaism* and our *Beit Midrash*. If you are interested in these classes, you must register before they begin on Monday, **October 27th**. For further information, call x300.

BJ Lunch Program Resumes

We are thrilled to announce that the BJ Lunch Program will resume on Thursdays in November. To that end we need donations of the following items (**new only, please**):

- 10 plastic bins (approximate size 18" x 30" x 8")
- 6 round, extra-large mixing bowls
- 6 small mixing bowls (approximate size 8" diameter)
- 4 large cutting boards
- 6 large trays
- 1 large dish rack
- 8 large metal mixing spoons
- 8 spatulas
- 5 large bread knives
- 3 large coffee urns
- 1 set small silverware (knives, forks and spoons)
- aprons
- 1 large strainer/colander

Donations are needed by **October 30th**. Volunteers are also needed for 2 hour shifts to participate in this wonderful, friendly, intergenerational effort to feed the hungry. To make a donation or to volunteer, please call Pamela or Amy at x338.

Recent Divorce Support Group

Come together for exploration, information, and support in a nurturing environment. We will discuss issues confronting the "newly single," including healthy mourning, rebuilding self-esteem, handling stress and depression, and dealing with the feelings of other family members. Six sessions begin Thursday, **October 30th**, at the JCC on the Upper West Side, 15 West 65th Street, 8th Floor. Facilitated by Judy Levitan, MSW, family therapist, and Senior Supervisor of the Jewish Board of Family and Children's Service Borough Park office. Fee: \$75 members, \$90 nonmembers. For information, call the JCC at (212) 580-0099, x205.

Volunteers Needed!

Please join the Special Events Subcommittee of the Development Committee to assist with this year's Night of 100 Dinners, **January 31, 1998**. Please contact Ellen Litt at x307.

UPCOMING EVENTS

BJ Choir

Regular rehearsals will resume Monday, **October 27th** at 8:00 PM at SPSA. If you are interested in participating, please call x303.

"I Wish I Had a More Satisfying Job"

The BJ Employment Bank is proud to offer you the opportunity to change your future with the new Job Search Strategy Group beginning **October 28th**. For beginners or seasoned pros, this six-week program will sharpen essential skills of job search and subsequently discuss some of your own issues in small groups. The series will be led by noted career consultant Ellis Chase, a seminar leader for the 5 O'clock Club, an organization that has helped individuals in transition for 20 years. Topics for the 6 Tuesday nights from 6:30 - 8:30 PM include interviewing and negotiating techniques. The sessions will be held at the Montana Apartment meeting room. The cost of these six sessions has been made unusually low and affordable. \$80 for members, \$95 for non-members. Register now as there is a maximum enrollment of 20 people. **See the flyer on the table at the back of the sanctuary for registration info. Call x315 with any questions. We are still in need of a volunteer career consultant to assist Mr. Chase.**

Volunteer Fair

Every BJ member is encouraged to devote time, resources and energy to advancing our mission of *tikkun olam* (healing the world). Come see how you can make a difference. Meet representatives from all BJ Committees at our Annual Volunteer Fair, Thursday, **October 30th** in the 88th Street Frankel Hall from 7:30 - 9:00 PM.

Hebrew School Food Collection for the Month of Tishrei

This month the BJ Hebrew School is collecting **boxes of dry pasta** for City Harvest. Food drop-off points will be at the BJ Offices at 100A West 89th Street, or at the Hebrew School at 270 West 89th Street. Please do not bring any donations to the synagogue. Thank you for your support.

Marshall T. Meyer Memorial Fund

Established in memory of our beloved Rabbi Marshall T. Meyer in 1993, the purpose of this annual award is to fund and support projects or activities that contribute to *tikkun olam* (healing the world). The Fund Committee is now considering grant proposals for 1997. The annual award is approximately \$2500 and will be given to organizations or individuals for either new or on-going projects. Requests, together with a description and history of the project, should be no more than 2-3 pages and must be submitted no later than **November 15th** to the Marshall T. Meyer Memorial Fund, c/o the BJ office.

Be Part of History

All are invited to attend as the 86th Street Seaters defend the Ushers' Trophy against the 96th Street Greeters in the Second Annual Ushers' Trophy Game, to be held in Riverside Park at 11:00 AM on Sunday, **November 2nd**. Call the Ushering voicemail box, x305, for details as to the exact location the week before the game.

BJ/St. Luke's Hospital AIDS Brunch

The next BJ/St. Luke's Hospital AIDS Brunch will take place Sunday, **November 2nd** at 11:15 AM at the hospital. Volunteers, food donations, and entertainers are needed. Food donations will be picked up at SPSA (86th Street side) between 10:30 - 11:00 AM. Please call Stuart Post at (212) 447-1672 for more information. Calls are accepted at any time. Please leave a message if machine answers.

Israel Committee

The next meeting of the Israel Committee will be held on Wednesday, **November 5th**, at 7:30 PM in the conference room at the BJ office (located at 100A West 89th Street).

Spiritual Autobiography Series Continues

What has been the landscape of my spiritual journey? How do people of different backgrounds and traditions experience and respond to their sense of the holy? On Thursday, **November 6th** at 7:30 PM in the SPSA Chapel, we continue our interfaith-sponsored series on Spiritual Autobiography by welcoming to BJ and SPSA, NPR bureau chief and author Margot Adler. See the back of this Kol Jeshurun for more information.

BJ Blood Drive

Save the Date! On Thursday, **November 13th**, from 5:00 - 9:00 PM BJ will be holding its fifth Blood Drive at SPSA. Donors and volunteers are needed. To sign up call, Pamela Cohn Allen at (212) 799-9232 or Ben at the BJ Office, x241.

Continue Your Celebration of Shabbat

Join us for our next catered communal Shabbat dinner on **November 14th**, following the 6:00 PM service when we will be led by Rabbi Yael Ridberg and our new Marshall T. Meyer Rabbinic Fellow, Shoshana Dworsky. You may make a reservation by filling out the form at the back of this Kol Jeshurun and sending it with a check in the appropriate amount to the BJ office, noting that it is for the November 14th dinner. To volunteer, or for more info, call x304.

BJ Members Residing in New Jersey

Let's get to know each other. A special table has been reserved for us at the Shabbat B'Yachad Dinner at 88th Street on **November 14th**, immediately following the 6:00

PM Shabbat Service. Please RSVP using the form found in the Kol Jeshurun. Make sure to indicate on your form that you would like to sit at the New Jersey table.

Singles Shabbat Catered In-Home Dinner

The Singles Committee is organizing another round of informal, at-home catered dinners on Friday, **November 21st**, following the 6:45 PM service. These gatherings of 12 – 18 people are a great way for single members to meet and share a Shabbat meal! BJ members who live on the Upper West Side (only!) are needed to host. Host volunteers should call the singles extension (x306) ASAP. The application deadline to be either a guest or host is **November 6th**. To participate, see the attached flyer.

FAMILY ACTIVITIES

BJCOTS

BJCOTS will meet this Sunday, **October 26th** in the Parlor Room at SPSA. Please bring \$20 – we're collecting money so we can have a food fund for the year. See you then. BJCOTS is the B'nai Jeshurun Council of Teens, and teens in 8th grade and above are encouraged to join. Call Felicia at x244 for more information. Also, save **November 14th – 16th** for the Teen Retreat. Don't miss this opportunity to go away with the teens of BJ, Susan Bodner, Felicia and Roly. Cost is \$150 for the bus, food, a place to sleep, and an excellent time. Call Felicia for info.

New and Expectant Parents Potluck Lunch

The next New and Expectant Parents meeting will be a potluck lunch held Saturday, **November 1st** in the Parlor Room at SPSA following Shabbat Morning Services. If you are an expecting parent, please contact Felicia Sol at x244 with any questions.

Family Service and Dinner

Every month, BJ offers a special Family Service at 5:45 PM at 86th Street, geared toward children 2nd grade and under, followed by a catered Family Shabbat dinner. Part of making Shabbat a joyous experience is celebrating together. The next Family Service and Dinner will be Friday, **November 7th**. Call Felicia at x244 for more information. Flyers can be found on the back table.

A Moment to Receive Shabbat with the Rabbis

While the once-a-month Family Service caters to children in 2nd grade and below, we encourage children in 3rd grade and above to attend the 6:00 PM service at 88th Street. This year

we will inaugurate a new weekly ritual. At 5:45 PM in the Frankel Hall, all children in grades 3-7 will be invited to spend a special moment with the rabbi(s) who is/are leading the service. The time will be spent sharing a moment together in preparation for receiving Shabbat. We hope this sacred time will foster a connection with the rabbis, and help create community amongst the children.

Minyan Hazzanut

On Shabbat Morning, there is a new special minyan for ages 8-12 led by Daniel Barash in the Chapel at 86th Street. This year, children will gather in the chapel at **10:15 AM** to prepare to lead part of the main children's service.

Rollerskating at Chelsea Piers

All 5th and 6th graders are invited to the second BJ junior youth group event on Sunday, **October 26th**. We will meet at 2 PM in the Parlor room at SPSA, and return at 6 PM. Cost will be \$17.50 (includes admission, subway and dinner) if you don't have skates and \$12 if you do. Please RSVP ASAP to Daniel Barash at (212) 388-2818, or for more info, call Daniel or Felicia.

Nurturing Self Esteem and Substance in 90's Children

Save the Date: **October 29th** at 7:30 PM at 88th Street. In Ron Taffel's first major talk at BJ this year, he will share perspectives and techniques on how to help your child develop a strong and compassionate sense of self. This workshop, prepared especially for BJ, will cover the essential skills for raising precocious kids in this high-pressured city. For parents of children of all ages.

GENERAL INFORMATION

Questions for Board Members?

Eric Levine and Earle Kazis are available during October to answer questions that members may have about the Board, or to discuss issues affecting the BJ community. You may reach Eric at 868-1112 or Earle at 255-7550.

Expanded Rabbinate, No Waiting!

BJ's Rabbinic interns are available for counseling, questions, or just to chat. Mark Sameth (x319), by appointment and Tami Crystal (x334) by appointment, Mon.-Thurs. afternoons and evenings. Please call.

Special Needs/Reserved Seating:

If you have special needs (such as physical, hearing, or visual disabilities) and are in need of reserved seating (aisle, close to the front, etc.) for Shabbat Services, please let us know. Call the BJ Office voice mailbox, x320.

Transliterations:

For those of you attending Shabbat services who are not completely comfortable reading the Hebrew but still want to

join in the singing and chanting, we have inserted transliterations in our siddurim.

Damaged Prayerbook?

If you find a siddur or Chumash that is in shabby condition, or damaged in any way (torn pages, etc.), please give it to an usher so that it can be repaired.

MEMBER/AFFILIATE ACTIVITIES

Children of Holocaust Survivors Group Forming

If you are a child of parents who were hidden children, refugees or concentration camp survivors, have you wondered how their experiences affected the way you grew up and the beliefs you hold today? Did they have difficulty telling you anything about the ordeals? Did you have problems in relationships with Jews whose parents weren't survivors? Are you curious if other survivors' children had similar experiences to the one you had? Then come join a BJ discussion group now forming for exploration, information and support. The information you share will help you and others understand, in a healing way, some of the emotional complexities of being children of Holocaust survivors. The first meeting (perhaps a potluck?) will be on Thursday evening, **November 6th**. Call Mark Schleisner at (212) 579-7391 for more information.

Healing

There is a feature story in the current issue (November) of Shape magazine on BJ member Ellen Fisher Turk's use of nude photography as a healing tool. She developed this photographic method, using it with women who have suffered trauma from rape, incest, and eating disorders, assisting them in "reseeing" themselves through another person's eyes.

BJ Eastsiders

Our next home service (conducted by Gail Buchwald and Herb Fisher, music by Barry Carman and Laurie Schwartz) and organized potluck dinner will be on Friday, **October 31st** at 7:00 PM in the home of Sandy Krasnow. If you are not on our list and want to come, you must call Charlotte Schwab (Mondays and Thursdays, 7:00 – 9:00 PM, ONLY) at (212) 717-5234. If you are on the list, please call Judy Kress (6:00 – 10:00 PM, ONLY, and not on Shabbat) at (212) 744-0673 by October 28th to reserve. You may come to the service, dinner, or both, but reserve soon as many people were closed out of the last event.

New Discussion Group Forming

A new social/discussion group is forming for up to six couples in their late 40's and 50's. The group will meet the first Friday of each month for coffee and desert at 9:00 PM, at rotating homes, starting Friday, **November 7th**. For more information and to join, call Roberta and Ben Khoudari at (212) 724-3770.

Artists' Panel on Family Violence

You are invited to an artists' panel moderated by BJ member E.M. Broner as part of "Rage and Resolution: From Family Violence to Healing in the Works of Israeli and American Women." On the panel will be Helene Aylon, Audrey Flack, Carol Hamoy, Hope Sandrow, and Robbin Ami Silverberg. The event will be on **November 9th** at 3:00 PM at the Brookdale Center of HUC-JIR, One West 4th Street (between Broadway and Mercer Streets).

Jews of the South

The *Jewish Week* is sponsoring a literary forum celebrating the Southern Jewish experience, featuring Pulitzer-prize winning playwright Alfred Uhry (*Diving Miss Daisy*) and noted author Eli Evans (*The Provincials*) and moderated by BJ member Sandee Brawarsky, *Jewish Week* book critic, on Thursday, **November 12th**, 7:00 PM, Park East Synagogue, 164 East 68th Street. The event is free, but reservations are necessary. Call (212) 843-9239.

Infertility Support Network

BJ members meet regularly to exchange knowledge and support, and to explore IUI, IVF/GIFT, Adoption, Social, Medical, and Jewish issues. The next meeting will take place on **November 13th** with speaker Diane Becker, Director of the Mind-Body Infertility Program. Because there is a speaker, it will cost \$10 per person for this meeting only. Space is limited and reservations must be made in advance. For more information or to attend Diane's workshop, please call Patty at x240.

Ecological Suggestion of the Week

Ask for re-refined oil the next time you change your motor oil.
This message was brought to you by the Environment Committee at x313.

Pesukim of The Week

"On the seventh day God finished the work that God had been doing, and God ceased on the seventh day from all the work that God had done. And God blessed the seventh day and declared it holy, because on it God ceased from all the work of creation that God had done. Such is the story of heaven and earth when they were created."

(Genesis 2:2 – 4)

VOICE MAILBOXES OF BJ COMMITTEES AND SERVICES

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BJ Singles In-Home Catered* Shabbat Dinner

Friday, November 21st (After 6:45 P.M. Service)

What is a Shabbat In-home Dinner? An informal gathering of 12-18 people, in various Upper West Side BJ member homes, where you share a catered dairy Shabbat meal* with other Jewish singles. \$20 BJ members; \$25 non-members. (*Catered by Joseph's).

How Do I Volunteer To Be a Host? To be a host, call 787-7600, x306 prior to November 6th and leave your 1) name, 2) age, 3) exact address (including apt. # and cross streets), 4) the maximum # of guests you can accommodate. Note: To host, you must be a BJ member, Upper West Side resident, and able to accommodate at least 12 people. Someone from the committee will call you back.

What If I Just Want To Be a Guest? Send this entire page, with a check made payable to Congregation B'nai Jeshurun, 100A West 89th St., NY, NY 10024. Mark envelopes: November 21st Singles In-home Catered Dinner. Members will get priority, and we try to balance men/women, depending on sign-ups. Your host will call you the week of the dinner. Note: No sign-ups by phone.

NAME_____

HOME TEL._____

AGE_____

WORK TEL._____

ADDRESS_____

MEM/NON.MEM?_____

What's The Deadline? Application for in home dinner must be received at the BJ office by November 6th. **No deadline extensions will be made for this dinner and there will be no exceptions.** If we fill up and can't accommodate you , we'll call you the week of the dinner. However, neither the committee nor the BJ office can notify you if your application arrives after November 6th, or you don't supply both your work and home numbers.